

# KENAI PENINSULA BOROUGH

## Community & Fiscal Projects

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### MEMORANDIUM

**TO:** Charlie Pierce, Mayor  
**FROM:** Brenda Ahlberg, Community & Fiscal Projects Manager  
**DATE:** January 22, 2020  
**SUBJECT:** FY20-2Q Senior Center Grant Reports

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The following senior grant reports have been submitted:

- Anchor Point Senior Citizens
- Cooper Landing Senior Citizens
- Forget-Me-Not Center
- Homer Senior Center
- Kenai Senior Citizens (narrative only)
- Nikiski Senior Citizens
- Ninilchik Senior Center
- Seldovia Senior Center
- Seward Seniors Citizens
- Soldotna Area Senior Center
- Sterling Area Senior Citizens

Organizations that have completed grant close out:

- Homer Friendship Center
- Kenai Senior Citizens



# Community & Fiscal Projects

144 N. Binkley Street, Soldotna, Alaska 99669 • (907) 714-2150 • (907) 714-2377

From: Anchor Point Senior Citizens, Inc.  
Account: 100.62110.ANCSR.43011

Award Amount: \$44,869  
2019/2020 Senior Grant Program

Submit Report To:  
Brenda Ahlberg, Community & Fiscal Projects  
bahlberg@kpb.us  
Kenai Peninsula Borough  
144 N. Binkley St., Soldotna, AK 99669

Period of Performance for this Report: 1<sup>st</sup> Quarter  
Start Date: October 1st, 2019  
End Date: December 31st, 2019

**FINAL REPORT IS DUE BEFORE 07/10/20**

<< DOUBLE-CLICK THE SPREADSHEET. FILL IN THE BUDGET COLUMN TO ACTIVATE THE EMBEDDED FORMULAS >>

Cost Category	Authorized budget	Total expenditures from ALL prior reports	Expenditures to reimburse this period	Total expenditures to date	Balance of Funds
Personnel	\$ 32,500.00	\$ 11,404.67	\$ 6,964.05	\$ 18,368.72	\$ 14,131.28
Contract Services	\$ 10,000.00	\$ 2,697.05	\$ 3,943.29	\$ 6,640.34	\$ 3,359.66
Supplies	\$ 2,369.00	\$ -	\$ 730.21	\$ 730.21	\$ 1,638.79
	\$ -	\$ -	\$ -	\$ -	\$ -
<b>TOTALS</b>	<b>\$ 44,869.00</b>	<b>14,101.72</b>	<b>\$ 11,637.55</b>	<b>\$ 25,739.27</b>	<b>\$ 19,129.73</b>

Expenditures this period to be reimbursed >>>

**\$ 11,637.55**

**PROGRESS REPORT:** Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

APSCI had a busy 2<sup>nd</sup> Quarter in 2019! The gardens produced an abundance and a Member Market was started. Halloween is always a great time to engage the community with Trunk or Treat and a Haunted House and the Holiday Season brings out the cohesiveness of small community.

The Anchor Point Senior Center has Bingo with concessions every Friday night. We host a community dinner every Thursday night and a once a month all-you-can eat breakfast. No charge lunches are provided on a needed basis on weekdays. We had a Holiday Bazaar on Nov 2<sup>nd</sup>, a Thanksgiving Dinner partnering with AP Food Bank and AP VFW, Holiday entertainment, and a New Year's Eve fundraising Dinner. Haircuts in the center were available, for a donation on assigned Fridays. Monday and Wednesday mornings are exercise class and vary on being inside or outside dependent on the weather. APSCI offers public assistance avenues and legal guidelines. Our facility is a USDA agent for Seniors Farmer Market Nutrition Program. For entertainment there are games and puzzles, Wii, cards, daily newspapers, and a pool table on premise for anyone to come in during operating hours to enjoy. A Mah Jongg group meets every Tuesday. One or two times a month the End of the Road Quilting Group get together and open their club the public. APSCI also provide the needy of our community with a charitable giving center, Helping Hands, open two days a week for clothes and household goods.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures are made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Roberta Ness Date: 1/14/2020

Printed Name and Title: Roberta Ness, Treasurer



# Community & Fiscal Projects

144 N. Binkley Street, Soldotna, Alaska 99669 • (907) 714-2150 • (907) 714-2377

From: Cooper Landing Senior Citizens.  
Account: 100.621115.00000.43011

Award Amount: \$18,665  
2019/2020 Senior Grant Program

Submit Report To:  
Brenda Ahlberg, Community & Fiscal Projects  
bahlberg@kpb.us  
Kenai Peninsula Borough  
144 N. Binkley St., Soldotna, AK 99669

Period of Performance for this Report:  
Start Date: October 1, 2019  
End Date: December 31, 2019

**FINAL REPORT IS DUE BEFORE 07/10/20**

<< DOUBLE-CLICK THE SPREADSHEET. FILL IN THE BUDGET COLUMN TO ACTIVATE THE EMBEDDED FORMULAS >>

Cost Category	Authorized budget	Total expenditures from ALL prior reports	Expenditures to reimburse this period	Total expenditures to date	Balance of Funds
Utilities	\$ 2,140.00	\$ 464.30	\$ 500.12	\$ 964.42	\$ 1,175.58
Contract Services	\$ 11,000.00	\$ 3,372.00	\$ 3,496.00	\$ 6,868.00	\$ 4,132.00
Supplies	\$ 2,525.00	\$ 36.99	\$ 661.31	\$ 698.30	\$ 1,826.70
Insurance	\$ 3,000.00	\$ -	\$ -	\$ -	\$ 3,000.00
<b>TOTALS</b>	<b>\$ 18,665.00</b>	<b>3,873.29</b>	<b>\$ 4,657.43</b>	<b>\$ 8,530.72</b>	<b>\$ 10,134.28</b>

Expenditures this period to be reimbursed >>>

**\$ 4,657.43**

**PROGRESS REPORT:** Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

CLSSCI members and volunteers accomplished the fall Adopt-a-Highway cleanup Oct. 3 on miles coming into Cooper Landing as well as the weekly Sexy Senior Dumpster Cleaners work on the Dumpster sites in Cooper Landing, Hope, and at Crown Point.

The Ravens View parking area paving project was completed in Oct. The contractor did some ditch work for the Eagles View area, too. More ditch and culvert work is needed in the continuing effort to keep water away from the foundations. Senior Haven resident Glen Parker organized the paving project.

The CLSSCI Board voted to name the Ravens View Commons "JAM Commons" in honor of Jacque Greenman, Anne Engbers, and Marjory Van Kooten. These 3 friends often used the acronym "JAM". All 3 were instrumental in Snug Harbor Senior Haven construction and the inception of the CLSSCI Endowment Fund. It was voted to have stained glass art pieces hung in JAM Commons representing each of these special women.

CLSSCI hosted the area children at a Halloween party in Helen Gwin Commons.

CLSSCI paid for the turkeys used by Sunrise Inn for the free community dinner put on by Arden Rankins and her staff and enjoyed by many of the local seniors.

CLSSCI paid for the hams used for the community potluck at Cooper Landing School after the Charlie Brown Christmas program by the school children.

Grantee Certification: I certify that the above information is true and correct, and that expenditures are made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Mona Painter Date: Jan. 7, 2020

Printed Name and Title: MONA PAINTER CLSSCI BOARD SECRETARY

**Cooper Landing Senior  
Citizen Corp. Inc.  
October-December 2019**

Photos from: Pizza Party , Kenai Lake Baptist Church carolers, donated books, program Wildfires that threatened Cooper Landing 1959-2019



12-03-19



12-13-19



11-12-19



**READY, SET, GO  
COOPER LANDING  
READY AUGUST 18  
SET AUGUST 26  
READY SEPT. 3  
OFF READY SEPT. 16**

Events not pictured: Halloween party in Helen Gwin Commons, Thanksgiving at Sunrise Inn, Christmas program and potluck at the school, Pinochle parties in the commons....



Set:

How many days during the Swan Lake Fire did we have the hazardous air?

How many dollars were lost for local businesses during the Swan Lake Fire?





# Community & Fiscal Projects

144 N. Binkley Street, Soldotna, Alaska 99669 • (907) 714-2150 • (907) 714-2377

**sFrom:** Frontier Community Services  
**Account:** 100.62195.FTNCO.43011

**Award Amount:** \$33,045  
**2019/2020 Senior Grant Program**

**Submit Report To:**

Brenda Ahlberg, Community & Fiscal Projects  
bahlberg@kpb.us  
Kenai Peninsula Borough  
144 N. Binkley St., Soldotna, AK 99669

**Period of Performance for this Report:**

**Start Date:** 10/01/19  
**End Date:** 12/31/19

**FINAL REPORT IS DUE BEFORE 07/10/20**

<< DOUBLE-CLICK THE SPREADSHEET. FILL IN THE BUDGET COLUMN TO ACTIVATE THE EMBEDDED FORMULAS >>

Cost Category	Authorized budget	Total expenditures from ALL prior reports	Expenditures to reimburse this period	Total expenditures to date	Balance of Funds
Transportation	\$ 1,500.00	\$ 874.00	\$ 626.00	\$ 1,500.00	\$ -
Senior Events	\$ 3,000.00	\$ -	\$ 424.63	\$ 424.63	\$ 2,575.37
Program Supplies	\$ 6,545.00	\$ -	\$ 933.71	\$ 933.71	\$ 5,611.29
FMN Program Assista	\$ 22,000.00	\$ 8,656.00	\$ 2,235.00	\$ 10,891.00	\$ 11,109.00
<b>TOTALS</b>	<b>\$ 33,045.00</b>	<b>9,530.00</b>	<b>\$ 4,219.34</b>	<b>\$ 13,749.34</b>	<b>\$ 19,295.66</b>

Expenditures this period to be reimbursed >>>

**\$ 4,219.34**

**PROGRESS REPORT:** Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

### Forget-Me-Not (FMN) Adult Day Center Second Quarter Narrative, FY20

During the second quarter of FY20 Forget-Me-Not (FMN) Adult Day Center continued to focus on providing an energetic and engaging program for the Kenai Peninsula’s seniors. The Kenai Peninsula Borough grant funded activities through the use of themed weeks, outings, events, and funding for program supplies. Highlights include:

- Themed weeks during each month such as “Halloween Week,” “Thanksgiving Week,” and “Spreading Cheer Week.” Examples of activities that correspond with the themed weeks include; a Halloween party that was attended by friends and family members of FMN participants, Thanksgiving dinner with a turkey donated by Peak Oilfield Services and cooked by staff, and handmade Get Well cards created by FMN participants and distributed at the Central Peninsula Hospital.

FMN Council Meetings were held twice each month during the second quarter. Through those meetings, participants were able to offer suggestions for activities, snacks, holiday parties. The FMN Council meetings have been a continuing source of information. The participants have been able to shape the activities they take part in, as well as provide feedback on activities they would like to see more of.

Each month FMN’s dedicated volunteers came and shared their passions with us. Pat Robinson visited each Tuesday afternoon with her Canine Companions, Hope and Joy and every other Friday the Apostolic Assembly of Jesus Christ (AAJC) came to sing with the participants. In addition to our regular volunteers, the Kenai Senior Center “Ring-a-Lings” (bell ringers) visited

FMN in October and November. This joint venture allows FMN participants to ring bells with peers outside of the FMN program. Everyone got some upper body exercise as well as cognitive stimulation by remembering which bell to ring at which time!

Music plays an important role in FMN activities. Whether it's the Kenai Senior Center "Ring-a-Lings," the AAJC singers, piano music, or individualized playlists on the iPod, music is often found at the center of all activities. Active games are played with music in the background and FMN participants are asked what music they would like to listen to each day. There are several activities that are based around music such as Musical Hangman, Musical Concentration, and Name That Tune.

Also of note:

- Of the 17 individuals enrolled during the 2nd quarter of FY20, eight were able to attend 342 hours at the FMN Adult Day Program. This was made possible by agency provided transportation supported by funding from the KPB.

**Grantee Certification:** *I certify that the above information is true and correct, and that expenditures are made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.*

Signature:  Date: 1/13/20

Printed Name and Title: LaRae Parton, Operations Director



# Community & Fiscal Projects

144 N. Binkley Street, Soldotna, Alaska 99669 • (907) 714-2150 • (907) 714-2377

From: Homer Senior Citizens, Inc.  
Account: 100.62120.HOMSR.43011

Award Amount: \$132,668  
2019/2020 Senior Grant Program

Submit Report To:  
Brenda Ahlberg, Community & Fiscal Projects  
bahlberg@kpb.us  
Kenai Peninsula Borough  
144 N. Binkley St., Soldotna, AK 99669

Period of Performance for this Report: 2  
Start Date: 10/01/2019  
End Date: 12/31/2019

**FINAL REPORT IS DUE BEFORE 07/10/20**

<< DOUBLE-CLICK THE SPREADSHEET. FILL IN THE BUDGET COLUMN TO ACTIVATE THE EMBEDDED FORMULAS >>

Cost Category	Authorized budget	Total expenditures from ALL prior reports	Expenditures to reimburse this period	Total expenditures to date	Balance of Funds
Labor	\$ 48,800.00	\$ 12,129.86	\$ 12,854.50	\$ 24,984.36	\$ 23,815.54
Supplies	\$ 83,868.00	\$ 20,545.68	\$ 25,138.86	\$ 45,684.54	\$ 38,183.46
		\$ -	\$ -	\$ -	\$ -
		\$ -	\$ -	\$ -	\$ -
<b>TOTALS</b>	<b>\$ 132,668.00</b>	<b>32,675.54</b>	<b>\$ 37,993.36</b>	<b>\$ 70,668.90</b>	<b>\$ 61,999.10</b>

Expenditures this period to be reimbursed >>>

**\$ 37,993.36**

**PROGRESS REPORT:** Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided wages for Food Services Department. Meals were served to the senior population, Adult Day Services, and Meals on Wheels program. We serve quality meals that are home cooked and do not use packaged materials.

We served 1,977 meals in our Congregate Meal program and served 3,912 Home Delivered Meals, which includes the Meals on Wheels program, and those who live in our Assisted Living Facility. Together we were able to serve 5,889 meals for the quarter. Thank you for helping us make this possible.

This quarter the seniors enjoyed community time by passing out candy to the children that came Trick or Treating. They enjoyed a Fall Feast with their family members in November. In December, they went to many holiday community events, such as the Christmas lights at Bear Creek Winery, the Procrastinator's Faire, and the Nutcracker Suite Faire. Snacks were provided on all trips and the seniors enjoyed participating the community activities.

We continue to grow our Adult Days Services program and the Activities program as we capture more information and follow up on our referral program.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures are made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name and Title: \_\_\_\_\_

Keren Keiley, Executive Director



## KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

FROM: City of Kenai *dba* Kenai Senior Services  
KPB ACCOUNT: 100.62130.KENSR.43011

Award Amount: \$126,207  
Ending: 30 June 2020

### Financial / Progress Report

Submit Report To: Brenda Ahlberg  
Community & Fiscal Projects Manager  
Kenai Peninsula Borough  
144 N. Binkley St., Soldotna, AK 99669

Project Name: FY20 Senior Grant Program  
Date: 01/09/2020  
Report No.: 1  
Quarter From: 10/01/2019  
To: 12/31/2019

**FINANCIAL REPORT:** FINAL REPORT DUE ON OR BEFORE 10 JULY 2020

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 72,032	72,032.00		72,032.00	\$ -
Contractual	\$ 22,004	22,004.00		22,004.00	\$ -
Supplies	\$ 32,171	32,171.00		32,171.00	\$ -
					\$ -
<b>TOTALS</b>	<b>\$ 126,207.00</b>	<b>126,207.00</b>	<b>\$ -</b>	<b>\$ 126,207.00</b>	<b>\$ -</b>
Payment Request					\$ -

**PROGRESS REPORT:** Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

See Attached.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Paul Ostrander

Date: 1/15/20

Printed Name and Title: Paul Ostrander, City Manager



Kenai Senior Services  
Borough Quarterly Progress Report  
2<sup>st</sup> Quarter ending December 31, 2019

What a beautiful snowy ending to 2019! For those who did not have family close by, the Center gave wonderful opportunity to celebrate with others or friends who become like family. Walking through our doors on any day during the holiday season gives one a great perspective of what a Senior Center means to the life a senior. Folks come to see the decorations, feel a sense of belonging, enjoy a holiday treat or meal, and just bask in the festivities of the season. We are truly their “home away from home”.

During this last quarter, the Director attended three City Department Head meetings, two Council on Aging meetings; three Kenai Senior Connection, Inc., meetings; two Senior Center Staff meetings; and, one local area Executive Directors’ Luncheon.

The Administrative Assistant attended one Department Head Meetings on behalf of the Director. She also attended three Kenai Senior Connection, Inc., meetings, two Council on Aging meetings, three local Care Coordinator Monthly Meetings; a website training, and the following training via webinar and/or in person:

Cultural Competence: What it Means for Person-Centered Thinking

Personal Health Information (PHI) and Using Direct Secure Messaging

October, November and December were full of “comings and goings”:

- A van of 12 seniors headed out to look at the Swan Fire damage. They stopped by the Division of Forestry’s Soldotna office for an in-depth report of the fire.
- We’ve been taking a group out to the Sterling Senior Center for their Pancake Breakfasts. These are fundraisers for their Center and a great way for our seniors to get out on the weekends.
- With the return of the winter months, our health and fitness classes have been in full swing with 84 participating in some form of classes. These include: Growing Stronger Class with light weights, Tai-Chi- and Video Exercises.
- The Senior Center hosted a Trick or Treat on Halloween from 4 – 7 pm. Kenai Senior Connection, Inc. sponsored the event and with the help of 25 volunteers, we welcomed approximately 450 youngsters and their parents throughout the evening. Seniors were sitting around various tables in the Dining Room and the kids could trick or treat around the room. It was a delightful time for everyone involved and with such a positive response from the community, plans are already being made for next year.

- The Center celebrated Veteran's Day on Friday, November 8, complete with a color guard from the VFW #10036 and the American Legion Post #20. Mountain View Elementary 5<sup>th</sup> graders served lunch to our seniors. This event is one of many of intergenerational happenings throughout the year. As the school kids learn about veterans and what they mean to our country, it is an opportunity for them to serve and converse with some modern-day heroes.
- Our seniors contributed homemade cookies for the Christmas Comes to Kenai Santa Event and for the Lions Club Cookies & Hot Chocolate during the bonfire and fireworks. During 2019, the Center was proud to be partners with the following in the Kenai community: Fraternal Order of the Eagles #3525, Kenai Lions Club, American Legion Post #20, Kenai Chamber of Commerce, Mountain View Elementary, Kaleidoscope School, Kenai Central High School, Hilcorp Alaska, UNOCAL Retirees, Boys & Girls Club, Pioneers of Alaska, and Aurora Borealis School.
- The Annual Hilcorp Area Wide Thanksgiving Luncheon hit an all-time record with over 275 in attendance. This was comprised of seniors, volunteers, and Hilcorp employees who took time to help set up, serve, and clean up. Every room of the Senior Center was used to accommodate this crowd! Mountain View Elementary 5<sup>th</sup> graders, alongside Principal Kircher, were a wonderful addition to the festivities.
- The Center enjoyed wonderful Christmas music throughout the season. Along with special music guests, the Kenai Senior Center Choir sang for the Christmas party on December 20. This group of twenty seniors started rehearsing in October to prepare for this Christmas performance. The New Year's Eve Talent Show also included several musical acts and original readings. We are blessed to have so much local talent who enjoy sharing their gifts.
- Our seniors contributed towards the local Toys for Kids through Mountain View Elementary. Over \$400 and two large bags of toys were delivered to help ensure Christmas for local school children and their families. We also sponsored a food drive for local seniors. Food was collected throughout November and December from the community. With the Kenai Senior Connection, Inc purchasing holiday meats and the quilters donating lap blankets, 30 bags went out to senior homes just in time for Christmas.
- Holiday parties included: St. Nicholas Day; Christmas Birthday Party; Senior Center Christmas Party; Breakfast with Santa (with over 150 kids/parents in attendance); and a New Year Eve Brunch/Talent Show.

During this last quarter, we served 4,366 home-delivered meals and 4,015 congregate meals. Our records show that 42 unduplicated volunteers donated 978 hours of their time. We also provided a total of 1,451 one-way rides during this time period. As a partner with Social Security Video Service Delivery, we helped 103 individuals use this service. MySeniorCenter(™), our database program, shows 388 unduplicated individuals signed in for 15,013 hours of

participation during this past quarter. This is averaging 39 hours of activities, nutrition, or participation per senior during this time.

Online threats and unsolicited phone calls involving the newest scams continue to be a great issue for our seniors. The number of individuals who have had fraudulent calls identifying themselves as Social Security or Medicare is staggering. It is difficult to keep on top of everything that comes along, so we have found that teaching our seniors to be diligent about what information they give and to never be afraid to ask questions is more successful in keeping their information private and safe. They learn to identify the scams themselves and are good about sharing the information with us and in turn helping their peers. Giving them the confidence to persevere in this modern technical age, while ensuring their own safety remains a challenge.



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144 N. Binkley Street, Soldotna, Alaska 99669 • (907) 714-2150 • (907) 714-2377

From: Nikiski Senior Center
Account: 280.63190

Award Amount: \$52,981
2019/2020 Senior Grant Program

Submit Report To:
Brenda Ahlberg, Community & Fiscal Projects
bahlberg@kpb.us
Kenai Peninsula Borough
144 N. Binkley St., Soldotna, AK 99669

Period of Performance for this Report:
Start Date: 10/01/2019
End Date: 12/31/2019

FINAL REPORT IS DUE BEFORE 07/10/20

<< DOUBLE-CLICK THE SPREADSHEET. FILL IN THE BUDGET COLUMN TO ACTIVATE THE EMBEDDED FORMULAS >>

Table with 6 columns: Cost Category, Authorized budget, Total expenditures from ALL prior reports, Expenditures to reimburse this period, Total expenditures to date, Balance of Funds. Rows include Personnel and a TOTALS row.

Expenditures this period to be reimbursed >>> \$ 13,245.00

Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Administrative Payroll Costs. This would include wages of Executive Director @ \$11,750 and Financial Officer @ \$7,789 for a total of \$19,539. The amount of this grant would help to defray these costs that would not otherwise be included by grant funding. The activities in our director's report require staff supervision and the senior grant definitely is important to continue to serve the senior community.
I have attached my Executive Director report to describe activities have occurred during the reporting period.
We have not experienced any special circumstances or have any other requests for the 2nd quarter 2020.

Grantee Certification: I certify that the above information is true and correct, and that expenditures are made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Pamela Knudsen Date: 01/10/2020

Printed Name and Title: Pam Knudsen, Executive Director

**Nikiski Senior Citizens, Inc.**  
**Pamela Knudsen, Executive Director**

1. Our community Thanksgiving and Christmas dinners were well attended. The center also served free dinners to our Veterans on Veterans Day.
2. We have endeavored to serve the Seniors of Nikiski with activities for their enjoyment and lifestyle:  
Lunch is served 5 days a week with music on Wednesday & Thursday  
Pilates and Yoga weekly on Tuesday & Wednesday morning  
Coloring club each Wednesday afternoon  
Pinochle every Thursday  
Friday night game night and potluck  
Bingo twice a month on Saturday including potluck  
Cribbage every Saturday afternoon  
Food Pantry serves Senior's in need and is open twice a week
3. The center had high speed internet installed in our building for the use of seniors.
4. We also have cable television and coffee available for our seniors to come in each day and socialize from 9am to 4pm.
5. February 2<sup>nd</sup> we will be having a super bowl party. It will be potluck. Bring a dish and come join the fun. No alcohol. Doors open 2:00, game 2:30.
6. Our Hawaiian fundraiser is an activity that our seniors and community enjoy. Tickets are on sale \$25.00 each. Get your tickets sooner than later, we are only selling 100 and we are down to 70. Cash raffle tickets to be given away the night of the fundraiser are on sale also. \$10.00 each. 1<sup>st</sup> 500.00 2<sup>nd</sup> 250.00 3<sup>rd</sup> 100.00.

Nikiski Senior Center continues to move forward toward short and long term goals to serve the seniors and community of Nikiski.



# Community & Fiscal Projects

144 N. Binkley Street, Soldotna, Alaska 99669 • (907) 714-2150 • (907) 714-2377

From: Ninilchik Senior Citizens  
Account: 100.62140.NINSR.43011

Award Amount: \$26,491  
2019/2020 Senior Grant Program

Submit Report To:  
Brenda Ahlberg, Community & Fiscal Projects  
bahlberg@kpb.us  
Kenai Peninsula Borough  
144 N. Binkley St., Soldotna, AK 99669

Period of Performance for this Report:  
Start Date: October 1, 2019  
End Date: December 31, 2019

**FINAL REPORT IS DUE BEFORE 07/10/20**

<< DOUBLE-CLICK THE SPREADSHEET. FILL IN THE BUDGET COLUMN TO ACTIVATE THE EMBEDDED FORMULAS >>

Cost Category	Authorized budget	Total expenditures from ALL prior reports	Expenditures to reimburse this period	Total expenditures to date	Balance of Funds
Labor	\$ 26,491.00	\$ 18,587.34	\$ 7,903.66	\$ 26,491.00	\$ -
		\$ -	\$ -	\$ -	\$ -
		\$ -	\$ -	\$ -	\$ -
		\$ -	\$ -	\$ -	\$ -
<b>TOTALS</b>	<b>\$ 26,491.00</b>	<b>18,587.34</b>	<b>\$ 7,903.66</b>	<b>\$ 26,491.00</b>	<b>\$ -</b>

Expenditures this period to be reimbursed >>>

**\$ 7,903.66**

**PROGRESS REPORT:** Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

The second quarter of FY20 was once again a busy one for us. Overall, our numbers remain pretty consistent with last years'. During this reporting period in FY19 we served 2676 congregate meals and 744 home meals as compared to 2748 congregate meals and 767 home delivered meals during the same time frame in FY20. One trend that has been noticed is that we are receiving more home delivered meal requests from the clinics/hospitals in the area. Based on information from the National Meals on Wheels Program, it seems there is a push for more insurance companies to cover home delivered meals for people just getting out of the hospital and recovering. The thought is if they have nutritious meals available, there recovery time will decrease. Although I have not seen any insurance companies pay any monies for the service, we are getting referrals just the same. Although our meal count hasn't increased substantially the number of people we've been able to serve has increased. Some are on for just a short few weeks, while others become permanent. No matter the duration, if there's a need, we're happy to be there to fill it!

Grantee Certification: I certify that the above information is true and correct, and that expenditures are made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Julie Otto Date: 1/10/2020  
Printed Name and Title: Julie Otto Executive Director



# KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599  
PHONE: (907) 714-2153 • FAX: (907) 714-2377  
EMAIL: bahlberg@borough.kenai.ak.us

FROM: City of Seldovia dba Seldovia Senior Center  
KPB ACCOUNT: 100.62160.SELSR.43011

Award Amount: \$10,770  
Ending: 30, June 2019 2020

## Financial / Progress Report

Submit Report To:

Project Name: FY18 Senior Grant Program

Brenda Ahlberg

Date: January 8, 2020

Community & Fiscal Projects Manager

Report No.: 6

Kenai Peninsula Borough

Quarter From: October 1, 2019

144 N. Binkley St., Soldotna, AK 99669

To: December 31, 2019

**FINANCIAL REPORT:** FINAL REPORT DUE ON OR BEFORE **JANUARY 10, 2020**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Supplies	\$ 10,770.00	2,684.00	3,050.00	5,734.00	\$ 5,036.00
Equipment		-	-	-	\$ -
		-	-	-	\$ -
<b>TOTALS</b>	<b>\$ 10,770.00</b>	<b>2,684.00</b>	<b>\$ 3,050.00</b>	<b>\$ 5,734.00</b>	<b>\$ 5,036.00</b>

Payment Request

**PROGRESS REPORT:** Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

This quarter we have worked at stocking the pantry and freezers. January 12, 2020 will be last las AMH Ferry until the end of April 2020. We air freight some of our supplies but the majority is shipped on the ferry. This will add to freight cost for this next quarter.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:   
Printed Name and Title: Jackie Taylor Finance Officer

Date : January 8, 2020



# Community & Fiscal Projects

144 N. Binkley Street, Soldotna, Alaska 99669 • (907) 714-2150 • (907) 714-2377

**From:** Seward Senior Citizens, Inc.  
**Account:** 100.62160.SELSR.43011

**Award Amount:** \$47,238  
**2019/2020 Senior Grant Program**

**Submit Report To:**  
 Brenda Ahlberg, Community & Fiscal Projects  
 bahlberg@kpb.us  
 Kenai Peninsula Borough  
 144 N. Binkley St., Soldotna, AK 99669

**Period of Performance for this Report:**  
**Start Date:** October 1<sup>st</sup>, 2019 (2<sup>nd</sup> Qrt Report)  
**End Date:** December 31<sup>st</sup>, 2019

**FINAL REPORT IS DUE BEFORE 07/10/20**

<< DOUBLE-CLICK THE SPREADSHEET. FILL IN THE BUDGET COLUMN TO ACTIVATE THE EMBEDDED FORMULAS >>

Cost Category	Authorized budget	Total expenditures from ALL prior reports	Expenditures to reimburse this period	Total expenditures to date	Balance of Funds
Personnel	\$ 47,238.00	\$ 11,809.50	\$ 11,809.50	\$ 23,619.00	\$ 23,619.00
		\$ -	\$ -	\$ -	\$ -
		\$ -	\$ -	\$ -	\$ -
		\$ -	\$ -	\$ -	\$ -
<b>TOTALS</b>	<b>\$ 47,238.00</b>	<b>11,809.50</b>	<b>\$ 11,809.50</b>	<b>\$ 23,619.00</b>	<b>\$ 23,619.00</b>

Expenditures this period to be reimbursed >>> \$ 11,809.50

**PROGRESS REPORT:** Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

The Seward Senior Center served approximately 900 hot meals to the homebound elderly and 2400 meals were served in the congregate dining room, providing nutritious and whole food menus, to more than 90 different seniors. Transported 17 low income seniors and those who live with a disability, providing 610 rides (one way) To senior shopping; senior center; medical appointments; and post office, improving the mobility of the community seniors. Evidence based fitness classes served 32 different seniors, helping them maintain mobility, healthy blood pressure, personal strength and balance. From ART Tuesdays to Writing Wednesdays, this agency improves the human condition and offers engaging/rewarding programs.

As we see the completion of the 2020 census, we turn to the Kenai Peninsula Borough to increase their aid to the senior centers who serve the low income, persons who live with disabilities, and the senior who calls their senior center their home away from home.

Beginning, January 13<sup>th</sup> – February 7<sup>th</sup>, the center will be closed for construction (improves client confidentiality, safe access and improvements to provide the most up to date services to the senior community. Lunch services will be served at the American Legion and fitness classes will be hosted at the public gym (AVTEC). Phone support will be available throughout the closure. Now we begin fundraising for a new vehicle in three years. It is partners like the Kenai Peninsula Borough, City of Seward, and State of Alaska (Older Americans Act), that help create the pillars of senior services, a valuable asset to any community.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures are made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Dana Paperman Date: January 7, 2020

Printed Name and Title: Dana Paperman





# Community & Fiscal Projects

144 N. Binkley Street, Soldotna, Alaska 99669 • (907) 714-2150 • (907) 714-2377

**From:** Soldotna Area Senior Citizens, Inc.  
**Account:** 100.62170.SOLSR.43011

**Award Amount:** \$90,886  
**2019/2020 Senior Grant Program**

**Submit Report To:**

Brenda Ahlberg, Community & Fiscal Projects  
bahlberg@kpb.us  
Kenai Peninsula Borough  
144 N. Binkley St., Soldotna, AK 99669

**Period of Performance for this Report:**

**Start Date:** 10/1/2019  
**End Date:** 12/31/2019

**FINAL REPORT IS DUE BEFORE 07/10/20**

<< DOUBLE-CLICK THE SPREADSHEET. FILL IN THE BUDGET COLUMN TO ACTIVATE THE EMBEDDED FORMULAS >>

Cost Category	Authorized budget	Total expenditures from ALL prior reports	Expenditures to reimburse this period	Total expenditures to date	Balance of Funds
Labor	\$ 73,836.00	\$ 26,750.01	\$ 26,750.01	\$ 53,500.02	\$ 20,335.98
Utilities	\$ 14,950.00	\$ 5,630.73	\$ 5,746.57	\$ 11,377.30	\$ 3,572.70
Communications	\$ 2,100.00	\$ 1,431.36	\$ 668.64	\$ 2,100.00	\$ -
		\$ -	\$ -	\$ -	\$ -
<b>TOTALS</b>	<b>\$ 90,886.00</b>	<b>33,812.10</b>	<b>\$ 33,165.22</b>	<b>\$ 66,977.32</b>	<b>\$ 23,908.68</b>

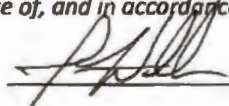
Expenditures this period to be reimbursed >>>

**\$ 33,165.22**

**PROGRESS REPORT:** Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided congregate meals and home delivered meals daily; senior transportation; information and referral services (housing, health care, financial); outreach to isolated, poverty level, disabled seniors; wellness checks.- Held: monthly game days, no-host dinners, shopping trips to Safeway, FM, Walgreen's; birthday parties for most clients; exercise programs including Tai Chi and Sit and be Fit; beading classes, fall bazaar and amateur art show fundraiser (open to public); sweetness bazaar fundraiser, Halloween, Thanksgiving & Christmas parties (gift exchange). Elementary school carolers. IT volunteer personal help for mobile electronic users very highly used. Held monthly Family Caregiver Trainings at Homer, Soldotna, Kenai and Sterling. Special game days; new MySeniorCenter computer system saving several man-days a month; new access driveway/snow area storage functions great. Installed building-wide fire alarm controlled auto door closers to meet fire code \$5845. Received bid for complete computer update system. Christmas gifting drive for family of 7 resulted in clothing, diapers, cases and cases of numerous foods, blankets, and numerous toys presented to the 5 children by Santa. Assisted many others with SS, Medicare, Medicaid, income, personal issues, Senior Benefit Program. Senior housing and information assistance requests continue to increase. Assisted 1 homeless male to obtain adequate housing, providing meals daily; coordinated temp housing and meals for post-surgery female. Congregate meals, homebound meals, transportation provided daily regardless of ability of clients to donate toward cost.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures ore made for the purpose of, and in accordance with, appll cable grant agreement terms and conditions.

Signature:  Date: 1/13/2020

Printed Name and Title: John Walker Executive Director

Added .10 to the FY20-2Q payment because it was not included in the 1Q pymt.



# Community & Fiscal Projects

144 N. Binkley Street, Soldotna, Alaska 99669 • (907) 714-2150 • (907) 714-2377

**From:** Sterling Area Senior Citizens  
**Account:** 100.62180.STESR.43011

**Award Amount:** \$60,376  
**2019/2020 Senior Grant Program**

**Submit Report To:**  
Brenda Ahlberg, Community & Fiscal Projects  
bahlberg@kpb.us  
Kenai Peninsula Borough  
144 N. Binkley St., Soldotna, AK 99669

**Period of Performance for this Report:**  
**Start Date:** 10-1-2019  
**End Date:** 12-31-2019

**FINAL REPORT IS DUE BEFORE 07/10/20**

<< DOUBLE-CLICK THE SPREADSHEET. FILL IN THE BUDGET COLUMN TO ACTIVATE THE EMBEDDED FORMULAS >>

Cost Category	Authorized budget	Total expenditures from ALL prior reports	Expenditures to reimburse this period	Total expenditures to date	Balance of Funds
Labor	\$ 43,000.00	\$ 8,749.98	\$ 13,000.00	\$ 21,749.98	\$ 21,250.02
Contractual Services	\$ 15,000.00	\$ 5,651.67	\$ 4,800.00	\$ 10,451.67	\$ 4,548.33
Supplies	\$ 2,376.00	\$ -	\$ 2,376.00	\$ 2,376.00	\$ -
		\$ -	\$ -	\$ -	\$ -
<b>TOTALS</b>	<b>\$ 60,376.00</b>	<b>14,401.65</b>	<b>\$ 20,176.00</b>	<b>\$ 34,577.65</b>	<b>\$ 25,798.35</b>

Expenditures this period to be reimbursed >>>

**\$ 20,176.00**

**PROGRESS REPORT:** Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

We continue to engage our seniors and the community through activities. The community Halloween party in conjunction with the Community Center, Baptist Church, Judo Club, Masonic Lodge and Sterling PTO was wonderful. The monthly weekend breakfasts have been a great success. We hosted a community Thanksgiving dinner with over a hundred meals prepared and served. We wrapped and packaged 27 Christmas and Angel Tree boxes. These events bring in families and new members and help us to reach out to our community. We have support group meetings and regular exercise classes daily.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures are made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Peggy S. Eyman Date: 1/2/2020  
Printed Name and Title: PEGGY S. EYMAN (DIRECTOR)



# Community & Fiscal Projects

144 N. Binkley Street, Soldotna, Alaska 99669 \* (907) 714-2150 \* (907) 714-2377

**From:** Sterling Area Senior Citizens  
**Account:** 100.62180.STESR.43011

**Award Amount:** \$60,376  
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		\$ -	\$ -	\$ -	\$ -
<b>TOTALS</b>	<b>\$ 60,376.00</b>	<b>14,401.65</b>	<b>\$ 20,176.00</b>	<b>\$ 34,577.65</b>	<b>\$ 25,798.35</b>

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Signature: Peggy S. Eymann Date: 1/2/2020

Printed Name and Title: PEGGY S. EYMANN (DIRECTOR)