

TO: Mike Navarre, Mayor
FROM: Brenda Ahlberg, Community & Fiscal Projects Manage
DATE: 28 January 2015
SUBJECT: FY15-2Q Senior Grant Narrative Reports

The following senior grant reports have been submitted for FY15 second quarter: Anchor Point Senior Citizens Cooper Landing Senior Citizens Forget-Me-Not Center Homer Senior Center Kenai Senior Citizens Nikiski Senior Citizens (no report received at this time) Seldovia Senior Center Seward Seniors Citizens (no report received at this time) Soldotna Senior Citizens Sterling Area Senior Citizens

The following centers closed FY15 grant obligations earlier in the year, and no additional reporting is required:

Homer Friendship Center Ninilchik Senior Citizens

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### **KENAI PENINSULA BOROUGH**

144 North Binkley Street 

Soldotna, Alaska 99669-759 PHONE: (907) 714-2153 • FAX: (907) 714-2377 EMAIL: bahlberg@borough.kenai.ak.us



DEC 16 2014

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FROM: Anchor Point Senior Citizens, Inc. KPB ACCOUNT: 100.62110.ANCSR.43011 Award Amount: \$44,869 Ending: 30 June 2015

# Financial / Progress Report

Submit Report To:	Project Name: FY15 Senior Grant Progra			
Brenda Ahlberg	Date:	December 11, 2014		
Community & Fiscal Projects Manager	Report No.:	2		
Kenai Peninsula Borough	Quarter From:	October 1, 2014		
144 N. Binkley St., Soldotna, AK 99669	To:	December 31, 2014		

#### FINANCIAL REPORT

FINAL REPORT DUE ON OR BEFORE 15 JULY 2015

Cost Category	Authorized Budget	i from last		Total Expenditures to Date	Balance of Funds		
Personnel	23,369.00	6,645.37	4,485.19	11,130.56	\$	12,238.44	
Utilities	16,000.00	4,846.93	4,444.22	9,291.15	\$	6,708.85	
Contractual	5,500.00	435.06	435.06	870.12	\$	4,629.88	
		-	-	-			
		-	-	-	\$	-	
		-	-	-	\$	-	
TOTALS	\$ 44,869.00	11,927.36	\$ 9,364.47	\$ 21,291.83	\$	23,577.17	

#### Payment Request

\$ 9,364.47

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any

challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages. The Anchor Point Senior Center has Bingo with concessions every Friday night. We have dinner every Thursday night and a once a month all you can eat breakfast. We had a Holiday Bazaar in November and all you can eat breakfast in November where Veterans could eat for free (in honor of Veterans Day). We have a morning exercise class twice a week and we also had a Wednesday evening Yoga class. We had a toy give away the first weekend in December for those who are less fortunate. We have games and puzzles, Wii, cards and pool table for anyone who would like to play Monday through Friday and a once a month Quilter group get together that is open to the public.

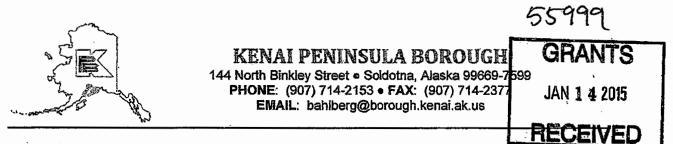
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Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

12-11-2014 Date:

Printed Name and Title: <u>Roberta Ness, President Board of Directors</u>



FROM: Cooper Landing Senior CitizensCorp., Inc. KPB ACCOUNT: 100.62115.CLSEN.43011

Award Amount: \$18,665 Ending: 30 June 2015

\$

6,047.60

Financia	al / Progre	ss Report
Submit Report To:	Project Name: F	Y14 Senior Grant Program
Brenda Ahlberg	Date:	January 2, 2014
Community & Fiscal Projects Manager	Report No.:	Two (2)
Kenai Peninsula Borough	Quarter From:	October 1, 2014
144 N. Binkley St., Soldotna, AK 99669	To:	December 31, 2014

#### FINANCIAL REPORT FINAL REPORT DUE ON OR BEFORE 15 JULY 2015

ory Authorized Budget		Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
\$	18,665.00				
		3,610.00	4,584.50	8,194.50	\$ (8,194.50)
		728.54	1,107.30	1,835.84	\$ (1,835.84)
		-		_	<b>S</b>
		481.23	345.56	826.79	\$ (826.79)
		71.90	10.24	82.14	\$ (82.14)
		-	-		\$
•	18,665.00	4 891.67	\$ 6,047.60	\$ 10,939.27	\$ 7,725.73
		Budget \$ 18,665.00	Aumorized Budget from Last Report \$ 18,665.00 3,610.00 728.54 - 481.23 71.90	Authorized Budget         from Last Report         Expenditures This Period           \$ 18,665.00         3,610.00         4,584.50           728.54         1,107.30           481.23         345.56           71.90         10.24	Authorized Budget         from Last Report         Expenditures This Period         Expenditures Date           \$ 18,665.00         3,610.00         4,584.50         8,194.50           728.54         1,107.30         1,835.84           -         -         -           481.23         345.56         826.79           71.90         10.24         82.14

#### **Payment Request**

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

This second quarterly report for FY2015 reflects the ongoing support for senior services in Cooper Landing. In particular, personnel costs are associated with administrative services including bookkeeping and clerical needs. Transportation costs are related to fuel and repairs on our two buses required to meet the needs of the seniors such as keeping medical appointments, shopping and various volunteer functions in the community. Utility and supply costs serve to ensure the physical operation of the office.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Date: January 13, 2015

Printed Name and Title: Ronald Sloan, President



# KENAI PENINSULA BOROUGH GRANTS

144 North Binkley Street • Soldotna, Alaska 99669-7599 PHONE: (907) 714-2153 • FAX: (907) 714-2377 EMAIL: bahlberg@borough.kenai.ak.us JAN

JAN 2 3 2015

#### FROM: [...] dba Forget-Me-Not Center KPB ACCOUNT: 100.62195.FNTCO.43011

## Award Amount: \$31.04RECEIVED Ending: 30 June 2015

# ------ Financial / Progress Report

Submit Report To:	Project Name: FY15 Senior Grant - Adult Daycare Prgr				
Brenda Ahlberg	Date:	10/6/14			
Community & Fiscal Projects Manager	Report No.:	1			
Kenai Peninsula Borough	Quarter From:	Jüly 1, 2014			
144 N. Binkley St., Soldotna, AK 99669	To:	September 30,2014			

#### FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 15 JULY 2015

Cost Category	uthorized Budget	pendit from L Repo	ast		penditures lis Perlod	Exp	Total enditures to Date	Bala	nce of Funds
Personnel	\$ 22,000.00	\$ 	-	\$	4,509,45	\$	4,509,45	\$	17,490.55
Training	\$ 1,500.00	\$ 1	<u> </u>	\$.	459.10	5	459.10	\$	1,040.90
Supplies	\$ 9,500.00	\$ ,	-	\$	-	\$		\$	9,500.00
TOTALS	\$ 33,045.00	\$ 	-	\$	4,968,55	\$	4,968.55	\$	28,076.45

Payment Request

4,968.55

\$

**PROGRESS REPORT**: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages. The Forget-Me-Not Center served twenty-three Elders during the first quarter (7/1/2014 to 9/30/2014). During this timeframe there were several discharges due to death, illness and change of service needs. Four staff members provided Adult Day Services to include; stimulating and engaging activities, opportunities for socialization with their peer group and assistance with activities of daily living. A 1:4 staffing ratio is required due to the physical and cognitive needs of the people who attend the program. Staff provided five community based outings (transportation was provided by the Kenai Senior Center). We feel that this number for community based outings is low due to the lack of a center owned vehicle.

We have increased our collaboration with the Kenal Senior Center with continued demonstration of interest in socializing with other Elders. Our monthly scheduled outings to the Kenai Senior Center will continue due to the positive effect it has had on our Elders. We are also looking into creating and building new working relationships with other centers in our community. Elders and staff alike have commented how much they have enjoyed these outings, and how much enjoyment they receive from socializing with other adults in the community. We have also received feedback from the Kenai Senior Center in regards to the positive impact Forget-Me-Not has had on their programing as well.

The Center is continuing to focus on encouraging and building our volunteer base to regularly share their skills and talents with the Elders. Dedication by our volunteers continues as well as an additional volunteer who donates her time and assists with our Spa Day Experiences each Thursday. Forget-Me-Not administration continues to provide ongoing training, daily guidance and support to the staff in regards to the implementation of enriching activities to ensure sensory stimulation, mental engagement and physical activity for our Elders. The Elders are reporting to staff their excitement in regards to some of the new program changes which include more music activities as well as a new "Science for Seniors" activity each week.

The Forget-Me-Not Center, to include staff and Elders have completed several outreach opportunities during this first quarter. Examples of such are participating in the Progress Days Parade in July. We also hosted the community Care Coordinator/Multi-Agency luncheon in September with the result being an increase in referrals following up with new membership. Forget-Me-Not also completed multiple smaller opportunities of outreach such as the Elders making Alzheimer's Awareness pins to give out to members in the community.

With the grant funding we were able to purchase the normal daily supplies needed for the general running of the center to include food items to meet nutritional needs as well as outreach. In addition we were able to purchase a smaller printer with the specific goal of printing our Elders' pictures for activities as well as our new interactive photo wall.

We will continue to meet our ongoing goal of being more involved in the community and focusing on outreach, encouragement and participation to Elders. Our goals for this upcoming quarter are 1) a focus on Elders who do not have the support systems in place to educate them on services and funding that is available to them. 2) Activity planning that incorporates more opportunities for our Elders to give back to the community.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with applicable grant agreement terms and conditions.

Date: Van Signature aulkner, Executive I Printed Name and Title:

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144 North Binkley Street • Soldotna, Alaska 99669-7599 PHONE: (907) 714-2153 • FAX: (907) 714-2377 EMAIL: bahlberg@borough.kenai.ak.us

GRANTS

JAN 1 4 2015

RECEIVED

#### FROM: [...] dba Forget-Me-Not Center KPB ACCOUNT: 100.62195 FNTCO.43011

Award Amount: \$33,045 Ending: 30 June 2015

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Submit Report To:		Y15 Senior Grant - Adult Daycare Prgm							
Brenda Ahlberg	Date:	01/12/2015							
Community & Fiscal Projects Manager	Report No.:	Two							
Kenal Peninsula Borough	Quarter From:	October 01,2014							
144 N. Binkley St., Soldotna, AK 99669	To:	December 31, 2014							

#### EINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 15 JULY 2015

Cost Category	A	uthorized Budget	1	penditures from Last Report	penditures his Period	Exp	Total enditures to Date	Bala	nce of Funds
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Personnel	\$	22,000.00	\$	4,509.45	\$ 5,197.69	\$	9,707.14	\$	12,292.86
Training	\$	1,500.00	\$	459.10	\$ 1,040.90	\$	1,500.00	\$	<b>~</b>
Supplies	\$	9,545.00	\$	• •	\$ 915,10	\$	915.10	\$	8,629.90
TOTALS	\$	33,045.00	\$	4,968.55	\$ 7,153.69	\$	12,122.24	\$	20,922.76

Payment Request

7,153.69

\$

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages. The 2nd quarter for the FY 2015 has brought excitement that has been expressed by the elders and

staff to the positive and energetic approach to the active living program. We have seen sorrow with the passing of 1 elder and 2 moving out of state. Forget-Me-Not staff have experienced learning, through trainings and program changes that have been provided by Mary Sharp, Cathy Stingley and Frontier Community Services upper management. Lastly the center has experienced growth with welcoming 5 new elders to Forget-Me-Not by way of referrals and by family members inquiring and seeking information about the Forget-Me Not center.

Mary Sharp, founder of The Edcon Group, returned to the Forget-Me-Not Center in October to provide further training for the staff in how to more fully engage and stimulate the elders with continuing to implement the active living approach in planning and presenting activities at the center. Her main focus and implementation for programming was derived from the documentary "Alive Inside". I highly encourage anyone to watch this video which has become a great resource here at the center. Mary brought this documentary to life by promoting individualized music playlists for our elders with the outcome of reminiscing, involvement and enjoyment. She also brought the idea of stations and giving the elders a choice of the activity they would like to participate in, instead of a scheduled activity. The FMN Program Manager and Activity Coordinator will continue to have a monthly conversation with Mary via phone or email for support.

Also in October the FMN Program Manager and Activity Coordinator were able to take our outreach into the community by providing lunch and a presentation to the Dena'ina Wellness Center for their Case Managers. We were well received with a lot of questions answered with positive feedback and appropriate referrals for potential elders. The end of the month brought fun and enjoyment as the Forget-Me-Not elders participated in our 1<sup>st</sup> annual harvest party hosted by Frontier Community Services Infant Learning Program. The Elders put together a carnival booth which included fishing, a pumpkin patch, treasure hunt and passing out treats. The elders and children expressed enjoyment and look forward to attending again next year.

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November continued with more training for the Forget-Me-Not staff. We have the great privilege of contracting with Cathy Stingley founder of Thoughtful Therapy who presents the HANDLE program (Neurodevelopmental Enhancement Program). This program focuses on balance, movement, awareness, alertness and memory. She brought an all-day training to the staff along with interacting with the elders, and finishing out the day by playing her fiddle with the Forget-Me-Not Band. Cathy will continue to provide monthly contact with ongoing training for the staff and interactions with the elders.

December brought the Holidays and the Forget-Me-Not Center was still in full swing with the influx of referrals and scheduling trial days for potential elders' attendance. These referrals were coming by way of Care Coordinators, Assisted Living Facilities and private community interest. We are seeing this as a

result due to the efforts of our outreach. The Forget-Me-Not elders and staff prepared goody boxes for the volunteers and community partnerships in which we are involved, to express our thankfulness for the services that they provide. Closing out December, the elders were able to complete a service project to be utilized by the Frontier Community Services Family Support Specialist. The Goals for this coming quarter for Forget-Me- Not will be to continue meeting our ongoing goal of being more involved in the community by participating in activities with other elders outside of the center, focusing on outreach, encouragement and participation of Elders. Our goals for this upcoming quarter are 1) Focus on Elders who do not have the natural support in place to educate them on services and funding that are available to them. 2) Continue to enhance and refine lesson planning activities to incorporate strategies and theories that Mary and Cathy provided in October and November.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Printed Name and Title: ulkner

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144 North Binkley Street • Soldotna, Alaska 99669-7599 PHONE: (907) 714-2153 • FAX: (907) 714-2377 EMAIL: bahlberg@borough.kenai.ak.us

#### FROM: Homer Senior Citizens, Inc. KPB ACCOUNT: 100.62120.HOMSR.43011

#### Award Amount: \$132,668 Ending: 30 June 2015

Financia	al / Progre	ss Report 💻	
Submit Report To:	am		
Brenda Ahlberg	Date:	14 JANUARY 2015	GRANTS
Community & Fiscal Projects Manager	Report No.:	2	
Kenai Peninsula Borough	Quarter From:	2	JAN 1 4 2015
144 N. Binkley St., Soldotna, AK 99669	To:	BRENDA AHLBERG	
			RECEIVED
FINANCIAL REPORT: FINAL REPO	RT DUE ON OR B	EFORE 15 JULY 2015	

Cost Category	Authorized Budget	Expenditures from Last Report	om Last Expenditures		Balance of Funds		
					<u> </u>		
Personnel	99,501.00	28,988.36	29,774.32	58,762.68	\$	40,738.32	
Transportation		-	-	-	\$	-	
Contractual/Utilities		-		,	\$	-	
Supplies	33,167.00	12,419.82	3,376.44	15,796.26	\$	17,370.74	
Equipment		-	-	-	\$	-	
		-	-	-	\$	-	
TOTALS	\$ 132,668.00	41,408.18	\$ 33,150.76	\$ 74,558.94	\$	58,109.06	

Payment Request

33,150.76

\$

**PROGRESS REPORT**: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided for wages and for food for the Food Service Department. Meals were served to the senior population, adult day services and the meals on wheels program.

We serve quality meals that are rated highly by the seniors that are served (see attached survey).

Daily, we face the challenge of serving quality meals with antiquated kitchen equipment and dining room floor that was poorly constructed. The underlayment of the flooring is press board and flooding has caused damage.

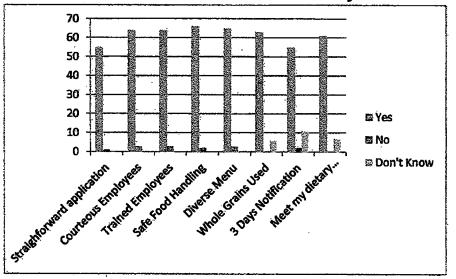
Between 10-1-14 and 12-31-14 we served 283 senior lunches from the assistance of this grant.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance/with, applicable grant agreement terms and conditions.

Signature: Submitted electronically N

Printed Name and Title: Keren Kelley, Executive Director

### Nutrition Customer Satisfaction Survey N=68



#### Comments specific to the Nutrition program...

- Haven't had any concerns 13 times
- Well run, "family feeling" dining room, staff is very pleasant and helpful. The decor is attractive and appropriate for the season. Dining room cheerful with much conversation going on.
- Excellent meals Very helpful
- Portions are too small. 3 times
- Lights in dining room should be turned off when not in use.
- I thoroughly enjoy coming here as does my wife. I like the variety of entrees as well as the soups

   the salad bar is super!
- At times serve like I am 80 instead of having an appetite of 60.
- Very good food and salad bar.
- Mostly good Need more fried chicken.
- Very Courteous -- Super
- Capable caring staff friendly cheery atmosphere.
- Employees are asked to enforce increasingly ridiculous rules that keep being implemented by administration. Employees are great. More stupid absurd rules placed on customers by higher ups are ridiculous
- I am not here daily.
- I have noticed complaints are addressed.

No surveys were returned for Home Delivered Meals.

1. Nutrition, Transportation and Support: This program continues to remain sound and the state continued funding for this program at the same level as for FY13. There was a 1% increase in Congregate Meals and clients served. Home delivered meals saw a 10% increase in Clients but a 3% increase in meals delivered.

	FY12	FY13	FY14
Home Delivered Meals	12163	11297	<b>11649</b>
Home Delivered Clients	74	68	76
Congregate Meals Served	11405	10578	10779
Congregate Meals Clients	452	468	474



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# **KENAI PENINSULA BOROUGH**

Financial / Progress Report

#### FROM: City of Kenal KPB ACCOUNT: 100.62130,KENSR.43011

Contract Amount: \$126,207 Ending: 12/31/14

Submit Report To:	Project Name: H	GRANTS		
Brenda Ahlberg	Date:	01/05/2015	CIN112	
Community & Fiscal Projects Manager	Report No.:	#2	JAN 1 4 2015	
Kenai Peninsula Borough	Quarter From:	10/01/2014	CIU2 + 1 (013	
144 N. Binkley St., Soldotna, AK 99669	To:	12/31/2014	RECEIVED	

FINANCIAL REPORT: Attach the expenditure statement by fund, indicating the grant revenue and approved budget expenditures year-to-date for this report.

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	73,633.00	73,633.00	.00	73,633.00	.00
Travel	938.93	546.25	392.68	938.93	.00
Facility/Other	26,055.07	15,508.49	10,546.58	26,055.07	.00
Supplies	25,580.00	25,580.00	.00	25,580.00	.00 .00
TOTALS	126,207.00	115,267.74	10,939.26	126,207.00	.00
	Funds	Requested for F	Reimbursement		10,939.26

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Include challenges experienced, any foreseen problems, and/or any special requests. Attach additional pages if necessary.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance, with, applicable grant agreement terms and conditions.

Date:

Signature:

Printed Name/Title: Terry Eubank, Finance Director

### <u>City of Kenai-Kenai Senior Services</u> <u>Progress Report</u> <u>2nd Quarter Report ending: December 31, 2014</u>

This quarter the Director attended three City Council Meetings, facilitated 3 Council on Aging Meetings, attended 6 City Department Head meetings, 3 Senior Connection, Inc. meetings, attended 1 Soldotna Chamber Meeting and 1 Kenai Chamber Meeting and 1 Area-Wide Senior Director's Meeting. The Director assisted 15 seniors with various senior issues, assisted a family with placing their mother in an assisted living, and assisted a family with a senior's end-of-life issues. The Director applied to State of Alaska Medicaid certification for another 3 years as a provider for home and congregate meals and transportation. The certification was approved by the state. This will enable us to provide meals and transportation to any adult with a disability as well as providing services to seniors 60+ who qualify for Medicaid and meets nursing level of care but chose to remain in their own community.

The senior center was rented 6 times this quarter and we provided space for two "senior" events (memorial services) at the senior center. The security person opened and closed for all of the events.

The outreach worker was on medical leave for the first part of the quarter. However, once she was back to work she made 2 visits to seniors that were regulars at the senior center are now living in assisted living homes and she visited 4 seniors in their homes. The outreach worker brings information, concerns and/or joys to the Director in regards to the senior center's clients.

Open season for Medicare coverage was from October thru December 6<sup>th</sup>. The administrative assistant sees clients to assist with prescription medications as well as other senior benefit programs. During the quarter she had 117 appointments this past quarter, dealing with Medicare coverage and various senior issues.

Flu shots were provided by Safeway in Kenai. The senior center provided the space so that seniors could get their flu shots. Forty people were given the flu shots.

During the second quarter, 76 volunteers provided 1,304 hours of service. These hours included providing transportation, taking blood pressures, crafts and decorations, receptionist, assisting with dining room tasks, working in the kitchen, being an instructor or facilitator for various classes and or workshops, serving "Breakfast with Santa," assisting with Thanksgiving and Christmas Potlucks, line dancing in the community, playing bells in the community, and musical entertainment. This is a great reflection that our volunteers are our backbone to providing all the activities we have at the senior center. We could not provide the services we do without our wonderful volunteers!

A group of seniors proposed a water walking class early in the morning at Nikiski's pool. One of the seniors offered to drive with senior center bus, made arrangements to meet the senior center driver certification that was needed to drive a senior center bus, and set up the schedule. The "water walkers" go early in the morning on Tuesday and Thursdays. Attendance for "water walking" has increased from 5 seniors to 11 that participate twice a week. 15 seniors water-walked 21 times this quarter.

79 seniors participated in the Oktoberfest Birthday Party, in November we celebrated birthdays with 83 seniors present and in December 81 seniors were present for the birthday parties.

Highlights were many this quarter. October seems to kick off the holiday season at the senior center. Although, the seniors are always looking for reasons to have a party! In October we celebrated Halloween by having a pumpkin carving contest. Students from KPC came and assisted seniors who wanted to carve pumpkins. 10 seniors carved pumpkins and 55 seniors voted on the best pumpkin! The carved pumpkins were used for decorations for the Halloween party. During the Halloween party we had a costume contest for best costume, scariest, funniest, etc. There were 77 participants for the Halloween party and luncheon. Besides the above, there were various "luncheon" celebrations in October; 45 seniors celebrated Alaska Day with testing their knowledge of Alaska Trivia, 47 attended the National Taco Day luncheon and 45 attended the Octopus Day Luncheon. (No we did not have octopus to eat!)

November we celebrated our War Heroes! This was a very special event that will become a yearly event. We were fortunate enough to host the "Tall Dark and Handsome" Program with Duane Bannock and the radio station, KDLL. The Activity Director invited the community to a potluck beginning at 6p.m., people could come and listen to radio interviews of seniors who had participated in the military service. There were interviewees from all branches of service and covered from WWII through the Cold War and Iraq War. The interviews went very well. They began at 3p.m. The audience listened quietly and attentively to the interviews and participated in the potluck. VFW and American Legion participated with honorary colors, to Mountain View Elementary School closed the radio- program with patriotic songs. We had 150 attendees including seniors, community member, veterans, and volunteers! It was a great celebration for our Veterans! All of us who attended were touched by the stories told by the Veterans.

On November 21, a committee of 6 seniors planned a"Down-HorneTurkey Trot" Dance. "Bull Don and the Moose Nuggets," entertained. 25 seniors participated. Then on Tuesday, November 25, Hilcorp sponsored the "Area-Wide Senior Thanksgiving Dinner. 230 seniors and volunteers participated. Hilcorp provided a monetary donation to pay for the dinner, the senior center kitchen crew cooked the meal and the Hilcorp Volunteers set up the dining room, served the food, cleaned the dining room after the event, as well as provided door prizes to the seniors. A great time was had by all! A Hillcorp Volunteer went with our meals driver to deliver meals and wish everyone at home a "Happy Thanksgiving." Thanksgiving Day we were graced with a "staff-member" family who volunteered their time. The senior center provided the meat and our doors were open to seniors who did not have a place to go at Thanksgiving and wanted fellowship. There were 30 people that came and enjoyed Thanksgiving Dinner.

During the first week in December we held a Christmas Decorating Party. 12 seniors decorated the senior center for Christmas. We had our annual Christmas Tea and cookie exchange. A senior woman and her daughters plan this yearly event. 25 senior women participated in a wonderful relaxing tea and cookie exchange. 23 seniors attended the Christmas Lights Tour with a stop at the Administrative Assistant's home for Christmas cookies and hot cider. 21 seniors attended the Nutcracker and dinner in Homer. The annual "Breakfast with Santa" was held the week before Christmas. This is an event is when our seniors give back to the community. 196 kids, Moms and Dads came and ate pancakes for breakfast with Santa visiting and taking kid's Christmas lists. The senior volunteers served the pancakes. 126 seniors participated in the annual senior Christmas Party during lunchtime and 75 seniors participated in the New Year's Eve Brunch Buffet and talent show. In the afternoon on New Year's Eve, seniors played board games before going home.

During the past quarter we held our regular activities. There were 12 seniors that participated in18 times Bell ringing, 12 senior women line danced 24 times, 30 seniors participated in 12 sessions of Bingo at lunch, 15 seniors played bridge 13 times this quarter, 17 seniors enjoyed dominos 14 times, 32 seniors played pinochle 23 times at our senior center, 17 seniors played 14 times in the afternoon at dominoes, 3 seniors participated in poker lessons three times and then decided they did not want to learn to play for money but just have fun! The exercise programs were strong as ever this quarter. The aerobics video program provided 14 seniors with 36 sessions of exercise. The Growing Strong Class, using weights had 29 senior participants that attended 36 classes, Tai Chi provided 22 opportunities with 13 present, and 2 senior women participated 19 classes of Zumba. 15 seniors participated 21 times at water walking.

We are seeing more and more seniors coming into the senior center early for coffee, visiting and reading the newspaper. 35 seniors participated in the early morning hours.

The senior center has a volunteer RN that provides senior's blood pressure checks and oxygen stats twice a week. 48 seniors took the opportunity to have their blood pressure taken. 3 of these seniors recorded their readings and reported them to their doctor. 1 senior was referred to his physician because of concerns. The senior Center provided weekly Pet visits. The senior center has pet owner-volunteer with two pet therapy dogs. The dogs and owner visit each week during the morning. 34 seniors have spent time with the dogs and their owner, 11 visits this quarter.

This past quarter we have provided the following meals:

Congregate Meals: 3,695 Home Meals: 6,364



144 North Binkley Street 

Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 

FAX: (907) 714-2377
EMAIL: bahlberg@borough.kenai.ak.us

GRANTS

JAN 2 7 2015

RECEIVED

FROM: City of Seldovia *dba* Seldovia Senior Center KPB ACCOUNT: 100.62160.SELDO.43011 Award Amount: \$10,770 Ending: 30 June 2015

# = Financial / Progress Report 🗕

Submit Report To:	Project Name: FY15 Senior Grant Program		
Brenda Ahlberg	Date:	January 27, 2015	
Community & Fiscal Projects Manager	Report No.:	2	
Kenai Peninsula Borough	<b>Quarter From:</b>	10/1/14	
144 N. Binkley St., Soldotna, AK 99669	To:	12/31/14	

#### FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 15 JULY 2015

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds	
Personnel			<u> </u>	· · · · · · · · · · · · · · · · · · ·	s	·
Transportation		-	-	· · · · •.	\$	
Contractual		-	•	-	\$	•
Supplies	10770.00	5,222,87	4,064.14	9,287.01	\$	1,482.99
Equipment		•	4.	-	\$	
		-	•	•	\$	
TOTALS	\$ 10,770.00	5,222.87	\$ 4,064.14	\$ 9,287.01	\$	1,482.99

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any

challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages. We continue to serve three meals a week to our senior community. Our attendance numbers are increasing, thus the need for more supplies (food). It is positive to see more and more people utilize our services and become involved in our community. It is so important to keep the community healthy and happy.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Printed Name and Title: Cassidi Little, Treasurer

Date: January 27, 2015



144 North Binkley Street 

Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 

FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

FROM: Soldotna Area Senior Citizens, Inc. KPB ACCOUNT: 100.62170.SOLSR.43011

\$

90.886.00

Award Amount: \$90,886 Ending: 30 June 2015

\$

S

\$

66,094.19

-

24,791.81

33.709.66

———— Financi	al / Progre	ss Report 🗕	
Submit Report To:	Project Name: F	Y15 Senior Grant Progr	am
Brenda Ahlberg	Date:	1/7/15	GRANTS
Community & Fiscal Projects Manager	Report No.:	2	
Kenai Peninsula Borough	Quarter From:	10/1/14	JAN 0.8 2015
144 N. Binkley St., Soldotna, AK 99669	To:	12/31/14	
			RECEIVED
FINANCIAL REPORT: FINAL REPORT	DRI DUE ON OR B	EFORE 15 JULY 2015	
	. Nr. 1		

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$74,304.00	26,622.14	27,559.98	54,182.12	\$ 20,121.88
Utilities	\$16,582.00	5,762.39	6,149.68	11,912.07	\$ 4,669.93

32,384.53

\$

Payment Request

TOTALS

**PROGRESS REPORT**: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages. Provided congregate meals and home delivered meals daily; senior transportation; information and referral services; outreach to isolated, poverty level disabled homebound seniors. Several service calls again this month for ice machine filter due sandy and silt water in City water. Started phase 2 of interior lighting replacement (phase 2 will complete the replacement of all lighting). Emergency generator coolant heater failed, had to replace. New paving in drive-through starting rising, had contractor make warranty repairs. CPA completed annual financial review of Center's finances, books in good order. Annual fire inspection completed. DEC inspection completed. Hosted DSDS and Xerox meeting for financially concerned agencies. Held: monthly game nights and no-host dinners for seniors; shopping trips to Safeway and Fred Meyers; Halloween dinner & costume contest; Fall Bazaar 2-day fundraiser to help pay for phase 2 lighting; Thanksgiving Dinner; low vision equipment presentation; Xmas Dinner with Santa and gift exchange; hosted 3 schools performing Xmas carols; Choir group; a band on Fridays; fundraiser for individual with no heat or food. Continued Family Care Giving presentations and assistance through the Peninsula, 2 meetings per month at Center. Held Caregiver Appreciation luncheon which was much appreciated by the caregiver of their loved one(s) residing in this community.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Deorge Parker Signature:

Date: 1/7/15

33,709.66 \$

Printed Name and Title: George Parks, President



144 North Binkley Street 

Soldotna, Alaska 99669-7598
PHONE: (907) 714-2153 

FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

GRANTS

JAN 1 3 2015

#### FROM: Sterling Area Senior Citizens KPB ACCOUNT: 100.62180.STESR.43011

Award Amount: \$60,376 Ending: 30 June 2015

——————————————————————————————————————					
Submit Report To:		Y15 Senior Grant Program			
Brenda Ahlberg	Date:	01/15/2015			
Community & Fiscal Projects Manager	Report No.:	2			
Kenai Peninsula Borough	Quarter From:	10/01/14			
144 N. Binkley St., Soldotna, AK 99669	To:	12/31/14			

#### FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 15 JULY 2015

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds		
Personnel	43,000	14,369.55	7,564.08	21,933.63	5	21,066.37	
Transportation			• • • • •	-	\$		
Contractual	15,000	810.44	1,534.96	2,345.40	\$	12,654.60	
Supplies	2376	115.52	-	115.52	\$	2,260.48	
Equipment		-		-	\$	•	
		-	-	-	\$	<b>-</b> .	
TOTALS	\$ 60,376.00	15,295.51	\$ 9,099.04	\$ 24,394.55	\$	35,981.45	

#### Payment Request

9.099.04

\$

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any

challenges you may have experienced, any forescen problems, and/or any special requests. Attach additional pages. In November and December we made Thanksgiving/Christmas food boxes and had an Angel tree for the families in need in Sterling. We gave out about 140 food boxes and 120 gifts for the kids. In Oct. the Mason's rented the center for a dinner they put on. The Safeway pharmacy came out and gave flu shots to the public. A.A.R.P. did a driving class in October and we had our annual Halloween carnival for the children of Sterling. November we held a dinner for the food bank and we raised over \$3000.00 for them. We had our Christmas Bazaar and started Friday night movies free to the community. December we had a prime rib dinner fundraiser. We did not make too much on this because of the cost of prime rib. We continue to serve the Sterling area with home delivered and congregate meaks for seniors and disabled residents that are in need of the service. AA is still meeting here on Sundays. Unfortunately we had to do a few layoffs because of budget restraints.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Date: Signature: Printed Name and Title: