



**KENAI PENINSULA BOROUGH
GRANTS MANAGEMENT**

M E M O R A N D U M

TO: Mike Navarre, Mayor
FROM: Brenda Ahlberg, Community & Fiscal Projects Manager
DATE: May 03, 2017
SUBJECT: **FY17-3Q Senior Grant Narrative Reports**

The following senior grant reports have been submitted for FY17-3Q:

- Anchor Point Senior Citizens
- Cooper Landing Senior Citizens
- Forget-Me-Not Center
- Homer Senior Center
- Kenai Senior Citizens (narrative)
- Nikiski Senior Citizens (narrative)
- Ninilchik Senior Citizens (narrative)
- Seldovia Senior Center
- Seward Seniors Citizens
- Soldotna Senior Citizens
- Sterling Area Senior Citizens

Senior programs that have previously submitted final, financial reports:

- Homer Friendship Center
- Kenai Senior Citizens
- Ninilchik Senior Center



KENAI PENINSULA BOROUGH
 144 North Binkley Street • Soldotna, Alaska 99669-7999
 PHONE: (907) 714-2153 • FAX (907) 714-2377
 EMAIL: bahlberg@kpb.us

GRANTS
 APR 05 2017
RECEIVED

FROM: Anchor Point Senior Citizens, Inc.
KPB ACCOUNT: 100.62110.ANCSR.43011

Award Amount: \$44,869
Ending: 30 June 2017

Financial / Progress Report

Submit Report To: Brenda Ahlberg
 Community & Fiscal Projects Manager
 Kenai Peninsula Borough
 144 N. Binkley St., Soldotna, AK 99669

Project Name: FY17 Senior Grant Program
Date: April 1, 2017
Report No.: 3
Quarter From: January 1, 2017
To: March 31, 2017

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	23,369	6,434.21	6,981.54	18,884.77	\$ 4,484.23
Contractual	5500	2,650.00	1,543.70	5,500.00	\$ -
Utilities	16000	5,529.87	4,034.45	13,623.29	\$ 2,376.71
				-	\$ -
				-	\$ -
TOTALS	\$ 44,869.00	14,614.08	\$ 12,559.69	\$ 38,008.06	\$ 6,860.94

Payment Request \$ 12,559.69

Support docs on file. JMS

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

The Anchor Point Senior Center has Bingo with concessions every Friday night. A 3 Day Bingo Event was held starting March 31st. APSCI hosts a community dinner every Thursday night, weekday lunch to those in need, a monthly luncheon, and a once a month all-you-can eat breakfast. Our facility has agreed to once again be a USDA agent for Seniors Farmer Market Nutrition Program.

Haircuts in the center are available, for a donation every Monday. Monday and Wednesday mornings are exercise class and vary on being inside or outside dependent on the weather. We have a caregiver meeting the 3rd Wednesday of each month. APSCI offer public assistance avenues and legal guidelines. A representative from Public Health came and offered information on services available to seniors on Feb 16th. APSCI also provides the needy of our community with a charitable giving center. Helping Hands, open two days a week for clothes, household items, use of crutches, walkers, and, other necessities.

For entertainment there are games and puzzles, Wii, cards, daily newspapers, and a pool table on premise for anyone to come in during operating hours to enjoy. Once a month the End of the Road Quilting Group get together and open their club to the public.

As spring approaches our nutrition, fish proxy, and garden programs are ready to take off. Thank you for your generous support

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Roberta Ness Date: April 4, 2017
 Printed Name and Title: Roberta Ness, President BOLD



KENAI PENINSULA BOROUGH
 144 North Binkley Street • Soldotna, Alaska 99669-7599
 PHONE: (907) 714-2153 • FAX: (907) 714-2377
 EMAIL: bahlberg@kpb.us

GRANTS
 APR 17 2017
RECEIVED

FROM: Cooper Landing Senior Citizens Corp., Inc.
KPB ACCOUNT: 100.62115.CLSEN.43011

Award Amount: \$18,665
Ending: 30 June 2017

Financial / Progress Report

Submit Report To: Brenda Ahlberg
 Community & Fiscal Projects Manager
 Kenai Peninsula Borough
 144 N. Binkley St., Soldotna, AK 99669

Project Name: FY17 Senior Grant Program
Date: April 1, 2017
Report No.: Three
Quarter From: January 1, 2017
To: March 31, 2017

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Contractual	9,165	7,707.00	3,939.00	11,646.00	\$ (2,481.00)
Transportation	6,000	472.10	-	472.10	\$ 5,527.90
Insurance	3,500	-	165.00	165.00	\$ 3,336.00
Utilities		878.07	444.43	1,322.50	\$ (1,322.50)
Supplies/Equipment		1,335.66	134.68	1,470.34	\$ (1,470.34)
				-	\$ -
TOTALS	\$ 18,665.00	10,392.83	\$ 4,683.11	\$ 15,075.94	\$ 3,589.06

Payment Request \$ 4,683.11

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

This report for the third quarter of FY17, as has been the case in earlier reports, largely reflects the functioning of the Cooper Landing area senior office. In the last report, mention was made of repairs having to be made on the standby generator. Those expenses were largely met through non-grant funds, leaving the senior grant largely intact to meet other, ongoing, more normal fiscal obligations as reflected in the modest expenditures for transportation, utilities, insurance and supplies/equipment.

We have had power outage conditions this winter during which the emergency generator functioned as expected. Hence, the repairs were fortuitous. Given the more normal weather this winter, there were more expenses related to winter maintenance which were also met by non-grant moneys. Therefore, of the remaining funds for FY17, the senior grant is expected to get us through the end of the next and final quarter.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: *Ronald Sloan* Date: May 31, 2017
 Printed Name and Title: RONALD SLOAN, President

Backups on file. OS



GRANTS
04/12/17
Received

KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

FROM: dba Forget-Me-Not Center
KPB ACCOUNT: 100.62195.FNTCO.43011

Award Amount: \$33,045.00
Ending: 30 June 2017

Financial / Progress Report

Submit Report To: Brenda Ahlberg
Community & Fiscal Projects Manager
Kenai Peninsula Borough
144 N. Binkley St., Soldotna, AK 99669

Project Name: FY17 Senior Grant - Adult Daycare Prgm
Date: 04/11/17
Report No.: 3
Quarter From: 01/01/17
To: 03/31/17

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 22,000.00	12,233.00	7,373.00	19,606.00	\$ 2,394.00
Transportation	\$ 1,500.00	730.00	735.00	1,465.00	\$ 35.00
Senior Events	\$ 3,000.00	-	1,437.86	1,437.86	\$ 1,562.14
Supplies	\$ 6,545.00	3,511.00	863.14	4,374.14	\$ 2,170.86
TOTALS	\$ 33,045.00	16,474.00	\$ 10,409.00	\$ 26,883.00	\$ 6,162.00

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Kenai Peninsula Borough Report

Forget-Me-Not Adult Day Center Third Quarter Narrative, FY17

During the third quarter of FY17 the Forget-Me-Not (FMN) Adult Day Program has continued to remain an energetic, welcoming, and active living environment for the Kenai Peninsula elders. It is FMN's philosophy to welcome new and returning volunteers to the FMN Program. FMN is fortunate to have the following people volunteer regularly:

- Pat Robinson and her Canine Companions, Hope and Joy, visit FMN weekly. The elders enjoy the companionship of the dogs at Pat reads a story out loud. Each elder is able to participate in the emotional and physical benefits that come from being around the dogs.
- The Apostolic Assembly of Jesus Christ (AAJC) singers come bimonthly to sing hymns, standards and patriotic songs that are a part of the elders' backgrounds. The elders play musical instruments alongside the AAJC singers and consistently look forward to their visits.
- The Kenai Senior Center's Bell Ringers visit monthly and use movement and musical rhythm activities to provide exercise and cognitive stimulation. This collaboration

between the FMN participants and the Kenai Senior Center senior volunteers benefits both groups.

- Shelly Merrill visits once a month to provide hand massages and fingernail care for the elders. Shelly has a special connection to FMN as her father was once a participant.
- The Riverside Harmony Singers came during St. Patrick's Day to sing Irish songs for the elders'.

During March, Truman Krogel began volunteering his time as a "seated Zumba" instructor. He plays very lively music and uses his upper body and legs to the beat of the music, and the elders' follow along. Truman will come once a week to help motivate the participants to move their bodies to the music. His initial visit was very well received by the participants and they are eagerly anticipating his return.

Senior Events were in full swing during the third quarter. FMN held a "Virgin Margarita Day" in January. We had a piñata for the elders, played ethnic music, made Mexican themed arts and crafts, and had virgin margaritas and Mexican wedding cookies for snack.

In February, the FMN participants hosted a Valentine's Party for the Infant Learning Program (ILP). Snacks and drinks were provided as well as photos and gifts for the kids. Children read stories with the elders, there was live music for the elders and the children to sing along with, and children teamed up with elders to make crafts. Children were accompanied by their parents and it made for a very happy Valentine's Day for everyone.

Mardi Gras Day was also held in February. All elders wore Mardi Gras themed masks, listened to music, participated in arts and crafts, and played games, all of a Mardi Gras theme. They seemed especially to have fun with the masks and the feathers.

In March the participants celebrated St. Patrick's Day with a visit by the Riverside Harmony Singers, listening to Irish music, and making St. Patrick Day crafts. They also discussed the history of St. Patrick and reminisced about what they already knew of him.

The elders' council meetings have been a continuing source of information. The elders have been able to shape the activities they participate in as well as the snack and beverages that FMN provides them and see them come to fruition. They have led to some very interesting discussions on events that the seniors would like to happen in the upcoming future. Some of the events they would like to participate in during the fourth quarter are Country-Western Week and Carnival Week. They would also like to go on an outing to play pool and eat pizza. In addition, they would like to have a barbeque when the weather gets warmer and the snow finally melts.

During the third quarter of FY17 one elder was discharged due to lack of interest. During this time period FMN was able to enroll three other participants and provide them with trial days.

Each month Frontier Community Services' Senior Programs creates a "Senior Community Resource Calendar". These calendars are mailed to all Senior Program Clients including the FMN participants. These calendars are also sent electronically to area community partners. The calendars provide

contact information to area resources as well as upcoming events that may be of interest.

During the second quarter the FMN employees attended the following trainings:

- One employee completed training on "Understanding Frontotemporal Dementias (FTDs)", and one employee completed a training, "Communication Tips for Caregivers" during the third quarter.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Amanda Faulkner Date: 4.12.17

Printed Name and Title: Amanda Faulkner



KENAI PENINSULA BOROUGH
 144 North Binkley Street • Soldotna, Alaska 99669-7599
 PHONE: (907) 714-2153 • FAX: (907) 714-2377
 EMAIL: bahberg@kpb.us

GRANTS
 APR 13 2017
RECEIVED

FROM: Homer Senior Citizens
KPB ACCOUNT: 100.62120.HOMSR.43011

Award Amount: \$132,668
Ending: 30 June 2017

Financial / Progress Report

Submit Report To: Brenda Ahlberg
 Community & Fiscal Projects Manager
 Kenai Peninsula Borough
 144 N. Binkley St., Soldotna, AK 99669

Project Name: FY17 Senior Grant Program
Date: April 12, 2017
Report No.: 3
Quarter From: January 1, 2017
To: March 31, 2017

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 15 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	40,831	31,827	9,004	40,831	-
Transportation					-
Contractual					-
Supplies	91,837	34,511	40,000	74,511	17,326
Equipment					-
TOTALS	132,668	66,338	49,004	115,342	17,326

Payment Request \$ 49,004.00

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided for wages and for food for the Food Service Department. Meals were served to the senior population, adult day services and the meals on wheels program.

We serve quality meals that are rated highly by the seniors that are served.

Daily, we face the challenge of serving quality meals with the antiquated kitchen equipment and dining room floor that was poorly constructed. The underlayment of the flooring is press board and flooding has caused damage.

Between 01-01-17 and 03-31-17 we provided nutritious meals to 283 seniors, a total of 5719 meals. This is the first step in preventive medicine. Our menus follow the DASH diet, devised to reduce High Blood Pressure

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Keren Kelley Date: 4/12/17

Printed Name and Title: Keren Kelley, Executive Director



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE (907) 714-2153 • FAX (907) 714-2377
EMAIL bahlberg@kpb.us

FROM: City of Kenai dba Kenai Senior Services
KPB ACCOUNT: 100.62130.KENSR.43011

Award Amount: \$126,207
Ending: 30 June 2017

Financial / Progress Report

Submit Report To:

Project Name: FY17 Senior Grant Program

Brenda Ahlberg

Date: 3-31-17

Community & Fiscal Projects Manager

Report No.: 3

Kenai Peninsula Borough

Quarter From: 01-01-17

144 N. Binkley St., Soldotna, AK 99669

To: 03-31-17

FINANCIAL REPORT:

FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	72,032	72,032.00	-	72,032.00	\$ -
Transportation	828	828.00	-	828.00	\$ -
Contractual	21,176	21,176.00	-	21,176.00	\$ -
Supplies	32,171	32,171.00	-	32,171.00	\$ -
					\$ -
TOTALS	\$ 126,207.00	126,207.00	\$ -	\$ 126,207.00	\$ -
Payment Request					\$ -

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

See Attached.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Paul Ostrander

Date: 4/3/17

Printed Name and Title: Paul Ostrander, City Manager

City of Kenai-Kenai Senior Services

3rd Quarter Progress Report to Kenai Peninsula Borough

Ending March 31, 2017

Senior Center Director attended six department head meetings, two Senior Center staff meetings, and one City Council meeting. She assisted seniors with information concerning independent housing and assisted living, escorted two seniors to doctor appointments.

The Senior Center was used this quarter for three senior memorial services, one 80th birthday party, and the "March for Meals" fundraiser. This was the eighth March for Meals fundraiser which was sponsored by the Kenai Senior Connection, Inc. (the fundraising arm of the senior center). The fundraiser was for the meals program. We had a dinner, pie auction, silent auction and balloon prizes.

The Staff at the senior center helped at least 95 seniors with everything from Senior Benefits, PFDs, Heating Assistance, Medicare/Medicaid, assisting families with assisting to find home health and or assisted living in our area for senior family members.

We have assisted one man and his wife with banking issues. He has dyslexia and we assist him with bill paying, PFDs, senior assistance, and home meals. His wife died six months ago. He comes in and visits on occasion with other seniors, we have assisted him with finding family contacts, helping him with processing information via long distance due to his disabilities, he became ill and ended up being in Central Peninsula Hospital as well as being flown to Anchorage for medical treatment. We have worked with Social Services at the various hospitals to arrange home care, chore services, meals, transportation, getting his doctor's appointments set up along with the corresponding paperwork. All of the above services we have helped him with and or have provided.

During the last quarter the volunteers provided 3,957.67 hours of service. The volunteers served as board members, provided blood pressure checks, served as a dining room assistant, receptionist, driver, assisted in the kitchen during the fundraiser, Meals on Wheels driver, entertained at lunch, and participated in special events.

Special events this past quarter were Area-Wide Senior Olympics, every Friday morning in February was "Waffle Friday", and the Meals on Wheels fundraiser. During the Senior Olympics area senior centers participated in many different board games, walking, poker, basketball and various games. Soldotna won the traveling trophy this year with the total number of points from the various games that were played. Center with the most points wins the traveling trophy. Soldotna won the trophy this year.

The Family Caregiver Group met at the senior center three times this quarter. The caregiver group meets to support each other and share stories and learn from each other. This past quarter, the support group watched a documentary on caregiving someone with Alzheimer's presented by a renown instructor in the field, Teeka Snow. Six senior-caregivers that support and care their husbands participated in each of the monthly meetings.

There were 53 hours of arts and crafts. 72 hours were spent in various classes and workshops, i.e. advanced Spanish, computer class, guitar and piano lessons, beginning Spanish and writers group. 26 hours were devoted to health screenings. This past quarter 25 seniors participated in blood pressure checks and a special health screening of diabetes where 26 seniors participated. 166 hours was spent on various health and fitness classes. 12 seniors participated in bell class and entertained in the community six

times this quarter. Our choir group practiced 13 hours this quarter. They sang at the Seventh Day Adventist Church worship service. 12 seniors participated in “dog therapy” with two miniature Australian Shepard dogs and Pat Robinson. Pat brought her dogs once a week and sat in the fireplace room. Seniors met her and played with “Joy” and “Hope.” 38 seniors attended the Growing Strong exercise program that meets three times a week, 38 seniors participated in video exercise three times a week, 24 participated in Zumba twice a week! Zumba is a very lively group. Just listening makes you want to get up and exercise. This quarter we started a Hula Lesson class and we had 3 seniors that enjoyed the class. The wellness and fitness classes are going strong! 64 hours were committed to nutrition of classes and topics. These classes were short and before lunch was served. The Activity/Volunteer Coordinator or a volunteer presented short talks on health. One was a “lunch box” social, a “Memory Day,” a “Super Bowl” lunch day along with a Valentine Luau. 34 hours were provided “public service”, i.e. taking seniors shopping, and making quilts to give away to our home meal clients. There were various types of recreation and entertainment this quarter. 253 hours were spent sharing fellowship over morning coffee and the newspaper, visiting and helping each other in the computer lab, bingo, cribbage, dominos, fast-track, pinochle, hand and foot and movie night. Of all the various activities this past quarter, there were 289 unduplicated seniors that participated in one activity or more!

Seniors that were active between 01/01/2017 and 03/31/17

<u>Age Range</u>	<u>Count</u>	<u>Percent</u>
Ages 55 – 59	5	1.6%
Ages 60 – 64	44	14.0%
Ages 65 – 69	55	17.5%
Ages 70 - 74	54	17.1%
Ages 75 - 79	37	11.7%
Ages 80 - 84	39	12.4%
Ages Below 55	20	6.3%
Ages over 85	60	19.0%
<u>Unknown</u>	<u>1</u>	<u>0.3%</u>
Totals	315	100%

<u>City/Town</u>	<u>Count</u>	<u>Percent</u>
In City of Kenai	219	75.8%
<u>Out of City of Kenai</u>	<u>70</u>	<u>24.2%</u>
Totals	289	100%

First Time Seniors that participated between 01/01/2017 and 03/31/2017

<u>Month</u>	<u>Year</u>	<u>Count</u>	<u>Percent</u>
January	2017	10	47.62%
February	2017	7	33.33%
<u>March</u>	<u>2017</u>	<u>4</u>	<u>19.05%</u>
	Total	21	100%



GRANTS
04/10/17
Received

KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

FROM: Nikiski Senior Center
KPB ACCOUNT: 280.63190

Award Amount: \$52,981
Ending: 30 June 2017

Financial / Progress Report

Submit Report To:	Project Name: FY17 Senior Grant Program
Brenda Ahlberg	Date: 03/31/2017
Community & Fiscal Projects Manager	Report No.: 1
Kenai Peninsula Borough	Quarter From: 01/01/2017
144 N. Binkley St., Soldotna, AK 99669	To: 03/31/2017

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	52,981.00	26,490.00	13,245.00	39,735.00	\$ 13,248.00
					\$ -
TOTALS	\$ 52,981.00	26,490.00	\$ 13,245.00	\$ 39,735.00	\$ 13,248.00

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

We will be using this grant for a portion of our payroll expense. We are serving lunches five (5) days per week with two (2) full time kitchen staff and on part time kitchen helper. Our kitchen staff also prepares and packages the Meals on Wheels program.

Other fulltime employees are the executive director and custodian. We also have several part time employees including a bookkeeper, event planner, housing manager, and administrative assistant.

All programs are being held and managed in our new building on Lake Marie Ave in Nikiski. We have seen a marked increase in our food pantry serving seniors and their families in need of assistance. We are still in need of additional funding.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: _____

Date: 04/07/2017

Printed Name and Title: Pat Clark, President



BIGGEST LITTLE SENIOR CENTER ON THE PENINSULA

NINILCHIK SENIOR CITIZENS, INC.
Phone: 907-567-3988

PO BOX 39422
seniors@ptialaska.net

Ninilchik, AK 99639
Fax: 907-567-3988

April 5, 2017

REVIEWED

By bahlberg at 2:10 pm, Apr 06, 2017

Brenda Ahlberg
Community & Fiscal Projects Manager
KPB IMT-III Public Information Officer

Kenai Peninsula Borough
144 N. Binkley St.
Soldotna Alaska 99669

RE: FY17 Quarterly Report on KPB Senior Grant Program

The Ninilchik Senior Citizens, Inc. would like to submit our quarterly report to the Kenai Peninsula Borough Assembly. With the attachment, we would like to show how our services have increased from FY 16 to our present number reflecting our growth in FY17. Our meal program for seniors, those who are unable to afford a meal has sky rocketed this year. The home delivery program has grown over 49%. We are projecting the seniors that cannot afford meals will be at 790 meals by the end of FY17. We are currently at 521 meals that have been delivered to seniors that cannot afford meals. Our congregate meal program has also seen growth in FY17. The total meals delivered in FY16 was 6757 with an additional 1854 meals served to ineligible guest/under 60 years old was 1854. The number of meals served for FY16 was 8611. Currently FY17, we have served 5267 congregate meals with our ineligible guest/under 60 years old served is 957. That totals 6224 meals served and we have three months to go. The other service that has seen an increase is our unassisted transportation. Our service is up 19% over FY16. We are currently partnering with CARTS and the State of Alaska to secure a larger passenger van that has wheel chair accessibility.

I would like to encourage the assembly members to consider this information when allocating the FY18 KPB Senior Grant appropriations. We are urging the assembly to

increase our funding for FY18. The need for services is great in our service area. I would like to remind members of the assembly that our service area begins at mile 106 of the Sterling Highway and ends at mile 144 (Happy Valley) of the Sterling Highway. With our current funding, we have strict guidelines that we must follow regarding income levels when seniors are applying for assistance. It would be a pleasure to help additional citizens of the Kenai Peninsula Borough that are in need of food and transportation. The Ninilchik Citizens, Inc. did receive an additional \$5,000 from the State of Alaska this spring from the NTS Grant funding to help with the costs of our home delivery program. I am pleased to send you an update on how the KPB Senior Grant funds are being used and are truly helping our seniors.

Sincerely yours,

Dianna Sullivan, Executive Director
Ninilchik Senior Citizens Inc.

Additional Budget Sheet

Grant 2016-19 Ninilchik Senior Citizens, Inc.	FY-2016	FY-2017
Current Congregate Meals		
Over 60+	6757	5267
Home Delivered Meals 60+	536	965
Home Delivered Meals Free of Charge	0	<521>
Inegitable Guests/Under 60 years old	1854	957
Suggested Donation Congregate Meals Members \$6.00 Non-member \$10.00		
Suggested Donation Home Delivered Meals Members \$7.00 Non-member \$11.00		
Congregate & Home Delivered Meals FY17 thru end of March 2017 (July 1, 2016 - March 31, 2017).		

During FY2017 our home delivery service is on pace to be up by 142% over FY16 deliveries. We are currently up 49% on home delivered meals over the total of 2016 deliveries. We still have 3 months left in our grant fiscal year (FY17) Alarmingly, the number of meals that have been provided to homebound seniors that are not financially able to pay is up over FY16. The Kenai Peninsula Borough has classified portions of the NSC service area (specifically Ninilchik) as having 51% of residents being classified as being low-to-moderate income (LMI). Approximately 20% of Seniors currently using the Ninilchik Senior Center are older than 80 years of age. Many have homesteaded in the area and have deep roots here. As they lose abilities, they are struggling to stay in their homes and in the communities they have come to love and feel welcome. Driving, household chores, winterizing and cooking become significant challenges as these people age. It is this age and economic need group that we target. Over the past five years, NSC's membership (Seniors served) has increased by 22%. Although membership is not required (and we are careful not to appear exclusionary) this indicates strong support and utilization of the Ninilchik Senior Center. The ongoing challenge of food costs are prevalent with budgetary cuts. Any and all additional revenue we receive is applied to our homebound meal program. We have delivered 521 meals to seniors that are unable to pay for those meals. That is through March 31, 2017. There is a definite need in this community for this service.

TRANSPORTATION	FY-2016	FY-2017
	438 Units	519 Units

Transportations for Seniors has increased by 19% over FY16. FY16 participation was at 438 units. The number of units for FY17 is currently at 519-units with three months left in FY17. Seniors are utilizing the transportation service for multiple reasons. There doesn't appear to be one charastic greater than another. Medical appointments is first and foremost. Groceries and socialization are factors in seniors using this service.

Suggested Donation for Transportation is \$15.00/Round Trip Kenai/Soldotna



KENAI PENINSULA BOROUGH
 144 North Binkley Street • Soldotna Alaska 99669-7599
 PHONE: (907) 714-2153 • FAX (907) 714-2377
 EMAIL: bahlberg@borough.kenai.ak.us

FROM: City of Seldovia dba Seldovia Senior Center
 KPB ACCOUNT: 100.62160.SELSR.43011

Award Amount: \$10,770
 Ending: 30 June 2017

Financial / Progress Report

Submit Report To: **Project Name: FY17 Senior Grant Program**
 Brenda Ahlberg **Date: April 28, 2017**
 Community & Fiscal Projects Manager **Report No.: 3**
 Kenai Peninsula Borough **Quarter From: 1.1.17**
 144 N. Binkley St., Soldotna, AK 99669 **To: 3.31.17**

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Supplies	\$ 10,770.00	7,138.35	3,631.65	10,770.00	\$ -
Equipment		-	-	-	\$ -
		-	-	-	\$ -
TOTALS	\$ 10,770.00	7,138.35	\$ 3,631.65	\$ 10,770.00	\$ -

Payment Request	\$ 3,631.65
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PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

For our small community, we have been getting regular attendance for our program. The head cook creates a diverse, great tasting healthy menu that our community loves. She has also been frugal and very dedicated to make sure that our freight costs do not get too high; she has been using volunteers to transport food and ingredients over on a regular basis that really cuts the costs down. As we head into our busy season, we are looking at increased numbers of attendees and making the heavy suggestion that reservations are made in advance.

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 APR 28 2017
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Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Cassia Little Date: April 28, 2017
 Printed Name and Title: Cassia Little Finance Officer



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

FROM: Seward Senior Citizens, Inc.
KPB ACCOUNT: 100.62150.SEWSR.43011

Award Amount: \$47,238
Ending: 30 June 2017

Financial / Progress Report

Submit Report To: **Project Name: FY17 Senior Grant Program**
Brenda Ahlberg **Date: 4/27/2017**
Community & Fiscal Projects Manager **Report No.: 3rd Quarter**
Kenai Peninsula Borough **Quarter From: January 1, 2017**
144 N. Binkley St., Soldotna, AK 99669 **To: March 31, 2017**



FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE **10 JULY 2017**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 47,238.00	23,619.00	11,809.50	35,428.50	\$ 11,809.50
		-	-	-	\$ -
		-	-	-	\$ -
TOTALS	\$ 47,238.00	23,619.00	\$ 11,809.50	\$ 35,428.50	\$ 11,809.50

Payment Request \$ 11,809.50

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

The Seward Senior Center supported Tai Chi for Arthritis, Strength Training, and Core Balance classes for 26 seniors.

Served 1343 congregate meals; 616 meals on wheels; transported more than 22 different low income seniors, with 468 one way rides on a fixed route to senior shopping, USPO, Banks, r/t to center services and medical appointments.

SSCI staff counseling 49 different seniors in social security and Medicare services and referred many other seniors into community support services.

SSCI provided a monthly newsletter to 310 seniors in Seward.

Through partnership with Seward Community Foundation, provided mentorship in Tablet training, in partnership with the Seward High School, senior class community service projects.

Distributed 58 boxes of Community Supplemental Food Boxes, through partnership with the Food Bank of Alaska.

Provided 12 seniors access to the Aging Mastery Program, sponsored by Providence Foundation, slated to be taught 4 more times in the next 20 months.

The center continues to partner with foundations and non-profit organizations to continue expanding our scope of services.

Currently, we are working on grants to modernize senior services of Seward, with a capital project this fall.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Dana Paperman Date: 4/27/2017 (emailed)

Printed Name and Title: Dana Paperman



KENAI PENINSULA BOROUGH
 144 North Binkley Street • Soldotna, Alaska 99669-7599
 PHONE: (907) 714-2153 • FAX: (907) 714-2377
 EMAIL: bahlberg@kpb.us

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FROM: Soldotna Area Senior Citizens, Inc.
 KPB ACCOUNT: 100.62170.SOLSR.43011

Award Amount: \$90,886
 Ending: 30 June 2017

Financial / Progress Report

Submit Report To: **Project Name: FY17 Senior Grant Program**
 Brenda Ahlberg **Date: 4/11/17**
 Community & Fiscal Projects Manager **Report No.: 3**
 Kenai Peninsula Borough **Quarter From: 1/1/17**
 144 N. Binkley St., Soldotna, AK 99669 **To: 3/31/17**

Final

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 68,482.00	55,479.98	14,204.76	69,684.72	\$ (1,202.72)
Utilities	\$ 18,908.00	10,412.45	7,292.83	17,705.28	\$ 1,202.72
Communications	\$ 3,496.00	1,909.70	1,586.30	3,496.00	\$ -
TOTALS	\$ 90,886.00	67,802.11	\$ 23,083.89	\$ 90,886.00	\$ -

Payment Request \$ 23,083.89

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided congregate meals and home delivered meals daily; senior transportation; information and referral services; outreach to isolate, poverty level disabled homebound seniors. Held: monthly game days, no-host dinners, weekly senior shopping trips, birthday parties for most senior clients. Held holiday Valentine's Dinner fundraiser. Hosted Senior Companion presentations. Arranged for private accountant to do free taxes for seniors. ACOA and DHSS teleconferences, band on Fridays, singing group. Held twice monthly Family Caregiver Support meetings at Center and monthly meetings at Kenai, Sterling, Anchor Pt. Kitchen job shadowing for student. Repairs to damaged housing unit completed, new carpeting, new frig, total cost over \$5K. ADA vehicle damage due being hit in rear, settling with insurance company. Walk-in freezer/frig replaced; freezer was frozen to wall due improper design when building built, hired contractor to rip out & replace wall board/vapor barrier and cover with sheet metal, kitchen floor concrete & tile needed to be cut back 3 inches to allow installation which required existing floor trusts to be reinforced, those delays cost shutting down center for 1 week, arranged with Kenai Senior Center to prepare meals and our staff to deliver them to Soldotna homebound seniors. Assisted with organizing KP Senior Olympics and host several events; Friday before events started, chairman got very sick and we had to take over running the final portion of the Olympics. Completed workman's comp wage audit. Continue providing free meals daily and other services to poverty adults living in Soldotna. Provide donated take-home food items to seniors. Conducted several wellness checks. Counseling and referral assistance need continues to rise as well as for senior housing. This report should close out FY grant.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: George W. Parks Date: 4-12-2017
 Printed Name and Title: George W. Parks President SASCI



KENAI PENINSULA BOROUGH
 144 North Binkley Street • Soldotna, Alaska 99669-7599
 PHONE: (907) 714-2153 • FAX: (907) 714-2377
 EMAIL: bahlberg@kpb.us

FROM: Sterling Area Senior Citizens
 KPB ACCOUNT: 100.62180.STESR.43011

Award Amount: \$60,376
 Ending: 30 June 2017

Financial / Progress Report

Submit Report To: **Brenda Ahlberg**
 Community & Fiscal Projects Manager
 Kenai Peninsula Borough
 144 N. Binkley St., Soldotna, AK 99669

Project Name: **FY17 Senior Grant Program**
 Date: **4/25/2017**
 Report No.: **3**
 Quarter From: **1/1/2017**
 To: **3/31/2017**

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE **10 JULY 2017**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 43,000.00	6,364.64	6,367.15	22,501.87	\$ 20,498.13
Contractual	\$ 15,000.00	8,329.56	9,737.58	25,195.74	\$ (10,195.74)
Supplies	\$ 2,376.00	98.92		98.92	\$ 2,277.08
TOTALS	\$ 60,376.00	14,793.12	\$ 16,104.73	\$ 47,796.53	\$ 12,579.47

Payment Request \$ 16,104.73

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Our exercise class that meets on Mondays, Wednesdays, and Fridays is going great with about 10 participants. Our Crafty Quilters is meeting every Thursday and we have added a new program that offers seniors a chance to make home-made crafts. We have bible study on Tuesday afternoon. Our Choir meets every Friday from 1-2:30pm and does a performance each month. We have card players that meet every Thursday at 1pm for those seniors who enjoy playing cards. We have also started doing a breakfast on the last Saturday of each month. In February we had a Valentine's day lunch, and we started a Zumba class in March that meets on Tuesdays and Thursdays. We have about 15 participants and they seem to really enjoy it.

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 APR 25 2017
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Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: *Michelle Walker* Date: 4/25/2017

Printed Name and Title: Michelle Walker - Executive Director