Building and Supporting Recovery Ready Communities on the Southern Kenai Peninsula



Jaclyn Rainwater - Peer Support Manager Harold Sargeant - Peer Support Specialist

We are grateful for the project financial support, including the KPB Opioid Settlement Grant, thank you!







Our Mission Statement:

KBRC is a recovery community organization for people affected by addiction offering recovery support, access to resources, and fulfilling connection to a sober community from Ninilchik to Nanwalek.



Some of our objectives:

- Reducing stigma
- Normalizing recovery & sobriety
- Overcoming barriers through peer support services
- Fostering hope & connection through a sober community

Recovery is a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.

Source: samhsa.gov



KBRCTimeline

Conception

Recovery Ready Community concept identified as top need to help address local substance use disorder issues



Outreach

Began community outreach at Salmonfest Sober Tent & HCOA Recovery Month event bringing in first donations of about \$300.



Taking Action

Monthly sober events, National Recovery month activities, Recovery Community Center, Peer Support services & ongoing stigma reduction.

2021 December 2022 June 2022 August 2023 January

Today

Community Partners

All Things Recovery: South Peninsula Hospital, local Behavioral Health agencies, SVT, NTC, Homer Police Department, SoA Court System.

Formation

KBRC Incorporates creating a new 501c3 Recovery Community Organization (RCO) & receives mentorship by Faces and Voices of Recovery.



Progress

Awarded grant from from the Kenai Peninsula Borough Opioid Settlement Fund grant program to conduct outreach and education.



"Recovery Community Organization"

What we are: A recovery community organization (RCO) is an independent, non-profit organization led and governed by representatives of local communities of recovery.

Faces & Voices of Recovery is a national organization that supports RCOs and promotes best practices. KBRC has partnered with a mentor from Faces & Voices to help guide the growth and development of our organization.

How we help:

RCO's SUSTAIN LONG-TERM RECOVERY

"Peers provide navigation and advocacy to underserved and vulnerable populations across the continuum of the recovery process, and their services **help individuals and families initiate and stabilize early recovery and sustain long-term recovery.**"

Healing Hands

RCO's REDUCE RELAPSE RATES

"Studies (on peer recovery supports) demonstrated reduced relapse rates, increased treatment retention, improved relationships with treatment providers and social supports and increased satisfaction with overall recovery experience."

Psychiatric Services



The Living Room



Mobile outreach to villages







Peer Support Specialists are people who use their **lived experience with recovery from substance use** to support others on their recovery journey.

Examples:

- **Share lived experience** Use their own recovery stories to inspire hope and show that recovery is possible.
- Provide emotional support Listen without judgment,
 validate experiences, and offer encouragement during tough times.
- **Help build recovery skills** Teach coping strategies, relapse prevention tools, and healthy ways to manage stress.
- Offer resource navigation Connect people with community resources such as housing, treatment, jobs, food support, or recovery groups.
- **Bridge to community** Reduce stigma and help participants feel less isolated by connecting them with supportive networks.

What some of our participants are saying ...

- "KBRC has been such a wonderful part of my recovery! Especially in the early days, the events showed me how to have fun in sobriety and that I am not alone." - Nicky, former participant & Peer Support Specialist
- "Kbay Recovery had a huge impact on my personal recovery because it taught me how to live a productive, meaningful, and peaceful life without any substances. The people in the community offered love, empathy, and hope when I needed it most. The activities and sincerity from the sober community is what I needed in order to become the man I am today." Shane, Compass Treatment Center graduate

Harold's experience as a Peer Support Specialist

Measuring our Impacts



The Recovery Data Platform (RDP) tracks data including:

- -Participant demographics
- -Attendance records
- -Volunteer hours
- -Assessment data
- -Goal achievement
- -Event types

The RDP uses this quantitative and qualitative data to identify vital signs of recovery, analyze progress, and provide analytics for funding and growth.

Some of our partners and collaborators:

- Seldovia Village Tribe
- Cook Inlet Counseling
- Ninilchik Tribal Council
- Set Free/Compass Men's Residential Treatment Center
- South Peninsula Hospital
- Homer Police Department
- Alaska State Court in Homer
- Freedom House Transitional Housing, Homer
- Megan's Place, Harm Reduction Program
- Central Peninsula Hospital (Serenity House, Diamond Willow, Care Transitions)































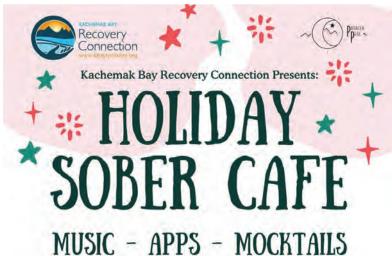












Saturday December 7th @ 6:30pm
United Methodist Church
770 East End Rd Homer, AK
Free Event - Open to the public

Music Performance: Spit City Slickers Homer, AK Guest Speaker: Tiffany Hall Executive Director of Recover Alaska

RSVP to Panacea Peak by 12/01 @ (907) 952-6345 via text or voicemail.



EARRING BEADING SESSION & POTLUCK





FRIDAY JUNE 6TH, 2025 5:30-8:30 PM 111. W PIONEER AVE.

JOIN US FOR ANOTHER POTLUCK CRAFT NIGHT IN COLLABORATION WITH SVT HEALTH & WELLNESS! THIS MONTH WE WILL BE LED IN A BEADING SESSION MAKING PORCUPINE QUILL EARRINGS.
ROBIN HOFFMAN IS A LIFELONG CRAFTER WHO ENJOYS LEARNING FROM, AND GROWING WITH, HER CRAFTS. SHE WILL SHARE KNOWLEDGE SHE LEARNED FROM HER INUPIAQ AHNA IN KOTZEBUE BEFORE MOVING TO SELDOVIA AND THEN HOMER AS A CHILD.

KBRC WILL PROVIDE THE MAIN DINNER DISH PLEASE BRING A SIDE! 907-435-0504









5k Fun Run/Walk * Music * Social

August 30, 2025

Deep Water Dock ~ Homer Spit community welcome to join after race: social 11:30-2:00

Walkers start: 10:30 am Runners start: 11 am \$25/person, Free for children 12 & under

Day of registration 9am-10:15am \$35/person, Free for children 12 & under

FREE if you can't afford it - just show up





Music by Cody Burch

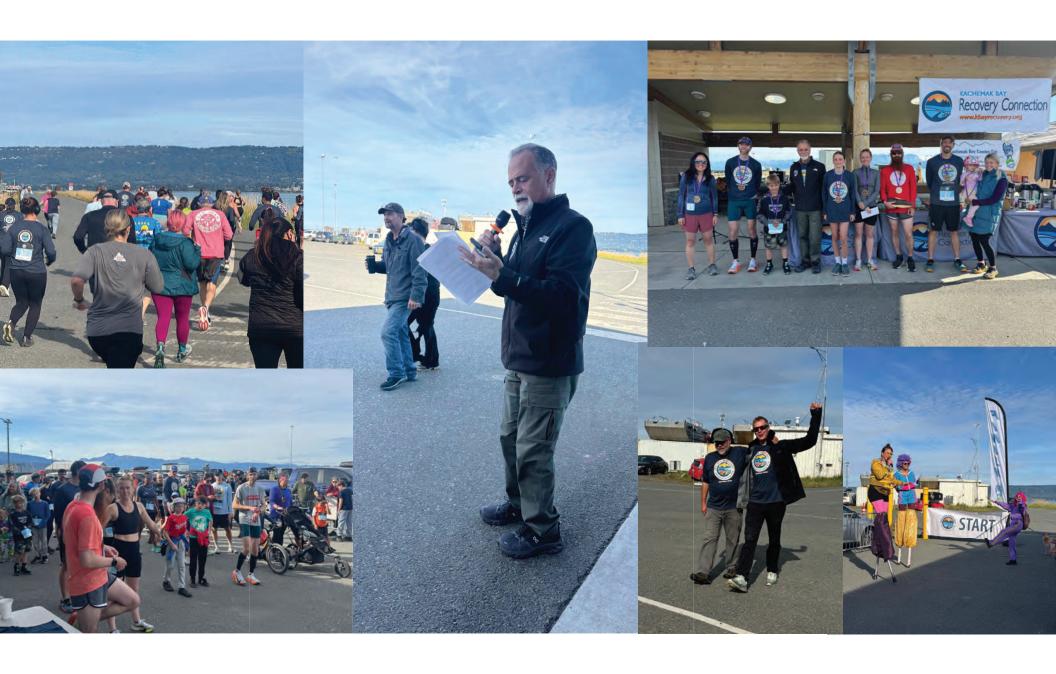




Homer, Alaska

Kachemak Bay Recovery Connection

non profit 501c 3







EVENTS ALL RECOVERY MONTH LONG!

Friday 09/06
Overdose Awareness Day Memorial
3:00-4:00 pm
WKFL Park

Wednesday 09/10 Bingo & Sober Sippers 6:00-8:00 pm The Living Room (KBRC Building)

Wednesday 09/17 KBBI Coffee Table - Call in with your questions! AM 890 9:00-10:00 am

Friday 09/19
SVT Craft Night & Potluck
5:30-8:00 pm
The Living Room (KBRC Building)

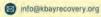
Sunday 09/21
Frequency of Hope: Set Free Documentary
KBRC: Providing information on local recovery
resources.
6:00-7:30 pm
The Porcupine Theatre

Tuesday 09/27
Quarterly Recovery Speaker Series
Speaker: Jaclyn Rainwater
5:30-7:00 pm
The Living Room (KBRC Building)





907-435-0504



/.org

www.kbayrecovery.org

The Living Room - 111 W. Pioneer Ave. Homer, AK 99603

Thank you for the opportunity to present.

