



Central Emergency Services

Central Kenai Peninsula Fire & EMS Providers

Chris Mokracek
Fire Chief

TO: Mike Navarre, Borough Mayor

THRU: Mark Fowler, Contract & Purchasing Director 

FROM: Chris Mokracek, Fire Chief 

DATE: July 13, 2015

SUBJECT: Authorization to contract with Cooper Consulting for Firefighter Medical Exams

CES would like to maintain our current relationship with Dr. Cooper with the continuation of medical exams. Dr. Cooper has conducted medical exams on CES firefighter for over 10 years. He maintains complete medical records in compliance with 29 CFR 1910.1020. Computerized records and hard files are maintained at our Mackey Lake Station, as well as an examination room. This enables on-duty personnel to be examined without causing overtime and available in the service area.

His exams are in compliance with OSHA 1910.134: Respirator Medical Evaluation and NFPA 1582: Standard on Medical Requirements for Fire Fighters. The medical exams consist of the following:

- Physical Examination
- Laboratory Analysis
- Vision Evaluation
- Pulmonary Evaluation
- Cancer Screening
- Immunizations
- Infectious Disease Screening
- Referrals to Health Care Practitioners

Cardiovascular (treadmill) evaluations are conducted through Peninsula Internal Medicine. These are conducted on new employees and annually for employees over 45 years of age. Hearing evaluations are done annually through Peninsula Hearing Services.

We will be conducting approximately 37 physicals annually (career & volunteer) at \$466 per physical, not to exceed \$17,242.00. CES has budgeted \$58,840.00 towards physicals, this includes new hire chest x-rays, treadmills, hearing tests and lab work.

Funds are available in FY2016 Budget – Physical Exams 211.51610.43014.

Approved: *Michelle Savane* Date: 7/14/15
Borough Mayor

FINANCE DEPARTMENT FUNDS VERIFIED	
ACT #	<u>211.51610.43014 - \$17,242.00</u>
BY:	<u>pp</u> DATE: <u>7/13/15</u> <i>@Chyke</i>