

Recovery Ready Communities Project

Jaclyn Rainwater, President
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KACHEMAK BAY

Recovery
Connection

We are grateful for the project financial support, thank you!



South
Peninsula
Hospital



Our Mission Statement:

Creating safe, and supportive connections, empowering individuals & families, while building a recovery community, for all people in recovery or those affected by addiction.



Via:

- Reducing Stigma
- Normalizing Recovery/Sobriety
- Removing Barriers
- Helping people navigate the system

Recovery is a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.

Source: samhsa.gov



“Recovery Community Organization”

What we are: A recovery community organization (**RCO**) is an independent, non-profit organization led and governed by representatives of local communities of recovery.

How we help:

- **RCOs REDUCE RELAPSE RATES**

“Studies (on peer recovery supports) demonstrated **reduced relapse** rates, increased treatment retention, **improved relationships** with treatment providers and social supports and **increased satisfaction** with overall recovery experience.”

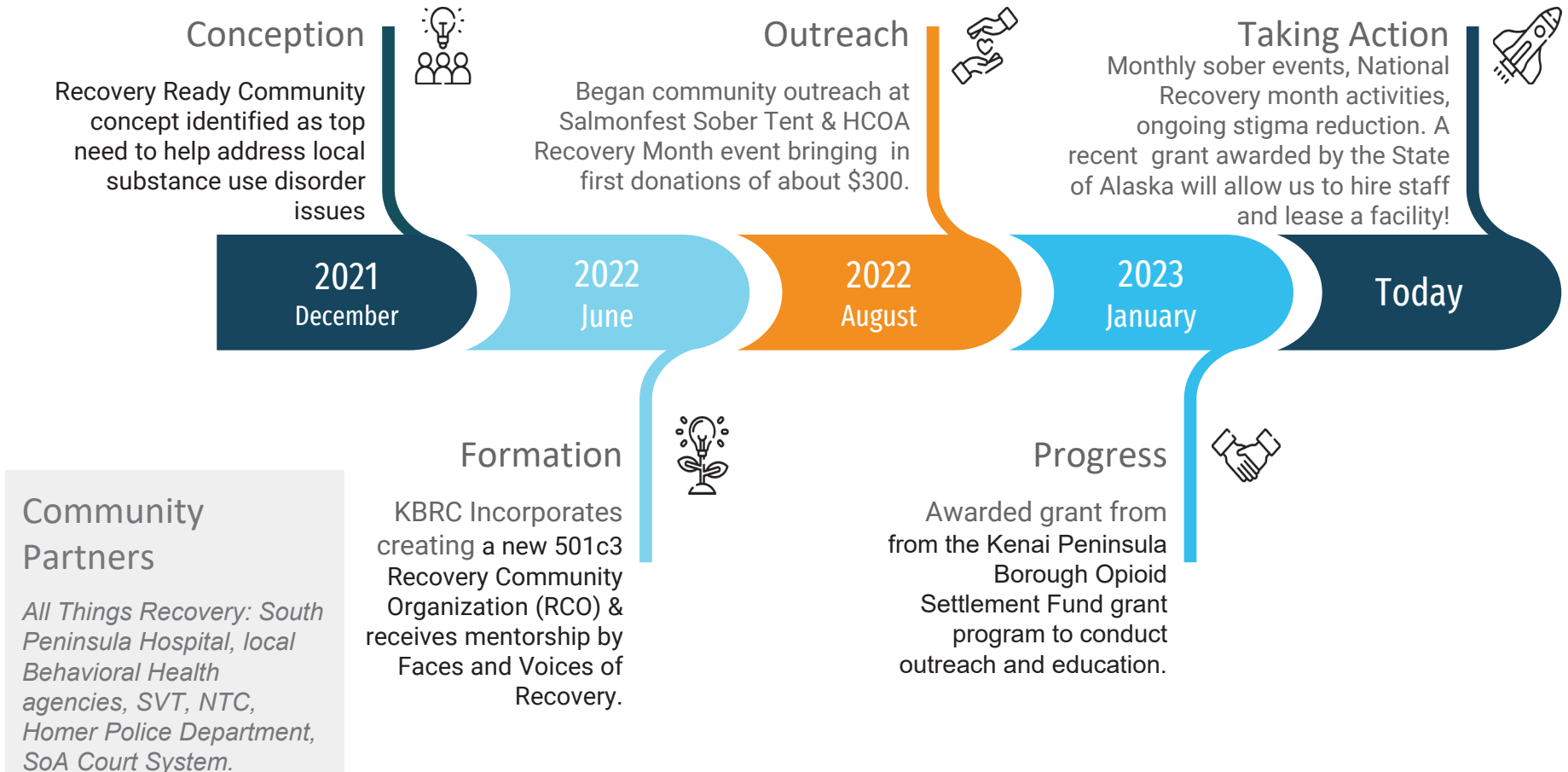
Psychiatric Services

- **RCOs SUSTAIN LONG-TERM RECOVERY**

“Peers provide navigation and advocacy to underserved and vulnerable populations across the continuum of the recovery process, and their services **help individuals and families initiate and stabilize early recovery and sustain long-term recovery.**”

Healing Hands

KBRC Timeline





Kachemak Bay Recovery Connection

★ Favorites · February 10 · 🌐

Winter Carnival Parade 2024 ✨



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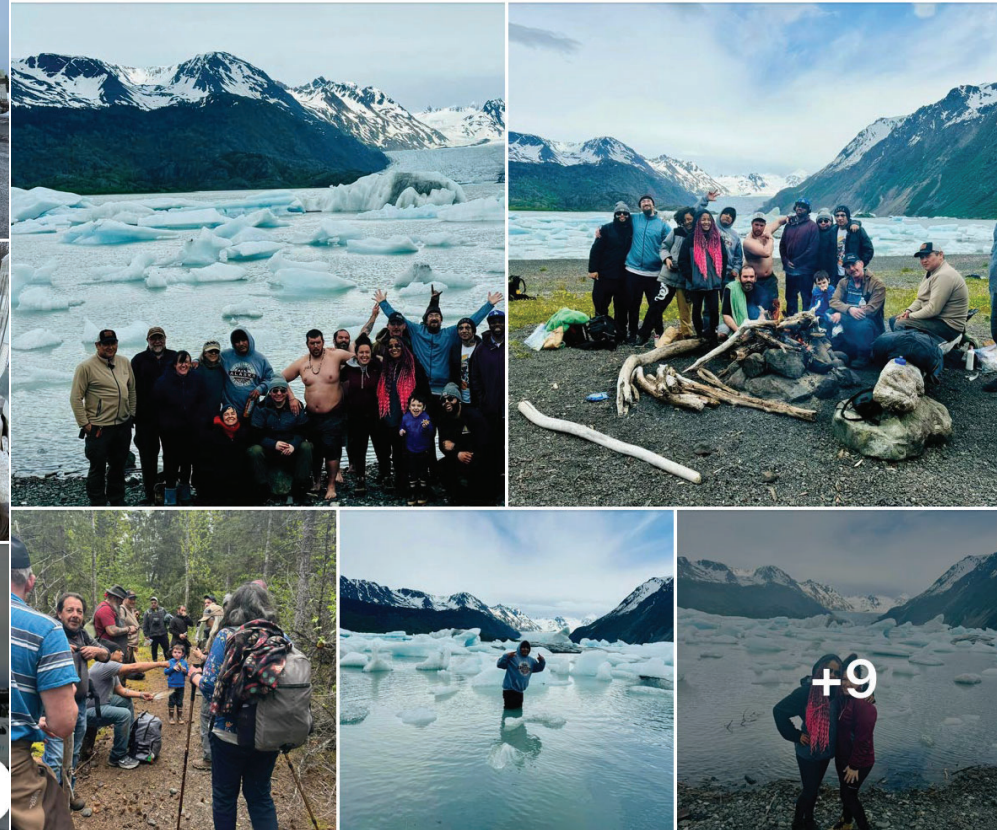


Kachemak Bay Recovery Connection

★ Favorites · June 8 · 🌐

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Memories made today at Grewingk Lake today! Building community and enjoying life in recovery is such a gift. Thank you everyone who joined! 🥰





COME & JOIN US FOR A FABULOUS EVENING!



**KACHEMAK BAY
Recovery
Connection**

**JUNE RECOVERY
SPEAKER SERIES**

**FREE BBQ
and music by
THE SPIT CITY SLICKERS**

**FRIDAY
JUNE
28
2024**



AT KACHEMAK CITY
COMMUNITY CENTER
5:30 pm - 7:30 pm
corner of East End Rd.
and Bear Creek Dr.
On-site playground for children

Followed by guest speaker John Solomon,
CEO and Executive Director of Alaska
Behavioral Health Association. John will
share the story of his inspiring journey
from addiction to recovery.
For more information, call (907) 394-6993







TODAY AT 11 AM – 5 PM
Recovery trip to Seldovia
Public · Event by Kachemak Bay Recovery Connection
and All Things Recovery



NATIONAL RECOVERY MONTH

HOPE IS REAL. RECOVERY IS REAL.



SEPTEMBER IS RECOVERY MONTH

RECOVERY IS FOR **EVERYONE**:
Every **Person**, Every **Family**, Every **Community**



#RecoveryMonth #Recovery

5k Fun Run/Walk * Music * Social

August 31, 2024

Deep Water Dock ~ Homer Spit

Strollers, walkers, runners welcome! After race: social, music, snacks, prizes!



SAVE \$\$ Pre-Register online before 8/30/24
\$25/person, Free for children 12 & under

Day of registration 9am-10:15am
\$35/person, Free for children 12 & under

<https://rb.gy/2o78ya>

Walkers start: 10:30 am Runners start: 11 am

Directions to the Start: Head out to Spit,
turn left on Freight Dock Rd, bear right,
go to very end where the cruise ships dock



non profit 501c 3

FREE to anyone that wants to join & can't afford it-just show up!



**Thank you for the
opportunity to present.**



KACHEMAK BAY

**Recovery
Connection**