




KENAI PENINSULA BOROUGH GRANTS MANAGEMENT

M E M O R A N D U M

TO: Mike Navarre, Mayor
FROM: Brenda Ahlberg, Community & Fiscal Projects Manager 
DATE: November 23, 2015
SUBJECT: FY16-1Q Senior Grant Narrative Reports

The following senior grant reports have been submitted for FY16 1Q:

- Anchor Point Senior Citizens
- Cooper Landing Senior Citizens
- Forget-Me-Not Center
- Homer Senior Center
- Seward Seniors Citizens
- Seldovia Senior Center
- Soldotna Senior Citizens
- Sterling Area Senior Citizens

At this time, reports have not been received from the following centers:

- Nikiski Senior Citizens
- Ninilchik Senior Citizens

The following centers have closed FY16 grant obligations, and no additional reporting is required:

- Homer Friendship Center
- Kenai Senior Citizens



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

FROM: Anchor Point Senior Citizens, Inc.
KPB ACCOUNT: 100.62110.ANCSR.43011

Award Amount: \$44,869
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Project Name: FY16 Senior Grant Program

Brenda Ahlberg

Date: October 6, 2015

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: July 1, 2015

144 N. Binkley St., Soldotna, AK 99669

To: September 30, 2015

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2016

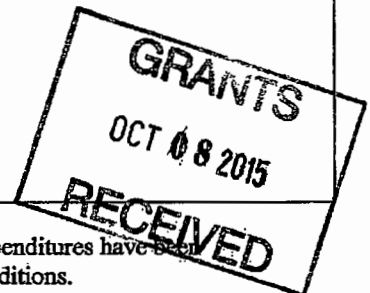
Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	23,369		5,701.99	5,701.99	\$ 17,667.01
Contractual	5500		478.59	478.59	\$ 5,021.41
Insurance				-	\$ -
Utilities	16000		4,326.88	4,326.88	\$ 11,673.12
Supplies/Equipment				-	\$ -
					\$ -
TOTALS	\$ 44,869.00	-	\$ 10,507.46	\$ 10,507.46	\$ 34,361.54

Payment Request \$ 10,507.46

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

The Anchor Point Senior Center has Bingo with concessions every Friday night. We have dinner every Thursday night and a once a month all you can eat breakfast. We had a Vets eat free breakfast September 20th in honor of POW/MIA day. We have a morning exercise class twice a week. We have a caregiver meeting the 3rd Tuesday of each month. We had an all you can eat fish dinner with proceeds going to the United Way the end of August. We have games and puzzles, Wii, cards and pool table for anyone who would like to play Monday through Friday and a once a month Quilter group get together that is open to the public.

Back upon file. Jz



Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Roberta Ness

Date: 10-6-2015

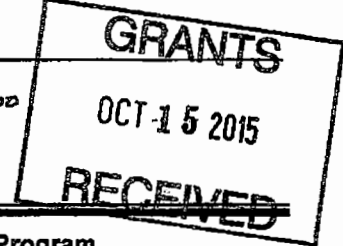
Printed Name and Title: Roberta Ness, President Board of Directors



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

FROM: COOPER LANDING
KPB ACCOUNT: 100-62480-43011
62115

Award Amount: \$ 18,665.00
Ending: 30 June 2016



Financial / Progress Report

Submit Report To:

Project Name: FY16 Senior Grant Program

Brenda Ahlberg

Date: October 8, 2015

Community & Fiscal Projects Manager

Report No.: One (1)

Kenai Peninsula Borough

Quarter From: July 1, 2015

144 N. Binkley St., Soldotna, AK 99669

To: September 30, 2015

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 15 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
	\$ 18,665.00				
Personnel - Contractual		-	3,877.50	3,877.50	\$ (3,877.50)
Transportation		-	276.99	276.99	\$ (276.99)
Insurance		-	870.00	870.00	\$ (870.00)
Utilities		-	443.55	443.55	\$ (443.55)
Supplies/Equipment		-	356.36	356.36	\$ (356.36)
					\$ -
TOTALS	\$ 18,665.00		\$ 5,824.40	\$ 5,824.40	\$ 12,840.60

Payment Request

\$ 5,824.40

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

This report for the first quarter of FY16 is reflective of summer activities for the seniors of Cooper Landing area (inclusive of Moose Pass and Hope), thanks to the funds available from the Senior Grant for FY16.

This first quarter report largely reflects the ongoing support for our senior services. As usual, personnel costs are associated with administrative services including bookkeeping and clerical needs. Transportation costs are related to fuel and repairs on our two buses required to meet the needs of the seniors such as keeping medical appointments, shopping and various volunteer and social functions in the community. Utility costs serve to run the physical operation of the office and the bus garage housing our two vans. Insurance provided for Worker's Compensation coverage. Supply costs were associated with the production of our quarterly newsletter - Senior Links and keeping the office operational.

Photos compiled by Mona Painter included in the mailed narrative depict several activities this quarter as noted in the margins: 4th of July parade; piano playing and the August membership meeting in the Helen Gwin Commons; Sexy Senior Dumpster Cleaner luncheon; and outdoor activities, i.e., problem tree removal, related to keeping Snug Harbor Senior Haven housing safe and operational.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Ronald Sloan

Date: October 14, 2015

Printed Name and Title: RONALD SLOAN, President

To: Brenda Ahlberg, Community & Fiscal Projects Manager, Kenai Peninsula Borough
Financial/Progress Report FY16 Senior Grant Program July 1, 2015 through Sept. 30, 2015
From: Cooper Landing Senior Citizen Corp. Inc.

Page 1 of 2 pages of photos



Above: L and R
Sexy Senior Dumpster
Cleaners in the annual 4th
of July parade and Butch
Reger, Senior Haven
resident, tickling the
ivories before a board
meeting.



L: Judy Warren, Natl. Family
Caregiver Support Program Kenai
Peninsula manager, was our guest
speaker at the August general
meeting. Above, a special luncheon
July 31 to honor guests from New
Mexico.

To: Brenda Ahlberg, Community & Fiscal Projects Manager, Kenai Peninsula Borough
Financial/Progress Report FY16 Senior Grant Program July 1, 2015 through Sept.
30, 2015

From: Cooper Landing Senior Citizen Corp. Inc.

Page 2 of 2 pages of photos



The white arrow points to a spruce tree with some rot in the trunk that had the Eagles View storage and fuel oil building in its sights! Fortunately, a volunteer woodsman took care of that problem. The black arrow points to the that tree now reduced to firewood.
Sept. 2015

Below part of the group at the annual Appreciation Lunch included guests Mayor Mike Navarre, KPB Assemblymember Sue McClure, Jack Maryott, Lloyd Moore, reps from Senator Micciche and Rep. Chenault's office and more. August 2015





KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

RECEIVED
10/13/15
GRANTS

FROM: [...] dba Forget-Me-Not Center
KPB ACCOUNT: 100.62195.FNTCO.43011

Award Amount: \$33,045
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Brenda Ahlberg
Community & Fiscal Projects Manager
Kenai Peninsula Borough
144 N. Binkley St., Soldotna, AK 99669

Project Name: FY16 Senior Grant Program – Adult Daycare Pgrm

Date: 10/13/15

Report No.: 1

Quarter From: 07/01/15

To: 09/30/15

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 22,000.00	\$ -	\$ 5,661.00	\$ 5,661.00	\$ 16,339.00
Training	\$ 1,500.00	\$ -	\$ 320.00	\$ 320.00	\$ 1,180.00
Supplies	\$ 9,545.00	\$ -	\$ 2,414.00	\$ 2,414.00	\$ 7,131.00
TOTALS	\$ 33,045.00	-	\$ 8,395.00	\$ 8,395.00	\$ 24,650.00
Payment Request					\$ 8,395.00

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

1st Quarter Narrative for FY 16

The Forget Me Not (FMN) Adult Day center continues to provide a highly energetic and stimulating active living program with the elders expressing enjoyment in attending. FMN continues the implementation of the strategies and theories that Mary Sharp and Cathy Stingley provided in training to the FMN staff. This first quarter the FMN program has experienced hardships and sorrow, with low numbers in attendance due to the decline in health in the elders and the passing of 3 FMN elders. The mission of Frontier Community Services is to provide quality, individualized home and community based services for people of all ages who are at risk of, or experiencing a disabling condition, in order to minimize the need for institutional care. Two (2) of these elders were still residing in their homes with family and 1 in an assisted living home. With the Adult Day programming, FMN has resolved that we are fulfilling the mission of Frontier, by providing an active living programming with cognitive, physical, and social stimulation for the elders and respite for the caregiver, hence delaying or the need of institutional care.

July was very productive, FMN implemented "FMN elder meeting", this gives the elders the chance to express their ideas, wants, concerns along with critiquing activities. July's monthly meeting proved to be very effective with the elders having the understanding that they are part of the programming and their input is appreciative. They were excited with thinking ahead and bringing new ideas for next month's meeting. The month of June presented a trial period for transportation

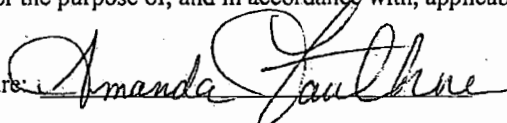
being provided by FMN center, it proved to be beneficial with increasing individual's attendance, who would otherwise be unable to do so due to financial hardship and lack of natural supports. In July transportation was implemented into the Adult Day program. 5 elders are currently utilizing the FMN transportation; they express their appreciation at being able to attend FMN.

In August the elders participated in the agency picnic and enjoyed the intergenerational interactions and lunch with the other consumers and Frontier Community Services (FCS) staff. The elders have expressed enjoyment in participating in the functions that are provided by FCS and look forward to the upcoming Infant Learning Program Harvest Festival. FMN co-hosted with the national caregivers association a quarterly caregiver support meeting with the subject being immunizations for seniors. There was a low attendance for this meeting due to illnesses, vacationing and minimal advertising. The month of September started off by FMN hosting the monthly Care Coordinator luncheon; those present were the FMN elders, Care Coordinators, Assisted Living representatives, PCA and Homecare services and ADRC with a total of 40 in attendance. The elders were highly involved in preparing for this event and enjoyed the interactions they had with these individuals. Mid month the FMN elders partnered with Riverside Assisted Living residents at their facility with an activity and lunch. FMN presented Tune or Task a highly energetic activity. The elders and residents expressed the enjoyment in the activity and especially the socialization with each other. FMN has been in contact with all of the surrounding senior centers and is in the process of scheduling activities and lunch with these senior populations. The FMN elders express the opportunity of being out in the community more. September ended with the FMN Program Manager giving notice. FCS will be recruiting and hiring by end of October.

Forget-Me-Not goals for this upcoming quarter will be: 1) Focus on elders who do not have the natural supports in place by educating and assisting them in obtaining services and funding sources that are available to them through the outreach efforts; 2) Plan nightly activities for the Elders to participate in once a month, which will include invitations out in the community, for the purpose of socialization with their peers and respite for the caregiver; 3) Focus on and plan opportunities for the elders to be more involved in the community.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:



Date: October 13, 2015

Printed Name and Title: Amanda Faulkner, Executive Director



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@borough.kenai.ak.us

FROM: City of Seldovia dba Seldovia Senior Center
KPB ACCOUNT: 100.62160.SELDO.43011

Award Amount: \$10,770
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Project Name: FY16 Senior Grant Program

Brenda Ahlberg

Date: October 6, 2015

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: July 1, 2015

144 N. Binkley St., Soldotna, AK 99669

To: September 30, 2015

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 15 JULY 2016

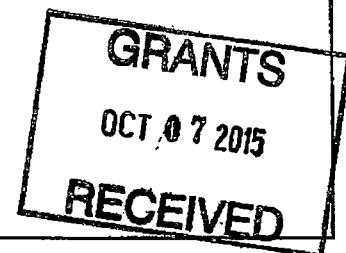
Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel		-	-	-	\$ -
Transportation		-	-	-	\$ -
Contractual		-	-	-	\$ -
Supplies	10770	-	1,631.82	1,631.82	\$ 9,138.18
Equipment		-	-	-	\$ -
		-	-	-	\$ -
TOTALS	\$ 10,770.00	-	\$ 1,631.82	\$ 1,631.82	\$ 9,138.18

Payment Request \$ 1,631.82

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

This quarter we served three meals per week to our senior community. We made every effort to provide well rounded, nutritious meals that contained the DASH diet recommendations. Our meal times were well attended and our congregates and home delivered recipients looked forward to Mondays, Wednesdays, and Fridays.

Backup on file. Jm



Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Cassini Little Date: Oct. 7, 2015

Printed Name and Title: Cassini Little Treasurer



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • **FAX:** (907) 714-2377
EMAIL: bahlberg@kpb.us

FROM: Sterling Area Senior Citizens
KPB ACCOUNT: 100.62180.STESR.43011

Award Amount: \$60,376
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY16 Senior Grant Program

Date: 10/15/2015

Report No.: 1

Quarter From: 7/1/2015

To: 9/30/2015



FINANCIAL REPORT: **FINAL REPORT DUE ON OR BEFORE 10 JULY 2016**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
	\$ 60,376.00				
Personnel		-	10,098.16	10,098.16	\$ (10,098.16)
Transportation					\$ -
Contractual		-	7,446.58	7,446.58	\$ (7,446.58)
Supplies		-	76.47	76.47	\$ (76.47)
Equipment		-			\$ -
					\$ -
TOTALS	\$ 60,376.00	-	\$ 17,621.21	\$ 17,621.21	\$ 42,754.79

Payment Request \$ 17,621.21

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Our exercise class that meets every Mondays, Wednesdays, and Fridays is going great with about 10-15 participants. Our Crafty Quilters is meeting every Tuesday and Thursdays getting everything ready for Thanksgiving and Christmas. We also have Carving Club that meets every other Saturday, until the end of May. We have bible study on Tuesday afternoon and also offer free square dancing classes every Tuesday night. We started Spanish classes again on Thursday afternoons. Our Choir is meeting again every Friday from 1-2:30pm. On Oct. 6th we had a flu shot clinic provided by Safeway pharmacy. I accepted the position as Executive Director on Sept. 1st. Besides the challenges of self-training, I haven't had too many obstacles. I am looking forward to my new adventure with this job and the challenges it brings.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Michelle Walker

Date: 10/15/2015

Printed Name and Title: Michelle Walker - Executive Director



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

FROM: Homer Senior Citizens
KPB ACCOUNT: 100.62125.HOMSR.43011

Award Amount: \$132,668
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY16 Senior Grant Program

Date: October 8, 2015

Report No.: 1

Quarter From: July 1, 2015

To: September 30, 2015

GRANTS

OCT 15 2015

RECEIVED

FINANCIAL REPORT:

FINAL REPORT DUE ON OR BEFORE 15 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 40,831.00		26,524.00	26,524.00	\$ 14,307.00
Transportation					\$ -
Contractual					\$ -
Supplies	\$ 91,837.00		6,953.00	6,953.00	\$ 84,884.00
Equipment					\$ -
					\$ -
TOTALS	\$ 132,668.00	-	\$ 33,477.00	\$ 33,477.00	\$ 99,191.00

Payment Request

\$ 33,477.00

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided for wages and for food for the Food Service Department. Meals were served to the senior population, adult day services and the meals on wheels program.

We serve quality meals that are rated highly by the seniors that are served.

Daily, we face the challenge of serving quality meals with the antiquated kitchen equipment and dining room floor that was poorly constructed. The underlayment of the flooring is press board and flooding has caused damage.

Between 7-1-15 and 9-30-15 we provided nutritious meals to 237 seniors, a total of 2005 meals. This is the first step in preventive medicine. Our menus follow the DASH diet, devised to reduce High Blood Pressure

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Keren L'Kelley

Date:

10/15/15

Printed Name and Title:

Keren L'Kelley Executive Director



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

Homer Senior Citizens, Inc. dba
FROM: Homer Friendship Ctr.
~~KPB ACCOUNT: 488.62125.48844~~
100.62125.HOMSR.43011

Award Amount: \$ \$17,754.00
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY16 Senior Grant Program

Date:

Report No.:

Quarter From:

To:

FINANCIAL REPORT:

FINAL REPORT DUE ON OR BEFORE 15 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	17,754				\$ 17,754.00
Transportation					\$ -
Contractual					\$ -
Supplies					\$ -
Equipment					\$ -
TOTALS	\$ 17,754.00	-	\$ -	\$ -	\$ 17,754.00

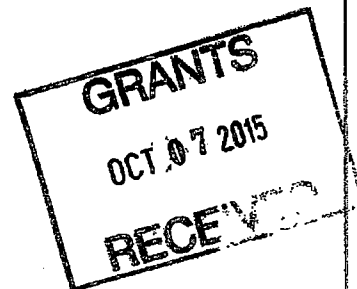
Payment Request

\$ -

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided wages for the Adult Day Service employees. Adult Day Services works with individuals during the day to provide activities, meals, care and arts and crafts.

Backup on file. (A)



Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Keren L Kelley

Date:

10/7/15

Printed Name and Title:

Keren L Kelley Executive Director



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

GRANTS
10/13/15
RECEIVED

FROM: City of Kenai
KPB ACCOUNT: 100.62180.43011

Award Amount: \$
Ending: 09/30/2015

Financial / Progress Report

Submit Report To:

Project Name: FY16 Senior Grant Program

Brenda Ahlberg

Date: 10/12/2015

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: 07/01/2015

144 N. Binkley St., Soldotna, AK 99669

To: 09/30/2015

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 15 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	79,058		79,058.00	79,058.00	\$ -
Transportation	1122		1,122.00	1,122.00	\$ -
Contractual	17,445		17,445.00	17,445.00	\$ -
Supplies	28582		28,582.00	28,582.00	\$ -
Equipment					\$ -
					\$ -
TOTALS	\$ 126,207.00	-	\$ 126,207.00	\$ 126,207.00	\$ -

Payment Request \$ 126,207.00

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: _____

Date: 10/12/2015

Printed Name and Title: Terry Eubank, Finance Director

City of Kenai-Kenai Senior Services

Progress Report to Kenai Peninsula Borough

1st Quarter Progress Report ending September 30, 2015

This quarter, the Director attended 6 Department head meetings, two Age-Net Teleconference Meetings, two United Way Meetings, 3 Senior Center Planning and Centerline meetings, one meeting with Frontier Community Services on fundraising and coordinating transportation, three meetings with the new MASST (Mature Adults Skilled Senior Training) Director, completed year end and quarterly progress reports for NTS (Nutrition, Transportation, and Services grant) State Grant and Kenai Borough year end grant report.

During the quarter, the Director visited two clients in Assisted Living homes, five hospital visits, assisted with one "Celebration of Life," at the senior center, participated as a clown with her grandchildren for a 90 year old's birthday party at the senior center, and assisted with coordinating a two day state wide training with the Activity/Volunteer Coordinator. 41 professionals from across the state attended the two day workshop. The first day of the workshop was "Alzheimer's Disease and Dementia Care Seminar and Programs for Today's Activity Professional." The first full day provided relevant, practical strategies that were researched to help provide a better understanding of coping skills when assisting individuals that are diagnosed with Alzheimer's and Dementia. We discussed various simulated patient diagnoses, treatment/care plans; feelings, paranoia, behaviors along with many other areas of the disease. The second day was a session on "Senior Bullying," "Creating Quality Teams," and "Heath Benefits of Chocolate," and last but not least a discussion on the Eden Alternative. The Eden Alternative is a culture movement throughout the nation. It is proven and a well-researched philosophy created and developed by founder Dr. Bill Thomas. This philosophy focuses on person centered care. All who attended had positive feedback and would like another workshop, hopefully next year. The facilitator of the two day event was Anthony Vicari who had been in health care the past 8 years, and has been certified as an Activity Consultant-Board Certified, Activity Director Certified Education Specialist, a Certified Dementia Care Manager Certified Dementia practitioner, served 26 years as both educator and administrator in private and public school settings in New York and Nevada. He graduated of State University of New York, Buffalo, earning two bachelor's degrees in Music Performance and Education. He is on the Board of Directors for the National Activity Professional Credentialing Center. The Senior Center Director was very pleased that the Activity/Volunteer Coordinator was able to connect with Anthony Vicari. This is the second time a facilitator had made a trip to Alaska to present training focused on seniors and quality activities.

This quarter, was the 4th of July Fundraiser. Seniors had a booth at the 4th of July Park Strip Celebration in Kenai. The senior ladies made biscuits and gravy, 50 strawberry-rhubarb and apple pies were made to sell as well as 500 hot dogs, and sodas. This fundraiser was a public relations event as well as a fundraiser. This fundraiser was sponsored by Kenai Senior Connection, Inc., the fundraising arm of the senior center.

One time event highlights from this quarter were two trips: a day trip to Homer with 12 seniors participating, and 10 seniors went on a Whittier-Homer Ferry trip. 17 senior women participated in a "Ladies Spa Day," and we were fortunate to have the "Button Box Gang," a polka band from Anchorage that provided an evening of music and dancing. 78 seniors enjoyed the evening.

Two senior clients planned the 2th Annual Old Timer's luncheon event with Director and Activity/Volunteer Coordinator. There were 230 seniors from the Kenai Peninsula who enjoyed a wonderful turkey dinner, and were entertained by the program and prizes presented by Peggy Arness and Joanna Hollier. This is an annual event that seniors look forward to all summer, they come together to visit and have dinner.

Special lunch events this quarter were: National Cow Day, 61 seniors who participated, Space Exploration Day with 45 participants, 45 seniors participated in Toy Car Day, and 103 seniors participated in Play Doh Day. Participants at each table had to collectively create something out of Play Doh. The winning senior group at an individual table won a prize. At lunch, one day, this quarter we had a "Teddy Bear Picnic." 79 seniors participated and many brought Teddy Bears to show off and tell stories and reminisce. We celebrated World Gratitude Day with 65 seniors for lunch and shared ways of gratitude.

The variety of activities at the Kenai Senior Center are well-planned and participation is high. Seniors provide their input as to activities they would like to have happen. The wellness activities are always well attended and there is a variety to choose from. Aerobic exercise had 41 seniors who participated 35 times this quarter. 61 seniors participate in Tai Chi, they participated 27 times. Strong Bodies, weight resistance class had 121 seniors who participated 12 times this quarter. Water walking is held early in the morning at Nikiski Pool. One month this quarter, the pool was closed. We had 10 participants that swam 12 days this quarter. A new Nordic Walking program was started. It was held in the senior center and senior housing on rainy days and outside during warm weather. 15 seniors participated 25 times.

Dog therapy is a weekly event. A senior brought her two therapy Shelties into the center. This gave opportunity to seniors who enjoy pets but are not allowed to have them in their residence or those who have had pets and can no longer have them. 36 seniors participated 9 times this quarter.

A volunteer nurse provided blood pressure checks three times a week. 161 seniors were monitored, pressures were recorded, and questions and concerns were answered concerning diet, high blood pressure, and decreased oxygen.

Card Games were popular. 51 seniors participated in the game of bridge. There were 11 opportunities to participate. 105 seniors participated in Pinochle, 27 times this quarter, 60 seniors met weekly to play dominoes, and 21 seniors participated 13 times in Tripoly.

5 classes were offered this quarter. 21 seniors participated in Spanish, 38 seniors attended writer's group regularly once a week all quarter, 32 seniors attended three computer classes this quarter and learned various computer skills, 18 seniors participated in 12 guitar classes, then participated in Thursday evening Blue Grass. Blue Grass had 204 seniors participated as audience and musicians. 18 seniors participated in bell ringing 6 times this quarter. The bell ringing group entertained at Forget-Me-Not Adult Day Care and Heritage Place.

The security person secured the building before and after five rentals. Renting the building is one way of bringing in revenue for the senior center.

We hired a new outreach worker this quarter. The previous worker retired and moved out of state. The new outreach worker is meeting and visiting new seniors during lunch, visiting seniors in senior housing and visiting home meal clients.



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • **FAX:** (907) 714-2377
EMAIL: bahlberg@kpb.us

FROM: Seward Senior Center
KPB ACCOUNT: 100.62150.43011

Award Amount: \$47,238.00
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY16 Senior Grant Program

Date: October 30th, 2015

Report No.: 1st Quarter FY16

Quarter From: July 1st, 2015

To: September 30th, 2015

FINANCIAL REPORT: **FINAL REPORT DUE ON OR BEFORE 10 JULY 2016**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	47,238	-	11,809.50	11,809.50	\$ 35,428.50
Transportation					\$ -
Contractual					\$ -
Supplies					\$ -
Equipment					\$ -
					\$ -
TOTALS	\$ 47,238.00	-	\$ 11,809.50	\$ 11,809.50	\$ 35,428.50

Payment Request \$ 11,809.50

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

During the 1st quarter the Seward Senior Center provided 780 meals on wheels, 1698 meals in dining room services, 569 one way rides in unassisted transportation, 272 visitors in health promotion classes: weight and strength training, tai chi, and core balance. Staff performed as Medicare and Social Security counselors to more than 5 seniors.

Besides these services, the Center offers a wide variety of other programs and services ongoing including: information and assistance in accessing wellness programs, counseling in public-benefits, opportunities to volunteer at both the center and in the community, fun and daily activities to enrich and stimulate, guest speakers to educate, practice and instruction in the creative arts, and intergenerational opportunities.

The Seward Senior Center not only serves as a gateway to Seward's aging network—connecting older adults to vital services that can help them stay healthy and independent, but has also developed into a community-wide resource trusted for its referral information.

Seward Senior Center's mission is to insure dignity, security and independence for the older Alaskan through support services to assist them in maintaining meaningful, quality lives.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: *Dana Paperman* Date: 10-15-2015_____

Printed Name and Title: Dana Paperman, Executive Director



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

FROM: Soldotna Area Senior Citizens, Inc.
KPB ACCOUNT: 100.62160.SOLSR.43011

Award Amount: \$90,886
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Project Name: FY16 Senior Grant Program

Brenda Ahlberg

Date: 9/30/15

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: 7/1/15

144 N. Binkley St., Soldotna, AK 99669

To: 9/30/15

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
		0			
Personnel	\$74,304.00	-	21,828.80	21,828.80	\$ 52,475.20
Utilities	\$16,582.00	-	6,095.35	6,095.35	\$ 10,486.65
		-	-	-	\$ -
TOTALS	\$90,886.00	-	\$ 27,924.15	\$ 27,924.15	\$ 62,961.85

Payment Request

\$ 27,924.15

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided congregate meals and home delivered meals daily; senior transportation; information and referral services; outreach to isolated, poverty level disabled homebound seniors. Held: monthly game nights and no-host dinners, holiday dinners, shopping trips to Safeway and Fred Meyers; hosted ACOA 2-day State conference; teleconferences; weekend computer gaming-day for area teenagers; Annual Membership Meeting; annual KP senior picnic; free dinner for all Veterans. Health presentations on: orthopedics; Hospice services, long-term care, proper nutrition; completed 2 State agencies visits. Held Hawaiian Luau, Summer Bazaar and Quilt Show, Fall Roundup and rental of Center for fundraising. Monthly Family Care Giving meetings throughout KP, 2 monthly at Center. Completed tiling of bathroom shower areas \$4250. Major relandscaping of yards and flowers. Experienced emergency generator shutdown, repairs completed. Ice machine failed, in process of replacing \$3500. Completed installation of water filtration system due volume of silt in City water \$8605. Office copier failing, not economical to repair, replacement about \$6000. Purchased replacement dishwashers for 8 units in housing due poor design and quality. Replaced evaporator fan motor in walk-in cooler due electrical short. Replaced computer system and proprietary software at fundraising location \$2436.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Jan Fena

Date:

9/30/15

Printed Name and Title: Jan Fena, Executive Director

