



KENAI PENINSULA BOROUGH GRANTS MANAGEMENT

M E M O R A N D U M

TO: Mike Navarre, Mayor
FROM: Brenda Ahlberg, Community & Fiscal Projects Manager
DATE: 14 July 2016
SUBJECT: **FY16-4Q Senior Grant Narrative Reports**

The following senior grant reports have been submitted for FY16-4Q:

- Anchor Point Senior Citizens
- Forget-Me-Not Center
- Nikiski Senior Citizens
- Seldovia Senior Center
- Seward Seniors Citizens

At this time, reports have not been received from the following centers:¹

- Cooper Landing Senior Citizens
- Homer Senior Center
- Sterling Area Senior Citizens

The following centers have closed FY16 grant obligations, and no additional reporting is required:

- Homer Friendship Center
- Kenai Senior Citizens (courtesy narrative enclosed)
- Ninilchik Senior Citizens
- Soldotna Senior Citizens

¹ These reports will be provided in the August 09, 2016 Mayor's Report.



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

FROM: Anchor Point Senior Citizens, Inc.
KPB ACCOUNT: 100.62110.ANCSR.43011

Award Amount: \$44,869
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY16 Senior Grant Program

Date: June 21, 2016

Report No.: 4

Quarter From: April 1, 2016

To: June 30, 2016

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	23,369	5,984.56	5,760.04	23,369.00	\$ -
Contractual	5500	2,586.43	1,157.20	5,500.00	\$ -
Insurance				-	\$ -
Utilities	16000	3,551.37	3,527.66	16,000.00	\$ -
Supplies/Equipment				-	\$ -
					\$ -
TOTALS	\$ 44,869.00	12,122.36	\$ 10,444.90	\$ 44,869.00	\$ -

Payment Request

\$ 10,444.90

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

The Anchor Point Senior Center (APSCI) hosts Bingo with concessions every Friday night. A community dinner is held every Thursday night and once a month an all-you-can-eat breakfast is open to the public. We had a Veterans eat for free breakfast May 29th in honor of Memorial Day. During the work week APSCI offers free lunch to anyone in need and do not charge for any community meal if a person is unable to pay. APSCI offers a morning exercise class twice a week. Various caregiver meetings occur the 3rd Tuesday of each month. We had a community garage sale with concessions on June 4th and our charitable giving donation center, Helping Hands, is open 2 days a week. Helping Hands provides clothing, shoes, household goods, and books on a donation only basis. APSCI Senior Center offers daily newspapers, games, puzzles, Wii, cards and use of a pool table, Monday through Friday for anyone seeking entertainment. Once a month the End of the Road Quilters group meet.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Roberta Ness

Date: June 21, 2016

Printed Name and Title: Roberta Ness, President Board of Directors

Anchor Point Senior Citizens, Inc.

P.O. Box 438

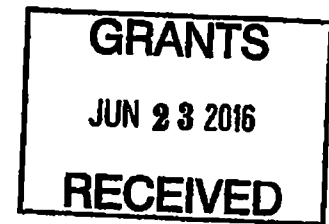
Anchor Point, AK 99556

Phone (907) 235-7786

apsci@acsalaska.net

June 15, 2016

Kenai Peninsula Borough
144 Binkley Street
Soldotna, AK 99669



Good Morning Brenda,

I would first like to introduce myself. I am Cindy Burns, the new Office Manager of the Anchor Point Senior Center and am replacing Debbie Carpenter. I have been informed that you are a great resource of information.

Our Center is run by a very hands-on board of volunteers. I hope to help them focus their efforts towards the goals they have set. I have asked The Foraker Group to assist us in forming a strategic plan.

My inquiry is simple. I would like to attack the APSCI goal of implementing a higher grade nutrition program. Other centers use NTR, but upon further research our rural terrain would pose a problematic situation. We receive partial monetary support from the United Way and issue USDA funded SFMNP coupons to our seniors. Do you have information on other Alaska based or National programs?

I look forward to working with you and thank you for everything you do for our community.

Sincerely,
Cynthia Burns
APSCI Office Manager
apsci@acsalaska.net
907-235-7789

06/24/16 response provided to Ms. Burns - B. Ahlberg

Fax: (907) 235-7118

Hours of Operation
Monday – Thursday 9am-5pm
Fridays 9am to noon





KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

GRANTS

JUL - 5 2016

RECEIVED

FROM: [...] dba Forget-Me-Not Center
KPB ACCOUNT: 100.62195.FNTCO.43011

Award Amount: \$33,045
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY16 Senior Grant Program - Adult Daycare Pgrm

Date: 07/01/16

Report No.: 4

Quarter From: 04/01/16

To: 06/30/16

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 22,000.00	\$ 16,632.00	\$ 5,388.00	\$ 22,000.00	\$ -
Training	\$ 1,500.00	\$ 377.00	\$ 1,123.00	\$ 1,500.00	\$ -
Supplies	\$ 5,775.00	\$ 5,666.00	\$ 109.00	\$ 5,775.00	\$ -
Equipment	\$ 3,770.00	\$ -	\$ 3,770.00	\$ 3,770.00	\$ -
TOTALS	\$ 33,045.00	22,675.00	\$ 10,370.00	\$ 33,045.00	\$ -

Payment Request **\$ 10,370.00**

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Forget-Me-Not Adult Day Center 4th Quarter Narrative, FY16

The Forget-Me-Not (FMN) Adult Day Services remained a highly energetic and stimulating active living program throughout the fourth quarter of FY16. It is FMN's philosophy to welcome new and returning volunteers to the FMN Program. FMN is very fortunate to have the following people volunteer regularly at FMN:

- Pat Robinson and her Canine Companions, Hope and Joy, visit FMN each week. The elders enjoy the companionship of the dogs as Pat reads a story out loud. Each elder is able to enjoy the emotional and physical benefits that come from being around the dogs.
- The Apostolic Assembly of Jesus Christ (AAJC) singers come bimonthly to sing hymns, standards, and patriotic songs that are part of the elders' backgrounds. The elders play musical instruments alongside the AAJC singers and consistently look forward to their visits.
- The Kenai Senior Center Bell Ringers visit monthly and use a movement and musical rhythm activity to provide exercise and cognitive stimulation. This collaboration between the FMN

participants and the Kenai Senior Center senior volunteers benefits both groups.

- The Riverside Harmony Singers visited FMN in May and sang patriotic songs in celebration of Memorial Day. The concert was well received with many of the elders singing along during the performance.

At the end of this fiscal year FMN lost its weekly entertainment provided by the Forget-Me-Not Band. The elders had come to enjoy the music the members of the band provided for over 20 years. We are thankful for the years of dedication that these individual volunteers shared with the program. FMN is working on finding new and varied musical volunteers for FY17.

The Elder Council Meetings have been a great success. The elders have been able to suggest several activities they would like to participate in and have voiced their preferences for events. One of the events the elders all agreed they would like was a barbeque. As a result, FMN scheduled a Barbeque Event at FMN on June 28th with menu items resulting from the Elder Council meetings.

During the fourth quarter FMN saw three discharges due to elders' changing conditions and lost an elder who moved to Michigan. One new participant was enrolled in June with another new participant pending admission. By the end of the fourth quarter, the total number of participants at FMN was 18 elders, with two pending (one pending Medicaid Waiver, one pending assessment). Twenty-seven unduplicated individuals received services from the program during this past year. Of those individuals, fourteen received Grant Services, five were approved to Waiver, and three passed away.

Each month Frontier Community Services Senior Programs create a "Senior Community Resource Calendar." These calendars are mailed to all Senior Program clients, including the FMN participants, and are also sent electronically to area community partners. These calendars provide contact information to area resources as well as upcoming events.

FMN contacted Tyotkas Elder Center during FY16. We are currently communicating on ways to collaborate on joint community outings for FY17. FMN's Program Manager will also be contacting the Sterling Senior Center during FY17 in order to provide outreach and community presentations about the benefits of Adult Day Services to individuals in the area who may not be aware that they can access this resource.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:  Date: 7.1.16

Printed Name and Title: Amanda Faulkner, Executive Director

City of Kenai-Kenai Senior Services
4th Quarter Progress Report to Kenai Peninsula Borough
Ending June 30, 2016

This past quarter, the Director continued to focus on 2016-2017 budget, she met with City Manager and reviewed the budget for the new fiscal year 2016- 2017. The City Council held their budget work budget and at the budget was passed on June 1, 2016.

She attended six department head meetings this past quarter and one area-wide Director's meeting. Three area senior center directors were present at the meeting.

The Director assisted three families with senior challenges; one to assist and provide information on where to find a caregiver in their home, another to assist with bank fraud, another senior's family member had not paid the senior's rent for three months or their electric bill, so an Adult Protective Services report was filed.

The staff had one training this quarter, "Blood Borne Pathogens and OSHA Review of Requirements."

The Director is very pleased to announce that our Activity/Volunteer Coordinator has fulfilled the requirements of being certified as an Activity Director for the senior population. She achieved the certification through attending various classes, learning the philosophy behind senior activities, work hours at the senior center and passing a written test. She is a member of an elite group in Alaska to meet this achievement. As the State of Alaska moved into a more "person-centered" focus for individual plans of care for both our Nutrition, Transportation and Services (NTS), and the choice Waiver seniors living in the community; this will only enhance our senior center in a positive way!

The new program is called, "myseniorcenter." It is a computer program that tracks events and congregate meals. The program has a monitor screen that each senior can enter their name and check off what daily activities they attend and if they stay for lunch, track congregate meals and logs volunteer hours. This program interfaces with our state data program, "SAMS" and we will be able to pull statistics from one program to another. This will save time as well as a more accurate count of who attends what activities. The staff have been trained and now we are training the seniors how to use the new tracking system to document attendance for all meals and activities at the senior center.

There were 3,344 volunteer hours this past quarter. We had approximately 57 unduplicated volunteers that assisted with various jobs: Council on Aging and Senior Connection, Inc. volunteer members, drivers, front desk receptionists, instructors for various classes, Meals on Wheels Driver, assist in the kitchen, entertainment, volunteer to assist with people needing to talk with social security, and special events.

This quarter we were rented eight times this quarter, we provided space to the City of Kenai for their Town Hall meetings concerning the Comprehensive Plan, and held one memorial service for a senior within the community. The seniors held their annual Junior-Senior Prom Breakfast after the Kenai High School After - Prom events. Seniors volunteered their time to prepare and serve breakfast to the 150 high schoolers that attended the after prom events. This event is one of the senior's favorites, when they

arrive at the senior center at 1:00a.m. in the morning to cook a breakfast buffet. They enjoy interacting with the high schoolers.

April 1st was the "March for Meals," home meal fundraiser. We sold many pies, silent auction items, and sold tickets for the BBQ Dinner. A fun time was had by all who attended and we raised funds for our home meal program!

In May the senior center provided space for their "City Appreciation Dinner." There were 130 city employees and spouses who attended. Awards for years of service were presented.

In April we had five health/fitness events. There were 35 unduplicated seniors age 60 and over that participated 105 hours of our "Growing Strong" exercise program, 11 unduplicated seniors participated in 12 hours of Tai-Chi, 13 seniors participated in 30 hours with a "Richard Simmons" video exercise tape, there were eight seniors that were entertained and enjoyed Dog Therapy three times this quarter, eight seniors participated in Bell Ringing and entertained at Heritage Place and Frontier Community Services three times, and a new activity that helps arthritis is hand massage. This happens every Friday and four seniors participated 12 times. The volunteer nurse provided 61 seniors with blood pressure checks.

Arts and Crafts classes are picking up and we have volunteers willing and able to help instruct with the classes. Three seniors beaded each week and participated in 14 hours of class, while two seniors participated four times in craft painting, three unduplicated seniors participated 14 times in quilting class, 10 senior women participated 22 times in April doing various crafts and placing them in our "Craft Bazaar Cabinet."

Two high school students teach two of our seniors how to play piano once a week. There were 12 hours of lessons in the month of April. Our Spanish classes continue with three seniors participating 4.5 hours during April. Seniors are enjoying guitar classes with eight seniors participating 12 times during the month of April. These seniors also participate in Blue Grass three times a month. And we had 64 seniors that participated in Thursday evening Blue Grass Jam in the month of April. There were six unduplicated seniors that participated in 9 hours of writers Group. Once it is up and running, we are hoping to share some of their stories on our new Kenai Senior Center Facebook page.

Games are a popular activity. Games are a great way for seniors to sharpen their cognition. 16 unduplicated seniors participated 30 times in Bingo on Tuesday. In the month of April, Pinochle had 22 unduplicated seniors, played 160 times during the month of April. 16 seniors participated 139 times playing bridge twice a week, there were three seniors that participated 18 times playing Tripoli, three seniors played cribbage nine time in April. 15 seniors enjoyed dominos, and played 58 times in the month of April.

We provided space to the AARP Safe Driving Class. 11 seniors participated nine hours, 13 seniors participated in a "No-Host" dinner to Acapulco. A great time was had by all. I have not mentioned all the activities but we are a happening place and the seniors love to keep active.

With the weather turning nice in May, many activities away from the center happened. 14 seniors ventured to Homer for a day trip with a visit to the Pratt Museum, Sea and Oceans building, lunch and shopping. We have a volunteer driver who plans a "Mystery Trip" once a month. During May, 13 seniors participated in the mystery drive. We have a Hiking Group and 10 seniors hiked the Russian River Trail. It is great to see 10 of our seniors wanting to get out and hike each month.

In May there were three different Spanish Classes; Beginning, Advanced and Conversational Spanish. In all three of these classes there was a total of eight seniors that participated.

There were ten seniors that participated in 10 guitar lessons. Three seniors participated in 10 hours of piano.

36 seniors participated in a nutrition chat workshop. 60 seniors had blood pressure checks and five were referred to doctors because of high blood pressure.

There were seven men that participated in the Shop Class. They are rebuilding a lawn mower.

Four unduplicated seniors participated in 48 hours of various arts and craft projects.

In May we had a "Health and Fitness" Day. Various vendors from our area shared their expertise. Many were from home health agencies, White Crane Academy shared information and demonstrated what they did, and various other vendors such as Geneva Woods, Consumer Direct participated. 51 seniors participated and visited the various vendors, 12 seniors participated in the "Health Fair Fun Run".

Nine seniors participated in 26 Tai Chi classes, 10 seniors participated 39 hours in Richard Simmons video exercise, and 34 seniors participated in 153 hours of "Growing Stronger" weight resistance class. 10 seniors participated in Bells 12 times in May. 13 seniors enjoyed dog Therapy 21 times.

In May, 29 seniors participated in 3,893 of various recreational and entertainment activities, 54 participated in various classes and workshops.

The writer would like to share some interesting real life senior experiences of at the Center. We have a client who is very difficult for everyone to be around. We know this because we hear it all the time from others, some from other senior centers that have kicked out this person for various reasons. We have accepted her, set boundaries over and over, but "this person" is welcome at our senior center just like every other senior that walks through our doors. "This person" has facilitated a class, took on a project from beginning to end and everyone that participated had a great time! The Activity Director

did manipulate the situation a little by participating and observing the class, as well as encouraging positive interaction, but was very pleased that all participants took to the Activity Director's cue and followed acceptance of this person. The staff have come to truly treasure the "heart" this person has. She needs to feel wanted, accepted and have a purpose just like ALL of us want! She is a giver and always thinking how she can help, or encourage a senior who is a little hesitant to participate.

Another person who are home meal clients. The couple are quite elderly and longtime homesteaders from Kasilof. We deliver meals every Thursday. Our driver picks up seniors from Kasilof every Tuesday to have lunch at the center and go shopping. This couple comes to go shopping every Tuesday. Their children were quite concerned as their parents were becoming "home locked." The children asked about what services we could provide. We started with home meals, our outreach worker visited and pretty soon the couple accepted the ride in the van to come for lunch. The woman comes every Tuesday now, visits with staff and other seniors and looks forward to coming to the center and participating once a week.

Another person is a man who just became a widower. He and his wife have been home clients for years. He comes once a month to have assistance with bill paying. The Administrative Assistant and or Director helps write his checks and balance his bank account, he signs his checks. This gentleman has never learned to read. However, he is teaching himself to read from the Bible. His wife was very crippled and was house bound. She passed away recently. We delivered meals daily to her and her husband. He was a caregiver for many years besides having two caregivers that came to assist when necessary. Since the wife passed away, he has become active in the senior center; comes for lunch and participates in the "Men's Shop Class." He is very talented with his hands and has made wooden toys to be placed in our Display Cabinet that sells miscellaneous things to seniors and visitors at very reasonable prices.

In June we had beautiful weather! There were special lunches, i.e. "Lemonade Day" with 35 in attendance for lunch, Father's Day BBQ brought in 71 seniors to celebrate Fathers.

Outings were a great hit this month. The Six of the "Hiking Heroes" went on a hike to the Kenai National wildlife refuge and hiked the area learning about the fauna. Seven seniors attended the Mystery Drive. It has become so popular that we have to have a waiting list, and next month provide a second bus so no one feels left out! Three seniors headed to Cooper Landing and floated the river.

A group of men frequent the senior center in the morning for coffee, newspaper and visiting with one another. 91 seniors came to the center early and visited this month.

18 seniors used our computer lab in June for a total of 1,104 hours. We had one class on I-Pads.

Thursday evenings are a big hit! Bluegrass Jam is held three Thursdays a month. There were 50 people in June that played and instrument or was part of the audience. On

Thursday evenings we have bridge, cribbage, Dominos and Joker. 20 participated in bridge, 9 played cribbage, 17 played dominos, and 5 played Joker! It is reflective that seniors enjoy coming on Thursday evenings to have socialization and an activity. One senior gentleman comes, and another person assists him with an adult color book and he listens to the music while he colors in the book. It provides focus and calm for this person. The first Thursday of the month, is "singspiration". We had 5 seniors that participated.

There were various classes and workshops held during June. Spanish has slowed down a bit this summer. There were two seniors that participated in the beginning and the advanced classes. It has been cancelled for the rest of the summer.

Five men participate in Shop Class. They have been rebuilding a motor and are looking at next month doing some wood working.

The writer's group is strong with 11 seniors participating 30 hours this month. A lot of the stories and or poems on the front page of our monthly newsletters are from this group!

Arts and Crafts classes are building slowly. We have a volunteer that is always willing to lead a class and comes up with the best crafts. There were 12 participants that participated 44 hours in the craft room during the month of June. The quilting class has four seniors that clocked in 12 hours this month. Each person is working on a different project. It is fun to see all the talent being put to use!

26 seniors had blood pressure checks done on Monday and Wednesdays. Three were referred for doctor checks. This is a great service a volunteer nurse provides. She is also able to talk to individual seniors about exercise, diet and how to keep blood pressure down.

There were two special groups this month. The first was our caregiver group with 5 caregivers in attendance and TOPS (weight group) that had 13 seniors participating.

Health and Fitness continue to be a very vital reason seniors come to the senior center. Growing Stronger had 13 seniors in attendance three times a week, Tai Chi had nine seniors participating, nine seniors get together and walk, there were four who played Wii Bowling, four seniors participated in dog therapy and four seniors played the Bells this month.

With our new "Myseniorcenter" that keeps track of attendance, it is amazing to see statistics from this program. There were 22 days we were open, the greatest attendance was 138 people on Monday, and the lowest was Friday of 112. Average day usage was 129 seniors were at the senior center for one or more reasons per day. The age group 65 – 69 participated 16.5%. The age that participated the most this month was age 70 – 74 that participated 19.1%. Age group 80 – 84 averaged 11.9% while the age group over 85+ attended 18.7%. It is very reflective that we are meeting all seniors aged 60+ but we are reaching our target age group of 80 to 85. It is also interesting to note, 76.6% of these seniors are from the City of Kenai while 23.4% are from outside Kenai. The majority of seniors served are Caucasian, while we serve 3.6% are Am. Indian/Alaska Native, 1.5% are Hawaiian/Pacific Islander. 36.9% did not verify their nationality. During the month of

June, 63.9% of those attending the senior center were women while 36.1% were men. 33.2% stated they lived alone, while 66.8% said they lived with someone. These statistics we have gathered through the "Myseniorcenter" program helps us to find out how we can improve, if we are meeting our target projections, and that we are meeting the needs or how we can improve to make our senior center a better place for the seniors in our service area.



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

FROM: Nikiski Senior Center
KPB ACCOUNT: 280.63190

Award Amount: \$52,981
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY16 Senior Grant Program

Date: 07/01/16

Report No.: 4

Quarter From: 04/01/16

To: 06/30/16

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	52,981	-	13,245.00	52,981.00	\$ -
Transportation					\$ -
Contractual					\$ -
Supplies					\$ -
Equipment					\$ -
					\$ -
TOTALS	\$ 52,981.00	-	\$ 13,245.00	\$ 52,981.00	\$ -

Payment Request

\$ 13,245.00

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

We will be using this grant for a portion of our payroll expense. We are serving lunches five (5) days per week with a kitchen staff of three (3). Also we have a full time Bookkeeper/ office manager and Executive Director. Other jobs include Event planner, Sr. housing and services, and Custodian (2). Our lunch program continues to increase. Check us out on Facebook @ Nikiski Senior Center.

One program that has seen an increase is our food pantry serving seniors and their families in need of assistance. We are still in need of additional funding. We are actively looking for sources of additional income, including asking for all borough money to be allocated for FY17 and not adding to our fund balance.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: _____

Date: 07/01/16

Printed Name and Title: Pat Clark, President



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@borough.kenai.ak.us

FROM: City of Seldovia dba Seldovia Senior Center
KPB ACCOUNT: 100.62160.SELDO.43011

Award Amount: \$10,770
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY16 Senior Grant Program

Date: June 22, 2016

Report No.: 4

Quarter From: April 1, 2016

To: June 30, 2016

GRANTS

JUN 22 2016

RECEIVED

FINANCIAL REPORT:

FINAL REPORT DUE ON OR BEFORE 15 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel		-	-		\$ -
Transportation		-	-	-	\$ -
Contractual		-	-	-	\$ -
Supplies	10770	7,986.17	2,783.83	10,770.00	\$ -
Equipment		-	-	-	\$ -
		-	-	-	\$ -
TOTALS	\$ 10,770.00	7,986.17	\$ 2,783.83	\$ 10,770.00	\$ -

Payment Request

\$ 2,783.83

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

This quarter we served three meals per week to our senior community. We made every effort to provide well rounded, nutritious meals that contained the DASH diet recommendations. Our meal times were well attended and our congregates and home delivered recipients looked forward to Mondays, Wednesdays, and Fridays. Our attendance has increased exponentially. We are dialing in our menu, our program, making our money go further and our new cook is doing awesome. Our congregates are pleased, and we are pleased to see higher attendance.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Cassidi Little

Date: June 22, 2016

Printed Name and Title: Cassidi Little

Finance Officer



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us

GRANTS

JUN 27 2016

RECEIVED

FROM: Seward Senior Center
KPB ACCOUNT: 100.62180.43011

Award Amount: \$47,238.00
Ending: 30 June 2016

Financial / Progress Report

Submit Report To:

Project Name: FY16 Senior Grant Program

Brenda Ahlberg

Date: June 22, 2016

Community & Fiscal Projects Manager

Report No.: 4th Quarter FY16

Kenai Peninsula Borough

Quarter From: April 1, 2016

144 N. Binkley St., Soldotna, AK 99669

To: June 30, 2016

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2016

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	47,238	11,809.50	11,809.50	35,428.50	\$ 11,809.50
Transportation					\$ -
Contractual					\$ -
Supplies					\$ -
Equipment					\$ -
TOTALS	\$ 47,238.00	11,809.50	\$ 11,809.50	\$ 35,428.50	\$ 11,809.50

Payment Request

\$ 11,809.50

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

During the 4th quarter the Seward Senior Center provided more than 690 meals on wheels, 1500 meals in dining room services, 475 one way rides in unassisted transportation to and from the center, USPO, Bank and senior shopping; 20 individual students in health promotion classes: weight and strength training, tai chi, and core balance.

Administrative staff performed as Medicare and Social Security counselors to more than 21 seniors. Newsletters sent out to 310 seniors and served 60 seniors in information and assistance.

Throughout the past year, the center has provided comfort and care for widows, during the transition to living alone and facing isolation and loneliness; improving the conditions of low income veterans with consistent nutritional services; increasing access to essential services for more than 15 seniors in affordable transportation; providing health promotional programs that assist in decreasing the chance of fatal and injurious falls; and improved the conditions of seniors by providing services five days a week.

Besides these services, the Center offers a wide variety of other programs and services ongoing including: information and assistance in accessing wellness programs, counseling in public benefits, opportunities to volunteer at both the center and in the community, daily interactive activities to enrich and stimulate, educational guest speakers, practice and instruction in the creative arts, and

intergenerational opportunities.

The Seward Senior Center not only serves as a gateway to Seward's aging network—connecting older adults to vital services that can help them stay healthy and independent, but has also developed into a community-wide resource trusted for its referral information. Seward Senior Center's mission is to insure dignity, security and independence for the older Alaskan through support services to assist them in maintaining meaningful, quality lives.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Dana Paperman

Date: 06/22/2016

Printed Name and Title: Dana Paperman, Executive Director

Support documents on file JS