




## KENAI PENINSULA BOROUGH GRANTS MANAGEMENT

### M E M O R A N D U M

**TO:** Mike Navarre, Mayor  
**FROM:** Brenda Ahlberg, Community & Fiscal Projects Manager   
**DATE:** 09 November 2016  
**SUBJECT:** FY17-1Q Senior Grant Narrative Reports

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The following senior grant reports have been submitted for FY17-1Q:

- Anchor Point Senior Citizens
- Cooper Landing Senior Citizens
- Forget-Me-Not Center
- Nikiski Senior Citizens
- Homer Friendship Center (final report)
- Homer Senior Center
- Kenai Senior Citizens (final report)
- Seldovia Senior Center
- Seward Seniors Citizens
- Soldotna Senior Citizens

At this time, reports have not been received from the following centers:<sup>1</sup>

- Ninilchik Senior Citizens
- Sterling Area Senior Citizens

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<sup>1</sup> These reports will be provided in the December 06, 2016 Mayor's Report.



## KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

**GRANTS**

OCT 07 2016

**RECEIVED**

FROM: Anchor Point Senior Citizens, Inc.  
KPB ACCOUNT: 100.62110.ANCSR.43011

Award Amount: \$44,869  
Ending: 30 June 2017

### Financial / Progress Report PD 63096

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY17 Senior Grant Program

Date: October 1, 2016

Report No.: 1

Quarter From: July 1, 2016

To: September 30, 2016

**FINANCIAL REPORT:** FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	23,369		5,469.02	5,469.02	\$ 17,899.98
Contractual	5500		1,306.30	1,306.30	\$ 4,193.70
Utilities	16000		4,058.97	4,058.97	\$ 11,941.03
				-	\$ -
				-	\$ -
<b>TOTALS</b>	<b>\$ 44,869.00</b>	<b>-</b>	<b>\$ 10,834.29</b>	<b>\$ 10,834.29</b>	<b>\$ 34,034.71</b>

Payment Request	\$ 10,834.29
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**PROGRESS REPORT:** Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

The Anchor Point Senior Center (APSCI) hosts Bingo with concessions every Friday night. A community dinner is held every Thursday night and once a month an all-you-can-eat breakfast is open to the public. We had a Veterans eat for free breakfast Sept 18<sup>th</sup> in honor of Labor Day. During the work week APSCI with affiliated support of The Kenai Food Bank, offer free lunch to anyone in need and do not charge for any community meal if a person is unable to pay. APSCI offers a morning exercise class twice a week. Various caregiver meetings occur the 3<sup>rd</sup> Tuesday of each month. We had a Kenai Peninsula United Way Fish Fry fundraiser on Aug 27<sup>th</sup>. Our charitable giving donation center, Helping Hands, is open 2 days a week. Helping Hands provides clothing, shoes, household goods, and books on a donation only basis. They were extremely instrumental in outfitting children and local schools with needed supplies. APSCI Senior Center offers daily newspapers, games, puzzles, WII, cards and use of a pool table, Monday through Friday for anyone seeking entertainment. Once a month the End of the Road Quilters group meet.

Recently the kitchen has changed its format to accepting, processing, canning, and utilizing all donated produce, fish and meat. APSCI is focusing on nutrition and good food choices. Added activities are to include a Senior Center Garden and will provide a number of opportunities focused around healthy choices. Should our program prove to be a popular choice it is thought to become a catalyst to larger and more involved agricultural based efforts.

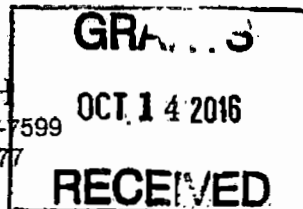
**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Roberta Ness Date: 10-4-2016

Printed Name and Title: Roberta Ness APSCI President



**KENAI PENINSULA BOROUGH**  
144 North Binkley Street • Soldotna, Alaska 99669-7599  
PHONE: (907) 714-2153 • FAX: (907) 714-2377  
EMAIL: bahlberg@kpb.us



**FROM: Cooper Landing Senior Citizens Corp., Inc.**  
**KPB ACCOUNT: 100.62115.CLSEN.43011**

**Award Amount: \$18,665**  
**Ending: 30 June 2017**

## Financial / Progress Report

**Submit Report To:**

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

**Project Name: FY17 Senior Grant Program**

**Date: October 10, 2016**

**Report No.: One**

**Quarter From: July 1, 2016**

**To: September 30, 2016**

**FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2017**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Contractual	9,165	-	3,551.50	3,551.50	\$ 5,613.50
Transportation	6,000	-	472.10	472.10	\$ 5,527.90
Insurance	3,500	-	-	-	\$ 3,500.00
Utilities	-	-	467.26	467.26	\$ (467.26)
Supplies/Equipment	-	-	889.36	889.36	\$ (889.36)
				-	\$ -
<b>TOTALS</b>	<b>\$ 18,665.00</b>	<b>-</b>	<b>\$ 5,380.22</b>	<b>\$ 5,380.22</b>	<b>\$ 13,284.78</b>

Payment Request \$ 5,380.22

**PROGRESS REPORT:** Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

This report for the first quarter of FY17 largely reflects the functioning of the Cooper Landing area senior office. A number of computer/printer problems converged which required some unexpected expenditures. Fortunately, one of our newer residents at Snug Harbor Senior Haven is a retired computer professor from the University of Minnesota. Consequently, we were able to upgrade/improve our computer/internet capability at considerable savings. Hence, the relatively high supplies/equipment outlay. But the improvements greatly facilitate production of the Senior Links. Utility costs to keep the office and bus garage operational were as expected. Transportation costs for medical appointments, shopping and related trips to Soldotna were also as per usual. Contractual costs were for the services of our Administrative Assistant and Bookkeeper.

Photos compiled by Mona Painter included in the mailed narrative depict several activities this quarter as noted on the backs of the accompanying pictures: fun dodging construction "cats" on the Snug Harbor Rd paving project; repairing door deficiencies; soup supper (proceeds used to replace old fire extinguishers); Ravens View pinochle game; Kenai Lake view; Prof Brorson's senior computer class review.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Ronald Sloan Date: Oct 11, 2016  
Printed Name and Title: RONALD SLOAN, President











EXIT



















Resident Norman Starkey took this photo after cutting  
the lawn at Ravens View, Sept. 2016

Kenai Lake







KENAI PENINSULA BOROUGH  
144 North Binkley Street • Soldotna, Alaska 99669-7599  
PHONE: (907) 714-2153 • FAX: (907) 714-2377  
EMAIL: bahlberg@kpb.us

GRANTS

OCT 17 2016

RECEIVED

FROM: dba Forget-Me-Not Center  
KPB ACCOUNT: 100,62195.FNTCO.43011

Award Amount: \$33,045.00  
Ending: 30 June 2017

## Financial / Progress Report

PN 63229

Submit Report To:

Project Name: FY17 Senior Grant - Adult Daycare Prgm

Brenda Ahlberg

Date: 10/15/16

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: 07/01/16

144 N. Binkley St., Soldotna, AK 99669

To: 09/30/16

**FINANCIAL REPORT:** FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 22,000.00	-	5,392.00	5,392.00	\$ 16,608.00
Transportation	\$ 1,500.00	-	7.00	7.00	\$ 1,493.00
Senior Events	\$ 3,000.00	-	-	-	\$ 3,000.00
Supplies	\$ 6,545.00	-	650.00	650.00	\$ 5,895.00
TOTALS	\$ 33,045.00	-	\$ 6,049.00	\$ 6,049.00	\$ 26,996.00

**PROGRESS REPORT:** Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

### Kenai Peninsula Borough Report

#### Forget-Me-Not Adult Day Center First Quarter Narrative, FY17

During the first quarter of FY17 the Forget-Me-Not Adult Day Center (FMN) remained a highly energetic and stimulating active living environment for Kenai Peninsula elders. It is FMN's philosophy to welcome new and returning volunteers to the FMN Program. FMN is fortunate to have the following people volunteer regularly:

- Pat Robinson and her Canine Companions, Hope and Joy, visit FMN weekly. The elders enjoy the companionship of the dogs as Pat reads a story out loud. Each elder is able to participate in the emotional and physical benefits that come from being around the dogs.
- The Apostolic Assembly of Jesus Christ (AAJC) singers come bimonthly to sing hymns, standards, and patriotic songs that are a part of the elders' backgrounds. The elders play musical instruments alongside the AAJC singers and consistently look forward to their visits.
- The Kenai Senior Center Bell Ringers visit monthly and use movement and musical rhythm activities to provide exercise and cognitive stimulation. This collaboration between the FMN participants and the Kenai Senior Center senior volunteers benefits both groups.
- The Riverside Band began visiting FMN on Mondays from 12:00 pm – 1:00 pm during the first quarter of FY17.

They perform old standards that the elders enjoy singing along with.

- Shelly Merrill visits once a month to provide hand massages and fingernail care for the elders. Shelly has a special connection to FMN as her father was once a participant.

The Elders' Council Meetings have been a continuing source of information. The elders have been able to shape the activities they participate in as well as the snacks and beverages that FMN provides them by voicing their suggestions and seeing them come to fruition.

During the first quarter of FY17 two elders were discharged due to moving out of state and one elder passed away. FMN received three referrals during the first quarter with two having completed their trial days by the end of September. At the end of the first quarter, FMN has served 18 individuals.

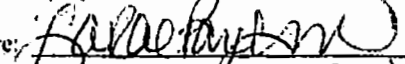
FMN contacted Tyotkas Elder Center during the first quarter of FY17. We toured each other's facilities and are currently communicating on ways to collaborate on joint activities for FY17. FMN's Program Manager will also get in touch with the Sterling Senior Center during FY17 in order to provide outreach and community presentations about the benefits of Adult Day Services to individuals in the area who may not be aware that they can access this resource.

During the first quarter of FY17 FMN participants enjoyed the benefits of several facility upgrades recently completed at the end of June 2016.

- The installation of new windows has provided an improved stabilized indoor climate and is keeping the elders more comfortable.
- New energy efficient LED light fixtures were installed throughout the facility, providing a quieter and eco-friendly atmosphere.
- The installation of a washer and dryer has provided assistance to participants who consistently struggle with incontinence issues. No longer do participants have to carry soiled clothing home, which has boosted the morale of individuals affected by this issue.

Each month Frontier Community Services' Senior Programs creates a "Senior Community Resource Calendar." These calendars are mailed to all Senior Program clients, including the FMN participants, and are also sent electronically to area community partners. The calendars provide contact information to area resources as well as upcoming events that may be of interest.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:  Date: 10/15/16

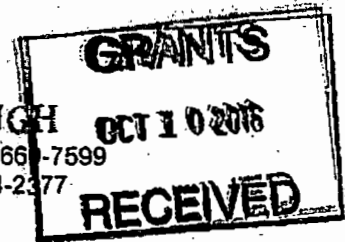
Printed Name and Title: Larae Paxton, Finance Director



## FINAL REPORT



**KENAI PENINSULA BOROUGH**  
 144 North Binkley Street • Soldotna, Alaska 99669-7599  
 PHONE: (907) 714-2153 • FAX: (907) 714-2377  
 EMAIL: bahlberg@kpb.us



**FROM:** Homer Senior Citizens INC dba  
 Homer Friendship Center  
**KPB ACCOUNT:** 100.62125.HOMSR.43011

**Award Amount:** \$17,754  
**Ending:** 30 June 2017

## Financial / Progress Report

*P013232*

**Submit Report To:**

**Project Name:** FY17 Senior Grant Program

Brenda Ahlberg

**Date:** 10-6-16

Community & Fiscal Projects Manager

**Report No.:** 1

Kenai Peninsula Borough

**Quarter From:** 7-1-2016

144 N. Binkley St., Soldotna, AK 99669

**To:** 9-30-2016

**FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 15 JULY 2016**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	17,754		17,754.00		\$ 17,754.00
Transportation					\$
Contractual					\$
Supplies					\$
Equipment					\$
					\$
<b>TOTALS</b>	<b>\$ 17,754.00</b>		<b>\$ 17,754.00</b>	<b>\$</b>	<b>\$ 17,754.00</b>

**Payment Request** \$ 17,754.00

**PROGRESS REPORT:** Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided wages for the Adult Day Service employees. Adult Day Services works with individuals during the day to provide activities, meals, care and arts and crafts.

Care was provided for 27 clients.

In this quarter several large projects were completed:

Clients participated in decorating a winning float in the 4<sup>th</sup> of July Parade. A picnic at Hornaday Park was enjoyed by our clients in July. Over the summer, clients planted a garden that was harvested in September.

This is the final report for this grant.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

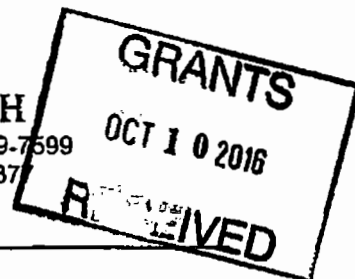
**Signature:** *Keren Kelley*

**Date:** 10/10/16

**Printed Name and Title:** Keren Kelley, Executive Director



**KENAI PENINSULA BOROUGH**  
 144 North Binkley Street • Soldotna, Alaska 99669-7599  
 PHONE: (907) 714-2153 • FAX: (907) 714-2377  
 EMAIL: bahlberg@kpb.us



**FROM: Homer Senior Citizens**  
**KPB ACCOUNT: 100.62120.HOMSR.43011**

**Award Amount: \$132,668**  
**Ending: 30 June 2017**

## Financial / Progress Report P063231

**Submit Report To:**

**Project Name: FY17 Senior Grant Program**

**Brenda Ahlberg**

**Date: October 6, 2016**

**Community & Fiscal Projects Manager**

**Report No.: 1**

**Kenai Peninsula Borough**

**Quarter From: July 1, 2016**

**144 N. Binkley St., Soldotna, AK 99669**

**To: September 30, 2016**

### **FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 15 JULY 2017**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	40,831		21069	21,069.00	\$ 19,762.00
Transportation					\$ -
Contractual					\$ -
Supplies	91837		12465	12,465.00	\$ 79,372.00
Equipment					\$ -
					\$ -
<b>TOTALS</b>	<b>\$ 132,668.00</b>		<b>\$ 33,534.00</b>	<b>\$ 33,534.00</b>	<b>\$ 99,134.00</b>

**Payment Request**

**\$ 33,534.00**

**PROGRESS REPORT:** Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided for wages and for food for the Food Service Department. Meals were served to the senior population, adult day services and the meals on wheels program.

We serve quality meals that are rated highly by the seniors that are served.

Daily, we face the challenge of serving quality meals with the antiquated kitchen equipment and dining room floor that was poorly constructed. The underlayment of the flooring is press board and flooding has caused damage.

Between 7-1-16 and 9-30-16 we provided nutritious meals to 303 seniors, a total of 6211 meals. This is the first step in preventive medicine. Our menus follow the DASH diet, devised to reduce High Blood Pressure

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

**Signature:**

*Keren Kelley*

**Date: 10-6-16**

**Printed Name and Title:**

**Keren Kelley, Executive Director**



## HOMER SENIOR CITIZENS, INC

CHECK NUMBER	DATE	VENDOR	AMOUNT
NTS 46653	8/11/2016	Peterkin Distributors	5,109.15
NTS Elec01738	7/19/2016	Sysco	1,911.48
NTS Elec01742	7/22/2016	Sysco	1,812.93
NTS Elec01818	9/21/2016	Food Service of America	3,631.91
			12,465.47
NTS	7/8/2016	PAYROLL	5,247.71
NTS	7/22/2016	PAYROLL	5,581.87
NTS	8/5/2016	PAYROLL	5,101.57
NTS	8/19/2016	PAYROLL	5,138.20
NTS		PAYROLL	
NTS		PAYROLL	
			21,069.35
SUB TOTAL			<u>33,534.82</u>
AMOUNT FOR REIMBURSEMENT			<u>33,534.82</u>

Paynt Request  
\$ 33,534.00

# FINAL REPORT



**KENAI PENINSULA BOROUGH**  
 144 North Binkley Street • Soldotna, Alaska 99669-7599  
 PHONE: (907) 714-2153 • FAX: (907) 714-2377  
 EMAIL: bahlberg@kpb.us

**FROM: City of Kenai dba Kenai Senior Services**  
**KPB ACCOUNT: 100.62130.KENSR.43011**

**Award Amount: \$126,207**  
**Ending: 30 June 2017**

## Financial / Progress Report

**Submit Report To:**

**Project Name: FY17 Senior Grant Program**

Brenda Ahlberg

**Date: 10-11-16**

Community & Fiscal Projects Manager

**Report No.: 1**

Kenai Peninsula Borough

**Quarter From: 7-1-16**

144 N. Binkley St., Soldotna, AK 99669

**To: 9-30-16**

**FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2017**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	72,032	-	72,032.00	72,032.00	\$ -
Transportation	828	-	828.00	828.00	\$ -
Contractual	21,176	-	21,176.00	21,176.00	\$ -
Supplies	32,171	-	32,171.00	32,171.00	\$ -
					\$ -
<b>TOTALS</b>	<b>\$ 126,207.00</b>	<b>-</b>	<b>\$ 126,207.00</b>	<b>\$ 126,207.00</b>	<b>\$ -</b>

**Payment Request** **\$ 126,207.00**

**PROGRESS REPORT:** Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

See Attached.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of and in accordance with, applicable grant agreement terms and conditions.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name and Title: Rick Koch, City Manager



**City of Kenai-Kenai Senior Services**  
**1st Quarter Progress Report to Kenai Peninsula Borough**  
**Ending September 30, 2016**

The Senior Director attended five city department head meetings, two Council on Aging Meetings, two senior center staff meetings, the Administrative Assistant and the Director each attended one area-wide transportation meeting, coordinated a homesteader's memorial service and reception, assisted with the coordination of the 4<sup>th</sup> of July Senior Connection, Inc. fundraiser, partnered with the Kenize Tribe to be a volunteer agency for the Senior Companion Program. The Director and the Activity Director coordinated a two day training for area providers. The Director met with the new MAAST Coordinator on the Peninsula.

Senior Center staff participated in driver training; the class offered in-class training as well as on the road. Director and Admin. Asst. participated in a training explaining changes to the ADA Law and how agencies and cities can become compliant. The Director with Senior Center staff attended the two day conference entitled, "IValue" Training. There were 13 hours of continuing education credit. This conference was held at the senior center and area providers participated.

Summer months are the first quarter of the fiscal year. It is a busy time at the Senior Center with staff taking family vacation and, seniors loving to go on outings. Senior Center staff encourage everyone to get out and enjoy the Alaska summers.

This past quarter the senior center was used three times for a senior memorial services, a senior's 65<sup>th</sup> wedding anniversary, a senior wedding reception, a senior town hall meeting, a two day area-wide provider's conference, and the Center rented four times for weddings.

During the past quarter, 76 volunteers provided 2,587 service hours. They provided a wide range of skills, from being a board member, to dining room helper, driver, instructor, kitchen helper, assisting with social security, checking blood pressures, and providing various musical entertainment. We love our volunteers and the senior center could not operate without them! Kenai Senior Center has wonderful volunteers that go above and beyond the call of duty.

Four years ago, we had a gentleman come to the Center and stated he had volunteered for years at Kenai High School, however, his girls had graduated. He felt it was time to volunteer somewhere else and asked if he could volunteer being a meals driver. Since then, he drives once a week to Kasilof to deliver a hot meal to our clients. When he began the route, there were three seniors he delivered a hot meal to. Since, that time, we now have 16 seniors he visits and delivers a hot meal and visits each person. I believe it is his caring personality that has built our Kasilof Route. He cares about who he serves and comes back with client concerns, requests, and interesting stories. The Volunteer Meals Driver enjoys his route so much that he offered to plan and drive for a Mystery Drive. Once a month he drives 5 to 14 seniors on a Mystery Ride. He plans his trips...below are excerpts of his travels with the seniors. He enjoys planning them and the seniors look forward to these drives so much so, that we have had to make a "wait list" and no senior can go twice in a row. Some of the trips that he planned this summer are:

- Visited Fritz Miller and watched him turn compost off Gaswell Rd with a 1929 crane dozer and large rototiller. Afterwards they drove to his daughter's home and had a tea party and tour of the solarium where there will be a future counseling center. From there they went to Sport Lake and looked for people fishing, visited the old City of Kenai maintenance yard and saw all the flowers and plants at the City Greenhouse. The group visited the new City Maintenance shop and the Chief Mechanic and Shop Foreman told them all about the operation and how they maintain all the City vehicles and equipment.
- A visit to Cool Cache Farms, LLC. Seniors visited the owners of this farm and saw their Alaska Peony and Geodesic dome, viewed the Baby rex bunnies, sheep chickens and a duck. They then visited North Miller Loop to a Cabin on Autumn Road and a 2.5 acre farm. They listened to a story by Joe Rizzo on a voice recorder. From there they visited the Kasack's for a taste of beer and learned the history of making beer and stopped for ice-cream on the way home.
- In August they visited te4h Alpaca Ranch and a tour of the operation. The seniors saw turkeys, geese, dogs, a greenhouse, garden and 8 alpaca's. Three female Aplacas were in a pen and five males were running loose. They drove to the Dairy Queen in Soldotna, visited the Food bank and saw the farmers fresh garden market.

These are just a few of the trips this summer the seniors have taken. They look forward to each adventure and it shows the dedication one volunteer. Again, we could not do it without any of our volunteers, they add the spark our program and are so willing to bring wonderful ideas that enhances the programs.

July heralded a busy month. Kenai Senior Connection, Inc. had a very successful Fourth of July Fundraiser. Senior women made 25 strawberry-rhubarb pies, and 25 apple pies. They had a booth at the Kenai 4<sup>th</sup> of July Park Strip Celebration where they sold all of their pies, 450 hot dogs, sodas and coffee. The seniors view this time as a way to get out into the community and give back but also to let the public know what senior programs are available as well as raising funds!

In August we held the annual Old Timer's Luncheon. 235 seniors enjoyed a wonderful turkey dinner as well as renew old acquaintances and friends. This is one of the senior's favorite events of the year.

40 seniors celebrated "Root Beer Float Day," and 41 seniors "Toasted Marshmallow Day" 50 attended lunch and listened to the presentation on "scams," 26 seniors learned about Honey Bees, 38 seniors during a luncheon learned about new treatments in cancer. 64 seniors celebrated August birthdays.

During the month of August fourteen seniors traveled to the Niniichik Fair. Seven of the fourteen were bell ringers who entertained at the fair. Seniors enjoyed themselves.

During the summer months, one of the favorite things that is unique to Alaska is the "Senior Snow Birds" we attract. These are not the feathered friend type that migrate, but the "other" guys from the "outside" who live on the Peninsula during the summer months. These seniors from various states, seek us out and join us for lunch and our many activities we provide. Our Bluegrass Jam Session on Thursday evenings attract many of them; young and old. This intergenerational activity at our beautiful center overlooking



the mouth of the world famous Kenai River, is a highlight for many after a long day of fishing. They may join us for an exercise group, lunch, rafting trip down the Kenai River, a Mystery Drive designed to explore deeper into our community, they come to the Kenai Senior Center because they have been here before or they have heard we are the place for a good lunch or to participate in a program/activity. Seniors from "outside" tell us they enjoy coming year after year and tell others to visit.

September ushers in the fall season. However, this does not stop seniors from traveling. Ten seniors went to Seward. Two seniors went on the Kenai Fjords Tour, four seniors toured the Sea Life Center and shopped in Seward, and four other seniors were brave and went on the zip line at Stoney Creek Canopy. They stopped for dinner at Sacketts in Cooper Landing. All had great stories and pictures of their trip.

Kenai Senior Center is looking forward to the holiday season. A Christmas choir has been organized with 17 talented singers and a piano player. The Choir is directed by our Activity-Volunteer Coordinator. They practice weekly and in December will entertain at various non-profit agencies within the community as well as at the senior center.

With our new computer generated system for tracking attendance, it has been wonderful to see how the seniors enjoy signing into the system and it is great to see data results. We had 843 seniors between the ages of 55 and 85+ who participated in activities and meals this quarter at the senior center. It is interesting to see the break-down of the various age groups of seniors:

Age below 55	5.8%
Age 55 – 59	2.6%
Age 60 – 64	9.8%
Age 65 – 69	14.9%
Age 70 – 74	18.5%
Age 75 – 79	14.5%
Age 80 - 84	10.4%
Over the 85	22.7%
Unknown:	0.7%
<b>TOTAL:</b>	<b>100%</b>

The senior center is reaching our 85+ targeted population as well as the "baby-boomer" population. Both age groups are making choices of what programs they want to participate in as well as each group "aging within their community."

During the past fiscal year, we served 1,401 unduplicated seniors through various programs; transportation, home or congregate meals, nutrition education, outreach, and information and assistance. As I look at these statistics we are growing by leaps. Comparing fiscal year 2015 to 2016 we have grown 37%. We are up 37% in the number of congregate meals compared to a year ago, 34% more in home meals, transportation is up 42% and assisted transportation we are up almost 50%. We are serving seniors home delivered meals that are 85+ who are frail and most vulnerable, but we are also bringing healthy seniors who are 85+ into the senior center to participate in various programs of their choice and providing a hot meal.

RECEIVED 10/14/16



**KENAI PENINSULA BOROUGH**  
 144 North Binkley Street • Soldotna, Alaska 99669-7599  
 PHONE: (907) 714-2153 • FAX: (907) 714-2377  
 EMAIL: bahlberg@kpb.us

FROM: Nikiski Senior Center  
 KPB ACCOUNT: 280.63190

Award Amount: \$52,981  
 Ending: 30 June 2017

## Financial / Progress Report

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY17 Senior Grant Program

Date: 09/30/2016

Report No.: 1

Quarter From: 07/01/2016

To: 09/30/2016

### FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	52,981		13,245.00	13,245.00	\$ 39,736.00
<b>TOTALS</b>	<b>\$ 52,981.00</b>		<b>\$ 13,245.00</b>	<b>\$ 13,245.00</b>	<b>\$ 39,736.00</b>

**PROGRESS REPORT:** Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

We will be using this grant for a portion of our payroll expense. We are serving lunches five (5) days per week with a kitchen staff of two (2). We have a full time maintenance employee, and part time custodian, event planner, housing manager, and administrative assistant. Other fulltime employees are the office manager/bookkeeper and executive director.

All programs are being held and managed in our new building on Lake Marie Ave. We have seen a marked increase in our food pantry serving seniors and their families in need of assistance. We are still in need of additional funding. We are actively looking for sources of additional income including asking the borough for all borough money to be allocated for FY17 and not adding to our fund balance.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: \_\_\_\_\_

Date: 10/14/16

Printed Name and Title: Pat Clark, President





## KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@borough.kenai.ak.us

FROM: City of Seldovia dba Seldovia Senior Center  
KPB ACCOUNT: 100.62160 SELSR.43011

Award Amount: \$10,770  
Ending: 30 June 2017

### Financial / Progress Report

Submit Report To:

Project Name: FY17 Senior Grant Program

Brenda Ahlberg

Date: October 19, 2016

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: 7.1.16

144 N. Binkley St., Soldotna, AK 99669

To: 9.30.16

**FINANCIAL REPORT:** FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Supplies	\$ 10,770.00	-	4,116.00	4,116.00	\$ 6,654.00
Equipment		-	-	-	\$ -
		-	-	-	\$ -
<b>TOTALS</b>	<b>\$ 10,770.00</b>	<b>-</b>	<b>\$ 4,116.00</b>	<b>\$ 4,116.00</b>	<b>\$ 6,654.00</b>

Payment Request

\$ 4,116.00

**PROGRESS REPORT:** Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

We continually serve three meals per week to congregates and home bound clients. The program continues to be successful and well attended. We distributed a customer satisfaction survey this quarter and the results came back very positive. We are having more volunteers being involved with getting food to Seldovia thus eliminating the freight costs. Our cook looks for creative, efficient ways to make the food go farther and taste better; her menu variety is exceptional.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

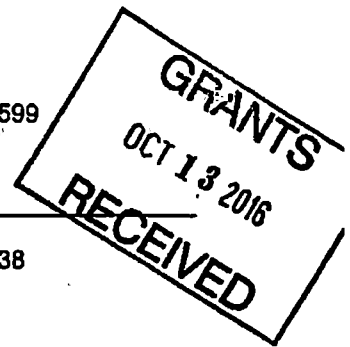
Signature: Cassidi Little

Date: October 19, 2016

Printed Name and Title: Cassidi Little



**KENAI PENINSULA BOROUGH**  
144 North Binkley Street • Soldotna, Alaska 99669-7599  
PHONE: (907) 714-2153 • FAX: (907) 714-2377  
EMAIL: bahlberg@kpb.us



FROM: Seward Senior Citizens, Inc.  
KPB ACCOUNT: 100.62150.SEWSR.43011

Award Amount: \$47,238  
Ending: 30 June 2017

## Financial / Progress Report

Submit Report To:

Project Name: FY17 Senior Grant Program

Brenda Ahlberg

Date: 10/13/2016

Community & Fiscal Projects Manager  
Kenai Peninsula Borough

Report No.: 1<sup>st</sup> Quarter  
Quarter From: July 1, 2016

144 N. Binkley St., Soldotna, AK 99669

To: September 30, 2016

**FINANCIAL REPORT:** FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 47,238.00	-	11,809.50	11,809.50	\$ 35,428.50
		-	-	-	\$ -
		-	-	-	\$ -
<b>TOTALS</b>	<b>\$ 47,238.00</b>	<b>-</b>	<b>\$ 11,809.50</b>	<b>\$ 11,809.50</b>	<b>\$ 35,428.50</b>

Payment Request	11809.5	\$ 11,809.50
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**PROGRESS REPORT:** Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

SSC staff assisted in Medicare and social security enrollment for 8 Seward residents; provided more than 15 elderly residents meals on wheels; served more than 1200 meals to 50 different seniors; supported health promotional programs five days a week for more than 20 individuals.

Currently we are hosting the Aging Mastery Program, an educational program created by the National Council on Aging; Tablet mentoring program with the local area high school seniors and working towards a better transportation system for the community.

Together, we go great things for the elderly of Seward and the community at large, by supporting our aging community through engaging and empowering programs.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Dana Paperman

Date: October 13, 2016

Printed Name and Title: Dana Paperman, Executive Director



## KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

FROM: Soldotna Area Senior Citizens, Inc.  
KPB ACCOUNT: 100.62170.SOLSR.43011

Award Amount: \$90,886  
Ending: 30 June 2017

### Financial / Progress Report *P013118*

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY17 Senior Grant Program

Date: 9/30/16

Report No.: 1

Quarter From: 7/1/16

To: 9/30/16

**GRANTS**

SEP 30 2016

**RECEIVED**

**FINANCIAL REPORT:** FINAL REPORT DUE ON OR BEFORE 10 JULY 2017

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 68,482.00	-	27,919.98	27,919.98	\$ 40,562.02
Utilities	\$ 18,908.00	-	4,822.77	4,822.77	\$ 14,085.23
Communications	\$ 3,496.00	-	1,143.36	1,143.36	\$ 2,352.64
<b>TOTALS</b>	<b>\$ 90,886.00</b>		<b>\$ 33,886.11</b>	<b>\$ 33,886.11</b>	<b>\$ 56,999.89</b>

Payment Request \$ 33,886.11

**PROGRESS REPORT:** Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided congregate meals and home delivered meals daily; senior transportation; information and referral services; outreach to isolate, poverty level disabled homebound seniors. Held: monthly game days, no-host dinners, weekly senior shopping trips, holiday dinners for July 4<sup>th</sup> Vet's Day, birthday parties for most senior clients. Held Summer Bazaar and Fall Roundup dinner and band fundraisers including . Hosted community quilt show. Presentations by postal inspector; City on home-rule; 6 day diabetes course; KPB Mayor on senior exemption; ACOA teleconferences; PCHS health availability, health twice monthly Family Caregiver Support meetings at Center and monthly meetings at Kenai, Sterling, Anchor Pt. Chartered bus for seniors to State Fair in Palmer. Annual Membership meeting to elect Board Members and Policy Manual changes. Annual workman's comp wage audit complete, completed major landscaping improvements to beautify Center. Boiler inspection of Center and Fireweed Villa completed. Final bid for walk-in freezer/cooler replacement \$35,413. 5 micron filter system greatly reduced problem with City water supply. Several appliance repairs and toilet replacements in Fireweed Villa. Roto-rooter clean grease trap, unplug clothes dryer drain and kitchen hand sink. Center now HIPAA compliant with new Medicaid regs on designated services. Xerox state database and payment center after 2 years of State-wide problems is now running extremely smooth. Providing meals and other services to homeless poverty adult living in tent in Soldotna. Provide donated take-home food items including fish and moose to seniors. Conducted several wellness checks, including contact with police and Adult Protection Agency.

**Grantee Certification:** I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: *Alvin Chong*

Date: 9-30-2016

Printed Name and Title: Alvin Chong VP