




KENAI PENINSULA BOROUGH GRANTS MANAGEMENT

M E M O R A N D U M

TO: Charlie Pierce, Mayor
FROM: Brenda Ahlberg, Community & Fiscal Projects Manager 
DATE: November 11, 2017
SUBJECT: FY18-1Q Senior Grant Narrative Reports

The following senior grant reports have been submitted for FY18-1Q:

- Anchor Point Senior Citizens
- Cooper Landing Senior Citizens
- Forget-Me-Not Center
- Homer Friendship Center (final)
- Homer Senior Center
- Kenai Senior Citizens (final)
- Nikiski Senior Citizens (narrative only)
- Ninilchik Senior Center
- Seldovia Senior Center
- Seward Seniors Citizens
- Soldotna Senior Citizens
- Sterling Area Senior Citizens



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

GRANTS

OCT 13 2017

RECEIVED

FROM: Anchor Point Senior Citizens, Inc.
KPB ACCOUNT: 100.62110.ANCSR.43011

Award Amount: \$44,869
Ending: 30 June 2018

Financial / Progress Report

Submit Report To:

Project Name: FY18 Senior Grant Program

Brenda Ahlberg

Date: October 10, 2017

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: July 1, 2017

144 N. Binkley St., Soldotna, AK 99669

To: September 30, 2017

FINANCIAL REPORT: **FINAL REPORT DUE ON OR BEFORE 10 JULY 2018**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	23,369		8,550.84	8,550.84	\$ 14,818.16
Contractual	5500		983.87	983.87	\$ 4,516.13
Utilities	16000		3,662.13	3,662.13	\$ 12,337.87
				-	\$ -
				-	\$ -
TOTALS	\$ 44,869.00	-	\$ 13,196.84	\$ 13,196.84	\$ 31,672.16
Payment Request					\$ 13,196.84

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

The Anchor Point Senior Center has Bingo with concessions every Friday night. We host a community dinner every Thursday night and a once a month all-you-can eat breakfast. No charge lunches are provided on a as needed basis weekdays. We had a APSCI Market and vendor fair on Sept 30th. Haircuts in the center were available, for a donation assigned Wednesdays. Monday and Wednesday mornings are exercise class and vary on being inside or outside dependent on the weather. We have a caregiver meeting the 3rd Wednesday of each month. APSCI offers public assistance avenues and legal guidelines. Our facility is a USDA agent for Seniors Farmer Market Nutrition Program. For entertainment there are games and puzzles, Wii, cards, daily newspapers, and a pool table on premise for anyone to come in during operating hours to enjoy. A Mah Jongg group meets every Tuesday. One or two times a month the End of the Road Quilting Group get together and open their club the public. APSCI also provide the needy of our community with a charitable giving center, Helping Hands, open two days a week for clothes and household goods.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: submitted via email 10/13/17

Date: _____

Printed Name and Title: _____



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

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GRANTS

OCT 16 2017

RECEIVED

FROM: Cooper Landing Senior Citizens Corp., Inc.
KPB ACCOUNT: 100.62115.CLSN.43011

Award Amount: \$18,665
Ending: 30 June 2018

Financial / Progress Report

Submit Report To:

Brenda Ahlberg

Community & Fiscal Projects Manager

Kenai Peninsula Borough

144 N. Binkley St., Soldotna, AK 99669

Project Name: FY18 Senior Grant Program

Date: October 3, 2017

Report No.: One (1)

Quarter From: July 01, 2017

To: September 30, 2017

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE **10 JULY 2018**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Contractual	9,165	-	2,831.50	2,831.50	\$ 6,333.50
Transportation	3,000	-		-	\$ 3,000.00
Insurance	3,500			-	\$ 3,500.00
Utilities	1810		450.72	450.72	\$ 1,359.28
Supplies/Equipment	1190	-	322.54	322.54	\$ 867.46
				-	\$ -
TOTALS	\$ 18,665.00	-	\$ 3,604.76	\$ 3,604.76	\$ 15,060.24

Payment Request \$ 3,604.76

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

See attached page and pictures for details on activities this past quarter.

CLSCCI requests payment for utilities and supplies/equipment. Our ConocoPhillips Transportation Grant and our ALPAR grant are being used to fund much of our transportation costs currently.

Support doc on file

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Printed Name and Title: Shirley Wilmoth, Vice President

Date:

10-03-17

**COOPER LANDING SENIOR CITIZEN
CORPORATION, INC. (CLSCCI)**

P.O. Box 552

Cooper Landing, Alaska 99572

Phone (907)595-3000 E-Mail:clsccl@arctic.net



October 6, 2017

Brenda Ahlberg Community & Fiscal Projects Manager
Kenai Peninsula Borough 144 N. Binkley St.
Soldotna, AK 99669

Progress Report #1 July 01-September 30, 2017

After eight years, Dr. Ronald Sloan—Ron--, stepped down as president of the CLSCCI Board and Ken Green accepted the position during the July 1 CLSCCI board meeting.

After the CLSCCI August 8 general meeting, Becky Cronkhite, on behalf of the Kenai Peninsula Borough Comprehensive Plan Update, informed those present of the aspects of the Comprehensive Plan and why it was important to express their thoughts regarding the future of Cooper Landing. (photo enclosed)

The annual volunteers appreciation lunch was held August 17 at Kenai Princess Lodge. This marked the 20th anniversary of the Sexy Senior Dumpster Cleaners and a slide program showed over 500 pictures of the Sexy Seniors at work cleaning the transfer sites in Cooper Landing, Crown Point, and Hope and stretches of the Sterling Highway. For the past 17 years, the money earned by cleaning those sites is given to the senior corporation, CLSCCI, to help enrich the lives of seniors in the CLSCCI district. The luncheon is on CLSCCI as a huge thank you! (photo enclosed)

Jacque Greenman and Anne Engbers represented CLSCCI at the annual Providence Senior Housing Fair in Anchorage on August 23. With assistance from photos, brochures, pens, Upper Kenai Guides, and candy, Jacque and Anne spread the word about Snug Harbor Senior Housing.

It was noted during the September CLSCCI board meeting that winter maintenance was being handled by Glen Parker and others regarding lighting, putting away hoses, checking fire extinguishers, and more. Rocks and other items were moved to make snow plowing easier around Senior Haven apartments.

CLSCCI contracted with Wildman for snow removal and sanding as needed. The contract was costlier this year to cover Wildmans' increased sand and gravel expenses.

The Sept. 10 Soup Supper CLSCCI fundraiser grossed \$1015 thanks to Theresa Norris, Jean Ann Neirenberg and volunteers who donated 24 different soups! (photo enclosed)

Much appreciated was Trooper Ken Acton's donated illegally killed moose to residents of Senior Haven and other local seniors.

Letters of appreciation were also sent to Ancor, Inc. the road contractors who finished paving to Senior Haven, and to the Kenai Peninsula Borough for work in rehabbing the property below Senior Haven. (photo enclosed)

SOUP SUPPER!

SUNDAY, SEPTEMBER 10, 5 TO 7

**Another fine Cooper
Landing tradition at the
community hall**

**MENU
ALL YOU CAN EAT
SOUP**

**with rolls and a dessert
coffee, tea, water**

(Bring your own sodas or other drinks)

\$10 each

\$25 family

**Fundraiser to benefit Cooper
Landing Senior Citizen Corp. Inc.
Thanks to Theresa Norris
and her crew!**



Pictures from past
Soup Suppers
in the community hall.





Cooper Landing Senior Citizen Corp. Inc.
POB 552
Cooper Landing, AK 99572

Progress Report 1 to Sept. 30, 2017



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna Alaska 99669-7599
PHONE (907) 714-2153 • FAX (907) 714-2377
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GRANTS

OCT 13 2017

RECEIVED

FROM: dba Forget-Me-Not Center
KPB ACCOUNT: 100.62195.FNTCO.43011

Award Amount: \$33,045.00
Ending: 30 June 2018

Financial / Progress Report

Submit Report To: Brenda Ahlberg
Community & Fiscal Projects Manager
Kenai Peninsula Borough
144 N. Binkley St., Soldotna, AK 99669

Project Name: FY18 Senior Grant - Adult Daycare Prgm
Date: 10/09/17
Report No.: 1
Quarter From: 07/01/17
To: 09/30/17

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE **10 JULY 2018**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 22,000.00	-	5,500.00	5,500.00	\$ 16,500.00
Transportation	\$ 1,500.00	-	375.00	375.00	\$ 1,125.00
Senior Events	\$ 3,000.00	-	-	-	\$ 3,000.00
Supplies	\$ 6,545.00	-	1,637.00	1,637.00	\$ 4,908.00
TOTALS	\$ 33,045.00	-	\$ 7,512.00	\$ 7,512.00	\$ 25,533.00

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Kenai Peninsula Borough Report

Forget-Me-Not Adult Day Center First Quarter Narrative, FY18

Throughout the first quarter of FY18 Forget-Me-Not (FMN) adult day program was able to keep our connection with Tyotkas Elder Center. FMN has continued to visit the Tyotkas Elder Center with some of our participants and are finalizing plans on elders from the Tyotkas program being able to visit FMN during FY18. This connection between the programs has specifically had great meaning to one of our participants who is a former member of the Tyotkas program. Due to changes in her health she was not able to utilize the Tyotkas program without the support of a caregiver. FMN staff has been able to take her to lunch at Tyotkas twice monthly. This has provided her with an opportunity to visit with her old friends and renew those relationships that were of significant value to her. The participant has expressed that she feels the outings to Tyotkas were a huge success. Staff at FMN has also seen this reflected in the participant's self-esteem and mood.

FMN had a host of senior events throughout the first quarter. We held a barbeque in each month and served food the Elders' Council had voted on. Scattered throughout the month were "national days" such as "Chocolate Milkshake Day" and "Apple Dumpling Day." Each month had at least one themed week. July featured "Cowboys and Cowgirls Week," August featured "Circus Week" and "Western Week," and September featured "Oktoberfest," and "Pirate Week." Each theme week featured themed snacks, along with trivia and general information about what the week was centered around. Participants were able to watch armchair travelogues featuring Bavaria and Oktoberfest, as well as pirate ships from around the world.

During the first quarter one elder was discharged but FMN was able to enroll three new participants during the same

time frame. Our partnership with area care coordinators and senior centers remains strong.

During this fiscal year, FMN has been able to purchase a one-year unlimited use site agreement for staff training. The training is from The National Alzheimer's Association. This 32-module training has been well-received by staff interested in further education and the prospect of becoming certified.

FMN's philosophy remains that of welcoming new and returning volunteers to the FMN Program. We are fortunate to have the following people volunteer regularly:

- Pat Robinson and her Canine Companions, Hope and Joy, visit FMN weekly. The elders enjoy the companionship of the dogs as Pat reads a story out loud. Each elder is able to participate in the emotional and physical benefits that come from being around the dogs.
- The Apostolic Assembly of Jesus Christ (AAJC) singers come every other week to sing hymns, standards, and patriotic songs that are a part of the elders' backgrounds. The elders are able to play musical instruments alongside the AAJC singers and look forward to their visits.
- The Kenai Senior Center's Bell Ringers visit every other month. They use movement and musical rhythm activities to provide exercise and cognitive stimulation. This collaboration between the FMN participants and the Kenai Senior Center volunteers benefits both groups.
- Shelly Merrill visits once monthly to provide hand massages and fingernail care for the FMN participants. Shelly has a special connection to FMN as her father was once a participant.
- Truman Krogel provided Seated Zumba chair exercises once a week for half an hour for FMN participants.

As a thank you to our dedicated volunteers the elders and staff of the Forget-Me-Not adult day program planned a volunteer appreciation luncheon that was held at the center on September 27, 2017. All volunteers were in attendance and were treated to lunch and handmade presents from the elders. Bunny Swan Geese provided musical entertainment as well as a puppet show that was enjoyed by all.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Amanda Faulkner

Date:

10/11/17

Printed Name and Title:

Amanda Faulkner, Executive Director

support docs on file. [initials]



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

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EMAIL: bahlberg@kpb.us

GRANTS

OCT 12 2017

RECEIVED

FROM: Homer Senior Citizens, Inc.
KPB ACCOUNT: 100.62120.HOMSR.43011

Award Amount: \$132,668
Ending: 30 June 2018

Financial / Progress Report

Submit Report To:

Project Name: FY18 Senior Grant Program

Brenda Ahlberg

Date: October 12, 2017

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: July 1, 2017

144 N. Binkley St., Soldotna, AK 99669

To: September 30, 2017

FINANCIAL REPORT:

FINAL REPORT DUE ON OR BEFORE 10 JULY 2018

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
	\$132,668				
Personnel	\$ 11,438			-	\$ 11,438.48
Supplies	\$ 23,952			-	\$ 23,951.76
					\$ -
TOTALS	\$ 35,390.24	-	\$ -	\$ -	\$ 35,390.24
Payment Request					\$ 35,390.24

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided wages for Food Services Department. Meals were served to the senior population, adult day services, and meals on wheels program. We serve quality meals that are home cooked and do not use packaged materials.

We had a difficulty time finding a replacement Food Service Manager. Seniors commented on the process and were disappointed for a long time while the manager was replaced. We had another setback when our new Manager was called out for a family emergency.

We respectfully request to utilize \$10,000 of the next quarter budget towards our new flooring project in the dining room. This begins November 1, 2017 and should not take more than two weeks according to the contractor. This depends upon what the find beneath the current flooring.

We respectfully thank you for supporting this very valuable program.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Date:

October 12, 2017

Printed Name and Title:

Keren L. Kelley, Executive Director



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us



FROM: Homer Senior Citizens, Inc.
KPB ACCOUNT: 100.62125.HOMSR.43011

Award Amount: \$17,754
Ending: 30 June 2018

Financial / Progress Report

Submit Report To: Brenda Ahlberg
Community & Fiscal Projects Manager
Kenai Peninsula Borough
144 N. Binkley St., Soldotna, AK 99669

Project Name: FY18 Senior Grant Program
Date: October 12, 2017
Report No.: 1
Quarter From: July 1, 2017
To: September 30, 2017

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE **10 JULY 2018**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
	\$17,754				
Personnel	\$ 17,754			-	\$ 17,754.00
Supplies				-	\$ -
					\$ -
TOTALS	\$ 17,754.00	-	\$ -	\$ -	\$ 17,754.00
Payment Request					\$ 17,754.00

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided wages for Adult Day Service employees. Adult Day services works with individuals during the day to provide activities, meals, care and arts and crafts.

Care was provided for 23 clients this quarter. We had a family member tell us: "You have changed our lives with this program. If we weren't here, their father would not be singing and whistling in the afternoon when they come home. He looks forward to coming and he rarely is in a bad mood now. Thank you."

During this quarter, we decorated our annual float for the 4th of July Parade and Won "Best In Show". We redesigned our kitchen with new cabinets, stove, refrigerator and a dishwasher.

This is the final report for this grant. We respectfully thank you for supporting this very valuable program.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Keren Kelley Date: 10-12-2017

Printed Name and Title: Keren Kelley, Executive Director



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

FROM: City of Kenai dba Kenai Senior Services
KPB ACCOUNT: 100.62130.KENSR.43011

Award Amount: \$126,207
Ending: June 30, 2018

Financial / Progress Report

Submit Report To:

Project Name: FY17 Senior Grant Program

Brenda Ahlberg

Date: 9-29-17

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: 07-01-2017

144 N. Binkley St., Soldotna, AK 99669

To: 09-30-2017

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2018

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	72,032	-	72,032.00	72,032.00	\$ -
Transportation	0	-	-	-	\$ -
Contractual	22,004	-	22,004.00	22,004.00	\$ -
Supplies	32,171	-	32,171.00	32,171.00	\$ -
					\$ -
TOTALS	\$ 126,207.00	-	\$ 126,207.00	\$ 126,207.00	\$ -

Payment Request

\$ 126,207.00

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

See Attached.



Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Paul Ostrander

Date:

10/2/17

Printed Name and Title: Paul Ostrander, City Manager

**Kenai Senior Services
1st Borough Quarterly Progress Report
Quarter ending September 30, 2017**

This is the beginning of the first quarter of a new fiscal year. It was busy with end of month and end of year duties, closing out the old and bringing in the new grant agreements, monthly reports, bi-annual reports, closing out end of year POs and getting new ones approved. The Director attended three City Council meetings, she held two staff meetings, three Council on Aging meetings, three Senior Connection Meetings. There have been quite a few vacancies in Vintage Pointe Manor; one client passed away, one retired and moved out of state, another one moved into assisted living out of state. Our waiting list has been taxed but we have found three more people from the waiting list, to replace those that have moved out.

The 29th of September will be the last day for the current Director. She will be retiring and staying in the area. We are very fortunate to have our Administrative Assistant, Kathy Romain move into the Director's position. She will bring new fresh ideas, good energy, and a great understanding of the Kenai Senior Center. She will begin her duties on October 1st. Angela Cleary, Activity Coordinator, from Forget Me Not Adult Day Service has accepted the position of Administrative Assistant III. She will begin her duties on October 2, 2017. The seniors and staff are pleased that Kathy Romain accepted the position of Director. She has been part of the staff for the past twenty years.

This past quarter, we were rented twice, with two senior "Celebrations of Life," an 80 - Year Surprise Birthday Party, one private fundraiser for a community member, a 1967 Class Reunion, and a Retirement Party. We have had a busy quarter.

There were 3,073 volunteer hours for this quarter. Our volunteers are a part of our team. We could not provide the services we do without their efforts. They are awesome. This past quarter the volunteers class instructors, assisted in the dining room with set up and clean up, assisted in the kitchen, gave blood pressure checks, entertained, supervised clients visiting social security, entertained musically, provided receptionist duties, provided miscellaneous duties throughout the facility and grounds, and board member hours.

The Activity-Volunteer Coordinator partnered with other community agencies within the City of Kenai and on the Peninsula. The end of August, we hosted the Peninsula's first ever Assistive Technology Fair. Kenai Senior Center partnered with our local Independent Living Center who organized the event, Alaska Center for the Blind from Anchorage, Assistive Technology of Alaska, and Frontier Community Services to bring the community the amazing, hands on, information filled event. These organizations visited with over 40 individuals of all ages. The second day was by appointment only. There were fourteen appointments scheduled and all attended. Michelle, from Independent Living Center, stated this was the first time during such an event where all the appointments showed in a timely manner. The group is planning another event for next year at the Kenai Senior Center.

The Activity-Volunteer Coordinator stated she found it interesting that most of our dementia elders naturally gravitate to each other. We have observed this every day at lunch and more recently on an overnight trip she arranged. The outing was an amazing trip to Talkeetna, taking the "last flag stop train" in the United States. The group traveled to Talkeetna. The trip was two nights and three days. During this time the Activity Coordinator observed two women who went on the trip, connect with each other over and over. They already knew each other even though they did not remember each other's names. One was traveling with her husband and the other was traveling within the group that went. They helped each other find things they had "lost" (with the activity coordinator and the husband's assistance.) The women had many conversations and the Activity Coordinator was sure they covered the same topics many times. Each woman, with dementia, had a wonderful time and between the activity coordinator and the "husband" they were able to relieve each other of "keeping tabs duty" off and on. Twenty elders made the "Talkeetna train trip and all had a wonderful time.

One of the scheduled activities at the senior center is the Writer's Group. It is a "shining star." The group meets once a week and is facilitated by Virginia Walters. She is a retired school teacher and columnist for the Peninsula Clarion. The group began as an attempt to engage a senior gentleman who had just moved in to our senior housing from his 40 year homestead. He was depressed and missed living on his own land. After the Activity Volunteer Coordinator visited with him, he shared an article he had written about a mission trip he took with his church. This group was formed and has helped him as well as many of our elders with depression, loneliness, and feelings of loss. There are seven to ten seniors that participate weekly. They have written the most wonderful short stories a person will ever read. Another gentleman in the group was already an established author and has found this group useful in providing another audience for his already published work. He has been an asset to the group as well. They meet weekly.

July brought together our famous pie makers! Kenai Senior Connection, Inc. the fundraising arm of the senior center had their annual Pie-Hot Dog Booth at the 4th of July. Rhubarb was donated, pie-makers made the 50 pies, seniors set up our booth and we had a very successful fundraiser. We sold ALL the pies, and 500 hot dogs and sodas. This event is a wonderful fundraiser as well as an excellent public relations event for Senior Connection, Inc.

Health and Fitness lead the pack with our activities. In July there was 69 unduplicated seniors who participated in fitness activities, i.e. "Strong Bodies," Tai Chi, Zumba and video exercise. 129 unduplicated seniors participated in nutrition.

Various games and computer activities are good for brain building. 79 seniors enjoyed bridge, pinochle, fast-track and 21 seniors participated in bingo, 13 participated in dominos. 12 seniors participated in the computer lab.

Music is beneficial for brain activity as well, but good for the soul. :) 61 seniors participated in musical events, i.e. Blue Grass, guitar lessons, piano lessons, bell ringing, and listening to musical entertainment.

26 seniors were able to have blood pressure checks twice a week. This is a service that one of the senior volunteer nurses provide as well as providing our monthly health article in the newsletter.

The quilting class is six women strong and they continue to make quilts for home meal clients and mothers with children who are without a place to live.

During the month of July, 20.3% of seniors served were between the ages of 70 and 74 years of age. 16.4% of seniors served were 75-79, 11.5% were seniors from the 80 to 84 years of age and 18.2% were over the age of 85. This reflects we serve our target age of 85+ years old.

During the month of July we served 2,843 meals: 1,186 meals were congregate, we served 1,588 home meals and we served 69 non-senior meals.

Traditions. The Webster Dictionary defines traditions as customs or beliefs from generation to generation, oral history, handing down statements, beliefs, legends and customs. A tradition is a belief or behavior passed down within a group or society with symbolic meaning or special significance with origins in the past. With their years, our seniors have a lot of tradition, history, and customs of the Kenai Peninsula. Many of our seniors were homesteaders and many of their children were raised on the Peninsula and stayed here. August was the month of the annual Old Timers luncheon. In the past, two of our long time homesteaders planned and organized this event. After 25 years, they turned it over to the senior center. This year, the staff decided to feature a family that had lived on the Kenai for many years. This year we featured the Navarre Family and next year will be another family. Each will bring their own history to share with the many seniors who attend. There were 200 present this year. Fun, fellowship and good dinner was shared.

Another tradition on the peninsula is the Ninilchik Fair. Eleven seniors attended the fair and entertained fair-goers with their bell ringing.

18 seniors enjoyed a "S'More Dance. There was music, dancing, and a bonfire to roast marshmallows and make s'mores. This was an evening event. A good time was had by all (one of the good evenings without rain).

There were 69 seniors that participated in some form of health and fitness. 129 seniors participated in nutrition this quarter, 26 seniors participated in blood pressure checks, and 80 seniors participated in Growing Strong Exercise, Tai-Chi, Zumba, and or video exercise. We are outgrowing our space for health and fitness and struggling with "growing pains," and wish we had a larger room to provide better space for the exercise program.

106 seniors participated in various card games, i.e. cribbage, bridge, pinochle, hand and foot and fast track. Thursday night is not only Blue Grass but Game Night. The center is filled with seniors listening to music, playing cards and or various games. It is a happening place.

Bluegrass is one of the most popular forms of music at the senior center. 30 seniors participated or were entertained on Thursday nights at the senior center.

18 seniors enjoyed creating and sharing their artistic talents through arts and crafts. There was painting, various crafts, sewing group and quilting. Seniors come together to share their talents and help each other out as well as supporting and encouraging one another to try something new or that they are artistic.

Dog Therapy is loved by all. There were 35 seniors that stopped by and petted the beautiful Shelties that come each week and sit in the fireplace room waiting for the seniors to visit

The senior center provides space for social security. Community members come to the center and can meet with a social security representative in Anchorage through video-conferencing. This is a partnership between social security and the senior center. People from across the

Peninsula come and get answers to their questions. There are young and old that come to speak to a representative.

During the month of August 20.7% of our seniors that participated at the senior center were over the age of 85 years. 10.9% were aged 80 – 84 years old, 16.3% were between 75 – 79 years old, 18% were aged 70 – 74 years old and 34% were 60 through 69 years old. We are meeting the various generations of seniors, and we continue to grow. During the month of August we served 1,629 home meals and 1,395 congregate meals and 85 non senior meals.

September brings change of season. The rain seems like it has continued most of the summer but this writer wonders if we will have an “Indian Summer?” As the days grow shorter and cooler we know the darkness will continue. There is still laughter, activity, sharing of friendships inside the Kenai Senior Center.

One of the exciting happenings are the people coming into the center early for coffee, read the newspaper, eat a continental breakfast and visit with one another. This quarter there were 240 people enjoyed the early morning gatherings.

88 seniors participated in wellness and exercise. 30 community people had their flu shots given at the senior center. 21 seniors had blood pressure checks.

16 seniors participated in various arts and crafts classes, i.e. beading, craft painting, crafty crafters, and sewing group.

There were 4 seniors that participated in guitar lessons and 10 seniors practiced and entertained with their bell playing.

During September there were various “special” lunches. We celebrated Alzheimer’s Day, Banana Day, Cheeseburger Day, Fall Prevention Day and Voter Lunch Day. There were a total of 117 seniors in attendance.

In September Vintage Pointe Manor, the senior housing celebrated “Grounds to Celebrate,” 25 years of being open and providing independent living for seniors in Kenai. There were 125 people present. Tours were given and a short program chronologically telling the story how at first the senior housing was a vision and became a reality on the Peninsula as the first independent senior housing facility. Today, there is one senior still living at Vintage Pointe who was an original senior that waited in line outside the housing to be the first to pick her apartment. When she moved in, she was 67 and today she is 92 years old. “Aging within the Community” is what the senior center is all about!

18.1% of the seniors that attended the senior center in September were aged 70 to 74. 16% were seniors within the 75 to 79 age group, 12.1% were 80 to 84 years of age and 19.9% were over the age of 85.

This is the last month the Director is in her position. Her last day is the 29th of September. The seniors gave a wonderful retirement party for her. She was very overwhelmed by all the good wishes. There was at least 170 people present. A great time was had by all, much positive energy during the whole evening. The Director would like to thank the Borough for all the support you have given the senior center and she has enjoyed working with staff at the Borough. Thank you very much for supporting the Kenai Senior Center.

The Director is shortening the month of September, not all the statistics are in, but enough of them to finish this report. Next quarter, the new Director, Kathy Romain will be writing the report.

**KENAI PENINSULA BOROUGH**

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

GRANTS

OCT 12 2017

FROM: Ninilchik Senior Citizens, Inc.
KPB ACCOUNT: 100.62140.NINSR.43011Award Amount: \$26,491
Ending: 30 June 2018**RECEIVED****Financial / Progress Report**

Submit Report To:

Project Name: FY18 Senior Grant Program

Brenda Ahlberg

Date: October 12, 2017

Community & Fiscal Projects Manager

Report No.:

Kenai Peninsula Borough

Quarter From: July 1, 2017

144 N. Binkley St., Soldotna, AK 99669

To: September 30, 2017

FINANCIAL REPORT:**FINAL REPORT DUE ON OR BEFORE 10 JULY 2018**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 26,491.00	-	24,782.73	24,782.73	\$ 1,708.27
Contractual		-	-	-	\$ -
Supplies		-	-	-	\$ -
Transportation		-	-	-	\$ -
TOTALS	\$ 26,491.00	-	\$ 24,782.73	\$ 24,782.73	\$ 1,708.27

Payment Request \$ 24,782.73

PROGRESS REPORT: Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

This quarter has been a busy one for Ninilchik Senior Center. We continued to see an increase in the number of home delivered meals. This quarter has shown an increase of ~5% over last quarter which had shown an increase of ~25% from the previous quarter. The good news is we're reaching more people that need assistance with our home delivery program while the bad news is that many of the people we are now serving are unable to afford to pay for their meals. This has caused some stress on us financially. We implemented a \$1.00 increase in the suggested donation amount of our meals during the month of August to offset some of the costs. We will continue to serve the folks in our community and surrounding areas in hopes that no seniors go hungry. In addition to meal costs increasing we have also been having mechanical problems with the van we use to do the meal deliveries and town trips. This too has caused some unexpected financial stress for the organization.

On a more positive note, as of July, we have a new Executive Director, Julie Otto. In addition, we held our annual fundraiser dinner and dessert auction in September and it was very well attended. Tim Navarre graciously donated his time as our auctioneer (again!) and everyone had a wonderful time.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Date:

10/12/17

Printed Name and Title:

Julie Otto

Executive Director



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

FROM: Nikiski Senior Center
KPB ACCOUNT: 280.63190

Award Amount: \$52,981
Ending: 30 June 2018

Financial / Progress Report

Submit Report To:

Project Name: FY18 Senior Grant Program

Brenda Ahlberg

Date: 09/30/17

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: 07/01/17

144 N. Binkley St., Soldotna, AK 99669

To: 09/30/17

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2018

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	52,981.00	-	13,246.00	13,246.00	\$ 39,735.00
					\$ -
TOTALS	\$ 52,981.00	-	\$ 13,246.00	\$ 13,246.00	\$ 39,735.00

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Grant will be used for payroll and other program costs related to daily food service for seniors.

Currently we are getting estimates to make repairs to flooring in kitchen dish washing area. Water has caused issues to floor tile and it needs replacement.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: _____

Date: 09/29/17

Printed Name and Title: Pat Clark, President



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@borough kenai ak us



FROM: City of Seldovia dba Seldovia Senior Center
KPB ACCOUNT: 100.82160.SELSR.43011

Award Amount: \$10,770
Ending: 30 June 2018

Financial / Progress Report

Submit Report To:

Project Name: FY18 Senior Grant Program

Brenda Ahlberg

Date: October 12, 2017

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: 07/01/2017

144 N. Binkley St., Soldotna, AK 99669

To: 09/30/2017

FINANCIAL REPORT:

FINAL REPORT DUE ON OR BEFORE **10 JULY 2018**

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Supplies	\$ 10,770.00	-	3,157.10	3,157.10	\$ 7,612.90
Equipment		-	-	-	\$ -
		-	-	-	\$ -
TOTALS	\$ 10,770.00	-	\$ 3,157.10	\$ 3,157.10	\$ 7,612.90

Payment Request	\$ 3,157.10
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PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

We are still serving our seniors three meals weekly. Aside from being the social outing for our seniors, they continue to receive nutritious balanced meals. The freight continues to be our biggest cost for this program. During the summer months the number of attendees increased as it tends to. This winter I am confident that the number of attendees may tend to yoyo a little but we will have steady attendance.

Support docs on file. 3

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Date:

Printed Name and Title:

Sharon K Taylor
October 12, 2017
Sharon K Taylor (Lottie) Finance Officer



KENAI PENINSULA BOROUGH
144 North Binkley Street • Soldotna, Alaska 99669-7599
PHONE: (907) 714-2153 • FAX: (907) 714-2377
EMAIL: bahlberg@kpb.us



FROM: Seward Senior Citizens, Inc.
KPB ACCOUNT: 100.62150.SEWSR.43011

Award Amount: \$47,238
Ending: 30 June 2018

Financial / Progress Report

Submit Report To: Brenda Ahlberg
Community & Fiscal Projects Manager
Kenai Peninsula Borough
144 N. Binkley St., Soldotna, AK 99669

Project Name: FY18 Senior Grant Program
Date: 10/15/2017
Report No.: Q1
Quarter From: 07/01/2017
To: 09/30/2017

FINANCIAL REPORT: FINAL REPORT DUE ON OR BEFORE 10 JULY 2018

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 47,238.00	-	11,809.50	11,809.50	\$ 35,428.50
		-	-	-	\$ -
		-	-	-	\$ -
TOTALS	\$ 47,238.00	-	\$ 11,809.50	\$ 11,809.50	\$ 35,428.50

Payment Request \$ 11,809.50

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

The Seward Senior Center serviced 1500 congregate meals; 250 meals on wheels; and transported more than 20 different seniors, providing 390 one way rides.
Health Promotional programs supported 25 different seniors in Tai Chi for Arthritis; Core Balance; and Staying Active and Independent for Life (SAIL), evidence based exercise programs for senior citizens.
The Aging Mastery Program, another evidence based health promotion program began a new session this fall, providing 10 students a 10 week session, providing them with professional instructors in medication management; falls prevention; exercise and good nutrition; healthy lifestyles; health sleep patterns as well as healthy community engagement.

We are encouraged by the continuation of support from all of our government partners, to provide valuable, educational and empowering programs for our aging community. We are grateful!!

Support does not file.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature: Dana Paperman

Date: October 12, 2017

Printed Name and Title: Dana Paperman, Executive Director



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

GRANTS

OCT 16 2017

RECEIVED

FROM: Soldotna Area Senior Citizens, Inc.
KPB ACCOUNT: 100.62170.SOLSR.43011

Award Amount: \$90,886
Ending: 30 June 2018

Financial / Progress Report

Submit Report To:

Project Name: FY18 Senior Grant Program

Brenda Ahlberg

Date: 10/12/17

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: 7/1/17

144 N. Binkley St., Soldotna, AK 99669

To: 9/30/17

FINANCIAL REPORT:

FINAL REPORT DUE ON OR BEFORE

10 JULY 2018

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 73,836.00	-	32,190.52	32,190.52	\$ 41,645.48
Utilities	\$ 14,950.00	-	5,615.23	5,615.23	\$ 9,334.78
Communications	\$ 2,100.00	-	1,356.10	1,356.10	\$ 743.90
TOTALS	\$ 90,886.00	-	\$ 39,161.85	\$ 39,161.85	\$ 51,724.16

Payment Request

\$ 39,161.85

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Provided congregate meals and home delivered meals daily; senior transportation; information and referral services; outreach to isolated, poverty level disabled homebound seniors; wellness checks. Held; monthly game days, no-host dinners, weekly senior shopping trips to Safeway, FM, Walgreen's; birthday parties for most senior clients; exercise programs; Veterans Day dinner. Held Summer Bazaar, quilt show, Fall Roundup fundraisers which open to the public; chartered bus to State Fair in Palmer. Held annual Membership Meeting to elect directors and brief on financial status, future projects, status of Center currently. Completed: all annual FY reports, AHFC questionnaire & housing inspection, inspection of all fire alarm and sprinkler systems (Center & housing). Visit from DHSS DSDS rep. Arranged monthly caregiver training & meetings at Homer, Anchor Pt, Soldotna, Kenai, Sterling, Seward. Renovated 2 apartments in housing including toilet & some appliances. Preventative maintenance on ice machine, heating system filters. Repairs to walk-in cooler compressor & door control heater; fan control system; emergency generator; paid \$13,500 prop/liability insurance; purchased new Alzheimer's Disease training DVDs and provided cost free respite care for caregivers. Hired/trained new Executive Director. Awarded contract for replacement of approach and entry pavement/cement work to front of garage and driveway repair, estimate \$18,000. Amount of senior meals served continued to rise a surprising 18% for the same period in FY17. Likewise, requests for housing, assistance, financial support, healthcare are way up. Super Kudo's to the 90 volunteers donating their time at the Center to help provide senior services to other community seniors. Special thanks to the Riverside band which plays every Friday, always pleasing seniors.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Date: 10/13/17

Printed Name and Title: Michael McKinley

Executive Director



KENAI PENINSULA BOROUGH

144 North Binkley Street • Soldotna, Alaska 99669-7599

PHONE: (907) 714-2153 • FAX: (907) 714-2377

EMAIL: bahlberg@kpb.us

GRANTS

OCT 16 2017

RECEIVED

FROM: Sterling Area Senior Citizens
KPB ACCOUNT: 100.62180.STESR.43011

Award Amount: \$60,376
Ending: 30 June 2018

Financial / Progress Report

Submit Report To:

Project Name: FY18 Senior Grant Program

Brenda Ahlberg

Date: 10/15/2017

Community & Fiscal Projects Manager

Report No.: 1

Kenai Peninsula Borough

Quarter From: 7/1/2017

144 N. Binkley St., Soldotna, AK 99669

To: 9/30/2017

FINANCIAL REPORT:

FINAL REPORT DUE ON OR BEFORE

10 JULY 2018

Cost Category	Authorized Budget	Expenditures from Last Report	Expenditures This Period	Total Expenditures to Date	Balance of Funds
Personnel	\$ 43,000.00	-	12,143.71	12,143.71	\$ 30,856.29
Contractual	\$ 15,000.00	-	7,707.79	7,707.79	\$ 7,292.21
Supplies	\$ 2,376.00	-	-	-	\$ 2,376.00
TOTALS	\$ 60,376.00	-	\$ 19,851.50	\$ 19,851.50	\$ 40,524.50

Payment Request

\$ 19,851.50

PROGRESS REPORT: Reference attachment D to ensure eligible cost compliance. Describe activities that have occurred during this reporting period. Describe any challenges you may have experienced, any foreseen problems, and/or any special requests. Attach additional pages.

Our exercise class that meets on Mondays, Wednesdays, and Fridays is going great with about 10 participants. Our Crafty Quilters is meeting every Thursday and we have added a new program that offers seniors a chance to make home-made crafts. We have bible study on Tuesday afternoon. Our Choir meets every Friday from 1-2:30pm and does a performance each month. We have card players that meet every Thursday at 1pm for those seniors who enjoy playing cards. We have also started doing a breakfast on the last Saturday of each month. We started a Zumba class in March that meets on Tuesdays and Thursdays. We have about 15 participants and they seem to really enjoy it.

DIRECTOR POSITION IN TRANSITION.

Grantee Certification: I certify that the above information is true and correct, and that expenditures have been made for the purpose of, and in accordance with, applicable grant agreement terms and conditions.

Signature:

Date:

10/15/2017

Printed Name and Title: Dale Lundell – President Of Board of Directors