

# School Safety & Climate: Childhood Trauma and Adverse Childhood Experiences



KPB/KPBSD Joint Budget Meeting  
January 22, 2019

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# ACES DEFINED:

An adverse childhood experience (ACE) describes a **traumatic experience** in a person's life occurring **before the age of 18** that the person **remembers as an adult.**

# CATEGORIES OF ACES

ABUSE	NEGLECT	HOUSEHOLD DYSFUNCTION
<b>Emotional</b> <b>Sexual</b> <b>Physical</b>	<b>Physical</b> <b>Emotional</b>	<b>Living with someone:</b> <ul style="list-style-type: none"><li>• <b>with mental illness</b></li><li>• <b>who abuses substances</b></li><li>• <b>who was incarcerated</b></li></ul> <b>Witnessing domestic violence</b>  <b>Experiencing a separation or divorce</b>

# TRAUMA CAN IMPAIR LEARNING

- ❖ Affect attention, **memory** and cognition
- ❖ Reduce ability to **focus**, organize and process information
- ❖ Interfere with **problem-solving** and planning
- ❖ Result in **frustration** and anxiety



# **ACES ARE COMMON AND SIGNIFICANT IN ALASKA**

**Adverse Childhood Experiences (ACEs) are common events for many Alaskans.**

**Two thirds of Alaskans report at least one ACE.**

**These events may have significant costs to their health, social and economic outcomes into adulthood.**



# Rationale: Adverse Childhood Experiences

As educators, we see the impact trauma has on children and youth every day, as they cannot help but **bring it to school**. ACEs often adversely impacts students' **behavior and their ability to learn**

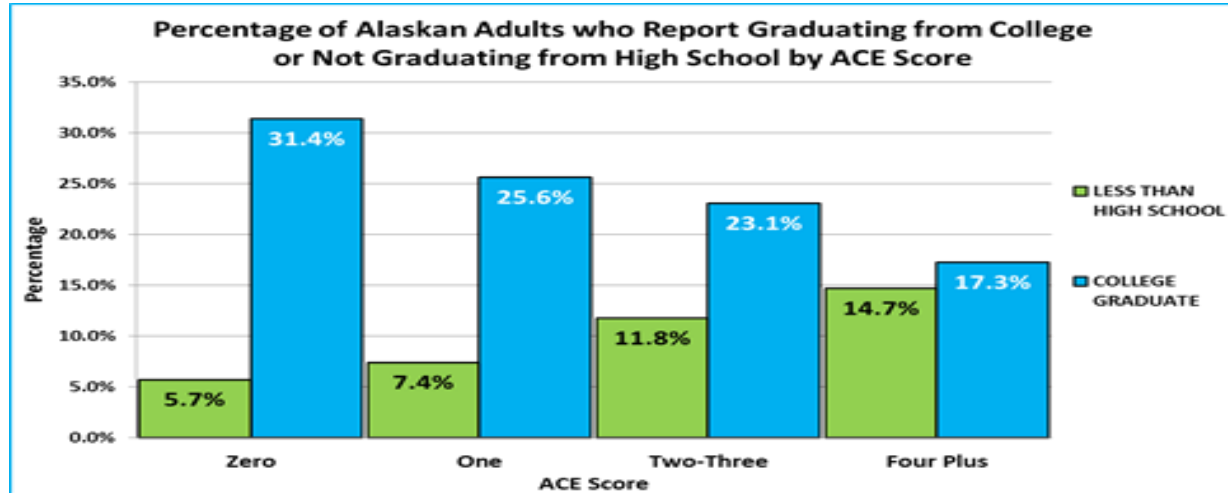


- Understanding trauma's impact offers public education a tremendous opportunity to improve the health and academic outcomes for countless students.

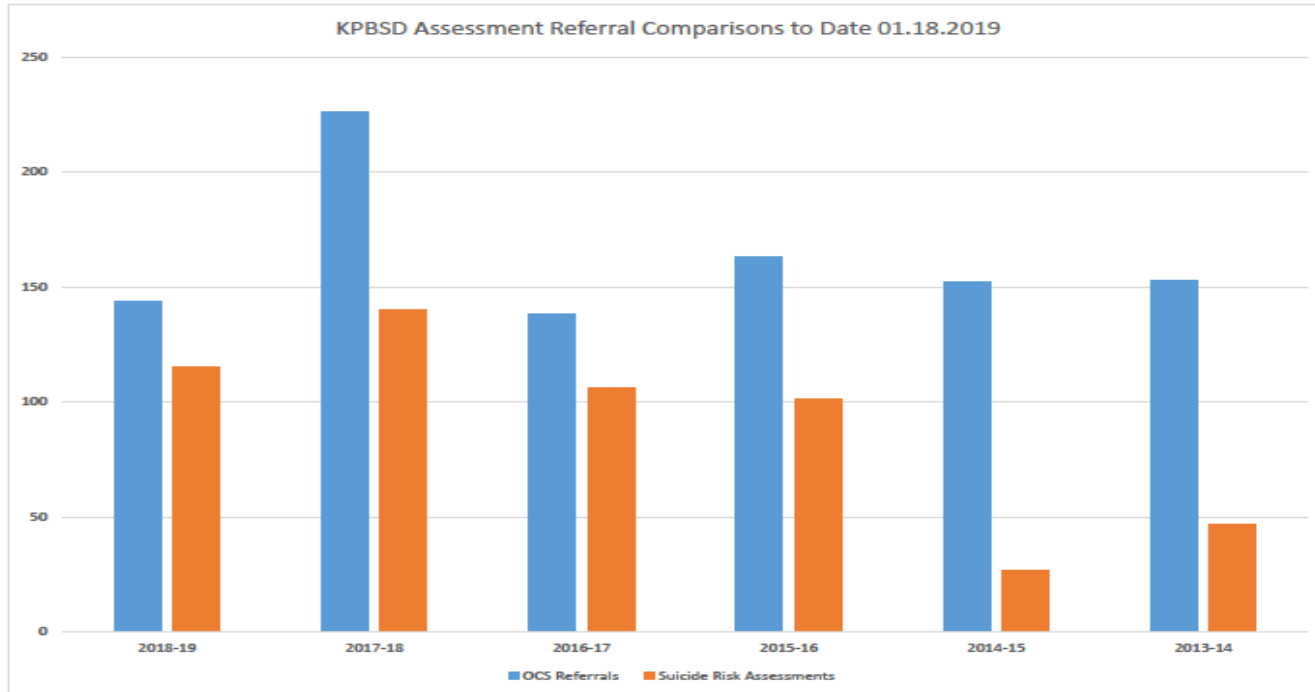
- **Alaskan children who have experienced at least one ACE<sup>9</sup>:**
  - Birth to 5: 40.2%
  - Ages 6-11: 51.9%
  - Ages 12-17: 61.7%

# Rationale: Aces And Educational Achievement

- Alaskan adults who have experienced four ACEs are approximately **two and a half times less likely to have graduated from high school.**
- Alaskans with four ACEs are about half as likely to have graduated from college



# KPBSD Assessments Referral Comp





- ❖ **KPBSD Core Curriculum Professional Development**
- ❖ **Youth Mental Health First Aid**
- ❖ **Sources of Strength**
- ❖ **The Great Body Shop**
- ❖ **Fourth R and Fourth R Plus**
- ❖ **Trauma Informed Educators - Dr. Linda Chamberlain**
- ❖ **Mandt Training**
- ❖ **Fetal Alcohol Syndrome Disorder (FASD)**
- ❖ **Life Space Crisis Intervention Training**

**KPBSD STAFF  
TRAINING AND  
PROFESSIONAL  
DEVELOPMENT**



# KPBSD CURRICULUM - PREVENTION & RESILIENCY

- ❖ Youth Mental Health First Aid
- ❖ Fourth R and Fourth R Plus
- ❖ Sources of Strength
- ❖ Common Sense Media
- ❖ Great Body Shop
- ❖ PBIS



# DEPARTMENT OF EDUCATION ELEARNING MODULES

eLearning Modules are web-based, interactive training courses for educators

<b>Overcoming ACEs</b>	<b>Trauma-Sensitive Schools</b>	<b>Suicide Awareness</b>
<b>Suicide Prevention</b>	<b>Suicide Intervention</b>	<b>Responding to Suicide - Postvention</b>
<b>Prenatal Alcohol and Drug Related Disabilities</b>	<b>Domestic Violence and Sexual Assault</b>	<b>Opioids and the Overdose Epidemic</b>

# KPBSD TIERED LEVEL OF SUPPORTS



- ❖ Positive Behavioral Intervention Supports (PBIS)
- ❖ Interventionists
- ❖ Special Education Behavioral Programs
  - ❖ Stages, Foundations, and Frameworks
- ❖ Social Skills Training for Targeted Student Needs

# DISTRICT PROVIDED SUPPORTS

- ❖ **School Nurses**
- ❖ **School Psychologists**
- ❖ **School Counselors**
- ❖ **Homeless Liaisons**



# GRANTS TO SUPPORT THE WORK



- ❖ **GCI Community/Safe Children Grants**
- ❖ **GCI Suicide Prevention Grants**
- ❖ **Suicide Pre and Postvention Grant (SAPP)**
- ❖ **Project Aware Grant**
- ❖ **NoVo Foundation Grant/Rockefeller Philanthropy Advisors**

# Additional Mental Health Services Needed

- Project AWARE Counselor Funding Runs Out in June 2019
- Priority: Retain and Expand the Project AWARE Counselor Roles & Scope (\$200,000)
- Priority: Elementary School Level Mental Health Counselors (\$400,000)



# **BEHAVIORAL HEALTH AGENCY PARTNERS**

- ❖ **Central Peninsula Hospital**
- ❖ **Peninsula Community Health Services**
- ❖ **Seaview Community Services**
- ❖ **Kenaitze Indian Tribe (Na'ini Family and Social Services)**
- ❖ **Ninilchik Tribal Council Health Services/Community Outreach**
- ❖ **Chugachmiut Behavioral Health**
- ❖ **South Peninsula Behavioral Health Services (The Center)**
- ❖ **Seldovia Village Tribal Clinic**
- ❖ **University of Alaska, Anchorage Center for Human Development**



# KPBSD AGENCY PARTNERS

- ❖ Office of Children's Services
- ❖ Boys and Girls Clubs
- ❖ Head Start and other Early Childhood Programs
- ❖ Frontier Community Services and Infant Learning Program
- ❖ Kenai Police Department
- ❖ Department of Juvenile Justice
- ❖ REC Room
- ❖ Sprout Family Services
- ❖ Project Grad
- ❖ Planned Parenthood

# COMMUNITY RESOURCES

- ❖ Lee Shore Center
- ❖ Love INC, of the Kenai Peninsula
- ❖ Mobilizing for Action through Planning and Partnership (MAPP Coalition)
- ❖ Kenai Peninsula Community Care Center
- ❖ The Food Bank
- ❖ Kenai Job Center and Public Assistance

*\*Please go to Board Docs for a comprehensive list.*

# DEED School Climate and Safety Summit

- KPBSD Team attended the AK DEED September 18-19 Summit
- Trauma Informed, ACES, Restorative Practices, Building Security and Protocols
- KPBSD Team will continue to meet and plan
- FY20 Budget: What are our School Safety Priorities?
  - Social Emotional Learning
  - Mental Health Supports (Elementary level)
  - Building Security and Protocols



# QUESTIONS?



**The mission of the Kenai Peninsula Borough School District is to empower all learners to positively shape their futures.**